

PreK Breakfast Menu October 2025



Vegetarian
item

Skim & 1% Lowfat Milk available for every meal

29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Cereal	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	Strawberry Waffle
Apple Sauce	Banana	French Toast Minis	Fresh Peach	Fruit Salad Cup
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Cereal Bars	Breakfast Cluster	Turkey Sausage Pancake Stick	Apple Frudel	WG Muffins
Apple Sauce	Banana	Mini Caramel Cinnamon Rolls	Fresh Peach	Fruit Salad Cup
Orange Juice				
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
	Strawberry Cream Cheese Mini Bagels	Breakfast Scrambler	Grape Filled Crescent Roll	Strawberry Waffle
	Apple Sauce	French Toast Minis	Fresh Peach	Fruit Salad Cup
	Orange Juice			
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Cereal Bars	Oatmeal Breakfast Bun	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
Apple Sauce	Banana	Mini Strawberry Bagel	Fresh Peach	Fruit Salad Cup
		Orange Juice		
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Cereal	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	Data Talks - No Classes
Apple Sauce	Banana	French Toast Minis	Fresh Peach	
		Orange Juice		

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29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Cereal & String Cheese	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	Strawberry Waffle
Apple Sauce Craisins	Banana Pear Cup	French Toast Minis	Fresh Peach Orange Wedges	Fruit Salad Cup Fresh Pear
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Cereal Bar & Yogurt	Breakfast Cluster	Turkey Sausage Pancake Stick	Apple Frudel	WG Muffins
Apple Sauce Craisins	Banana Pear Cup	Mini Bagels	Fresh Peach Orange Wedges	Fruit Salad Cup Fresh Pear
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
	Strawberry Cream Cheese Mini Bagels	Breakfast Scrambler	Grape Filled Crescent Roll	Strawberry Waffle
	Apple Sauce Craisins	French Toast Minis	Fresh Peach Orange Wedges	Fruit Salad Cup Fresh Pear
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Cereal Bars & Yogurt	Oatmeal Breakfast Bun	Turkey Sausage Pancake Stick	French Toast Min	WG Breakfast Bread
Apple Sauce Craisins	Banana Pear Cup	Mini Bagels	Fresh Peach Orange Wedges	Fruit Salad Cup Fresh Pear
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Cereal & String Cheese	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	Data Talks - No Classes
Apple Sauce Craisins	Banana Pear Cup	French Toast Minis	Fresh Peach Orange Wedges	





















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PreK Lunch Menu October 2025



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29-Sep Chicken Tenders Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll  Sweet Potato Fries Grape Juice	30-Sep Turkey BBQ Sandwich Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Baked Beans Orange Wedges 	1-Oct Chicken Alfredo w/ Pasta Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Seasoned Broccoli Apple Sauce 	2-Oct Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana 	3-Oct Cheese Pizza Baby Carrots w/ Ranch  Fruit Punch
6-Oct Teriyaki Beef Dunkers w/ Veggie Fried Rice Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Dinner Roll  Candied Carrots Grape Juice	7-Oct Cheesy Pullapart  Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges	8-Oct Turkey & Cheese Hoagie w/ Lettuce & Tomato Chef Salad w/ Turkey & Cheese or Beans w/ Corn Bread Muffin Sweet Potato Fries Apple Sauce 	9-Oct BBQ Rib Sandwich Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana 	10-Oct Chicken Drumstick w/ Corn Bread or Cheese Pizza Mashed Potatoes  Fruit Punch
13-Oct 	14-Oct Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges 	15-Oct Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries Apple Sauce 	16-Oct Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Banana 	17-Oct Pepperoni or Cheese Pizza Baby Carrots w/ Ranch  Fruit Punch
20-Oct Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll  Seasoned Collards Grape Juice	21-Oct Grilled Cheese  Chef Taco Salad w/ Tortilla Rounds Crispy French Fries Orange Wedges	22-Oct Meatball & Mashed Potato Bowl Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin  Seasoned Green Beans Apple Sauce	23-Oct Popcorn Chicken Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana 	24-Oct Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch  Fruit Punch
27-Oct Chicken Tenders Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll  Sweet Potato Fries Grape Juice	28-Oct Turkey BBQ Sandwich Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Baked Beans Orange Wedges 	29-Oct Chicken Alfredo w/ Pasta Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll  Seasoned Broccoli Apple Sauce	30-Oct Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana 	31-Oct Data Talks - No Classes

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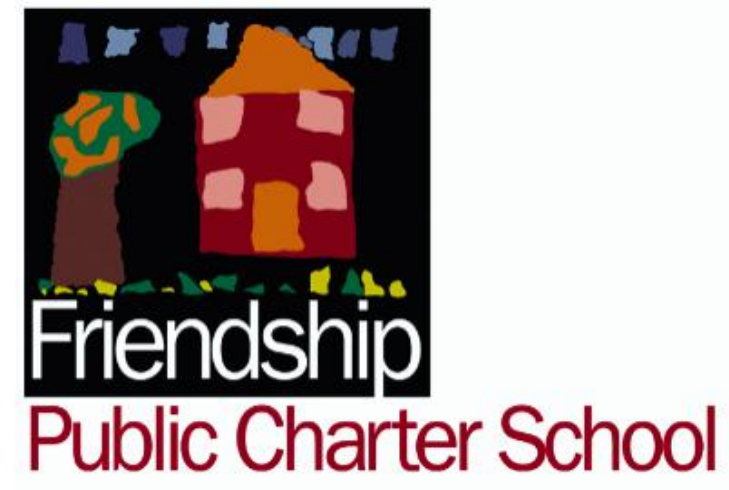


Vegetarian
item

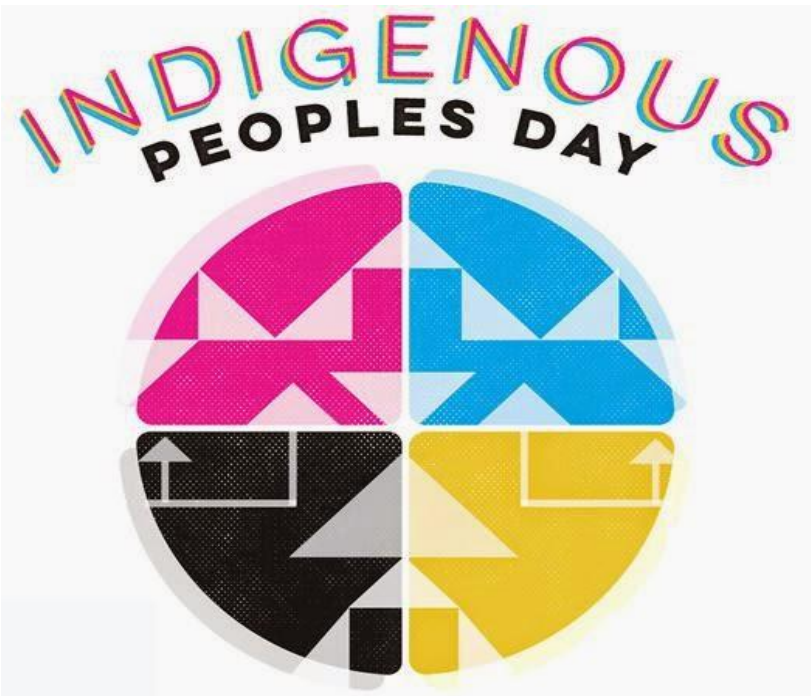
Skim & 1% Lowfat Milk available for
every meal

<p>29-Sep</p> <p>Chicken Tenders w/ Dinner Roll</p> <p>Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll</p> <p>Onion Rings</p> <p>Sweet Potato Fries</p> <p>Fresh Strawberries</p>	<p>30-Sep</p> <p>Turkey BBQ Sandwich</p> <p>Chef Taco or Veggie Taco Salad w/ Tortilla Rounds</p> <p>Cole Slaw</p> <p>Baked Beans</p> <p>Orange Wedges</p>	<p>1-Oct</p> <p>Chicken Alfredo w/ Pasta</p> <p>Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll</p> <p>Seasoned Broccoli</p> <p>Caesar Salad</p> <p>Apple Sauce</p>	<p>2-Oct</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Crispy French Fries</p> <p>Banana</p>	<p>3-Oct</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Ranch</p> <p>Spinach Salad</p> <p>Fruit Punch</p>
<p>6-Oct</p> <p>Teriyaki Beef Dunkers w/ Veggie Fried Rice</p> <p>Chef Salad w/ Teriyaki Beef Nuggest or Veggie Nuggets & Dinner Roll</p> <p>Candied Carrots</p> <p>Fresh Strawberries</p>	<p>7-Oct</p> <p>Cheesy Pullapart</p> <p>Chef Taco Salad w/ Tortilla Rounds</p> <p>Marinara Cup</p> <p>Tater Tots</p> <p>Orange Wedges</p>	<p>8-Oct</p> <p>Turkey & Cheese Hoagie w/ Lettuce & Tomato</p> <p>Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll</p> <p>Sweet Potato Fries</p> <p>Apple Sauce</p>	<p>9-Oct</p> <p>BBQ Rib Sandwich</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Cole Slaw</p> <p>Baked Beans</p> <p>Banana</p>	<p>10-Oct</p> <p>Chicken Drumstick w/ Corn Bread</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Collard Greens</p> <p>Mashed Potatoes</p> <p>Fruit Punch</p>
<p>13-Oct</p> 	<p>14-Oct</p> <p>Beef & Cheese Tacos w/ Lettuce & Tomato</p> <p>Chef Taco or Veggie Taco Salad w/ Tortilla Rounds</p> <p>Seasoned Black Beans</p> <p>Orange Wedges</p>	<p>15-Oct</p> <p>Crispy Chicken Sandwich w/ Lettuce & Tomato</p> <p>Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll</p> <p>Sweet Potato Fries</p> <p>Apple Sauce</p>	<p>16-Oct</p> <p>Hot Dog or Chili Cheese Dog on WG Bun</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Crispy French Fries</p> <p>Baked Beans</p> <p>Banana</p>	<p>17-Oct</p> <p>Pepperoni or Cheese Pizza</p> <p>Baby Carrots w/ Ranch</p> <p>Spinach Salad</p> <p>Fruit Punch</p>
<p>20-Oct</p> <p>Chicken & Waffles</p> <p>Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll</p> <p>Seasoned Collards</p> <p>Sweet Potato Fries</p> <p>Fresh Strawberries</p>	<p>21-Oct</p> <p>Grilled Cheese</p> <p>Chef Taco Salad w/ Tortilla Rounds</p> <p>Tomato Soup</p> <p>Crispy French Fries</p> <p>Orange Wedges</p>	<p>22-Oct</p> <p>Meatball & Mashed Potato Bowl</p> <p>Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin</p> <p>Seasoned Green Beans</p> <p>Apple Sauce</p>	<p>23-Oct</p> <p>Popcorn Chicken</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Cole Slaw</p> <p>Baked Beans</p> <p>Banana</p>	<p>24-Oct</p> <p>Mozzarella Sticks w/ Marinara</p> <p>Celery Sticks w/ Ranch</p> <p>Caesar Salad</p> <p>Fruit Punch</p>
<p>27-Oct</p> <p>Chicken Tenders w/ Dinner Roll</p> <p>Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll</p> <p>Onion Rings</p> <p>Sweet Potato Fries</p> <p>Fresh Strawberries</p>	<p>28-Oct</p> <p>Turkey BBQ Sandwich</p> <p>Chef Taco or Veggie Taco Salad w/ Tortilla Rounds</p> <p>Cole Slaw</p> <p>Baked Beans</p> <p>Orange Wedges</p>	<p>29-Oct</p> <p>Chicken Alfredo w/ Pasta</p> <p>Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll</p> <p>Seasoned Broccoli</p> <p>Caesar Salad</p> <p>Apple Sauce</p>	<p>30-Oct</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Chef Salad w/ Cheese & WG Soft Pretzel</p> <p>Crispy French Fries</p> <p>Banana</p>	<p>31-Oct</p> <p>Data Talks - No Classes</p>

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Supper Menu October 2025

29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Pasta w/Meatballs & Marinara Seasoned Collards Fresh Apple Skim or 1% Fat Milk	Chicken & Mashed Potato Bowl w/ Dinner Roll Fruit Cup Skim or 1% Fat Milk	Salisbury Steak w/ Biscuit Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Chicken Parmesan Sandwich Crispy French Fries Fruit Punch Skim or 1% Fat Milk	Chicken Pot Pie Seasoned Carrots Fresh Pear Skim or 1% Fat Milk
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Pasta w/Meatballs & Marinara Seasoned Collards Fresh Apple Skim or 1% Fat Milk	Chicken & Mashed Potato Bowl w/ Dinner Roll Fruit Cup Skim or 1% Fat Milk	Salisbury Steak w/ Biscuit Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Chicken Parmesan Sandwich Crispy French Fries Fruit Punch Skim or 1% Fat Milk	Chicken Pot Pie Seasoned Carrots Fresh Pear Skim or 1% Fat Milk
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk	Data Talks - No Classes

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