PreK Breakfast Menu October 2025



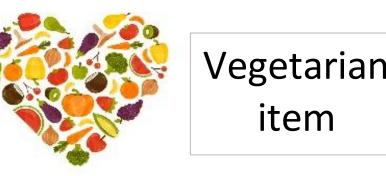
Skim & 1% Lowfat Milk available for every meal

29-Sep		30-Sep	1-Oct	2-Oct	3-Oct
Cereal	Streets Broken	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	Strawberry Waffle
		Account disease.	French Toast Minis		
Apple Sauce		Banana	Orange Juice	Fresh Peach	Fruit Salad Cup
6-Oct		7-Oct	8-Oct	9-Oct	10-Oct
Cereal Bars	Margarity & Standards	Breakfast Cluster	Turkey Sausage Pancake Stick	Apple Frudel	WG Muffins ************************************
			Mini Caramel Cinnamon Rolls		
Apple Sauce		Banana	Orange Juice 💮	Fresh Peach	Fruit Salad Cup
13-Oct		14-Oct	15-Oct	16-Oct	17-Oct
INDIGENOUS DAY		Strawberry Cream Cheese Mini Bagels	Breakfast Scrambler	Grape Filled Crescent Ro	Strawberry Waffle
		At parts d'augusses	French Toast Minis		
		Apple Sauce	Orange Juice	Fresh Peach	Fruit Salad Cup
20-Oct		21-Oct	22-Oct	23-Oct	24-Oct
Cereal Bars	No. (2010) The resource -	Oatmeal Breakfast Bun	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
			Mini Strawberry Bagel		
Apple Sauce		Banana	Orange Juice	Fresh Peach	Fruit Salad Cup
27-Oct		28-Oct	29-Oct	30-Oct	31-Oct
Cereal	express Property	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	
		No. (conf.) diseases.	French Toast Min	At parties of decades.	Data Talks - No Classes
Apple Sauce		Banana	Orange Juice	Fresh Peach	

While we will make every effort to serve the planned menul if substitutions are necessary we will use like or similar items whenever possible.

Friendship Public Charter School

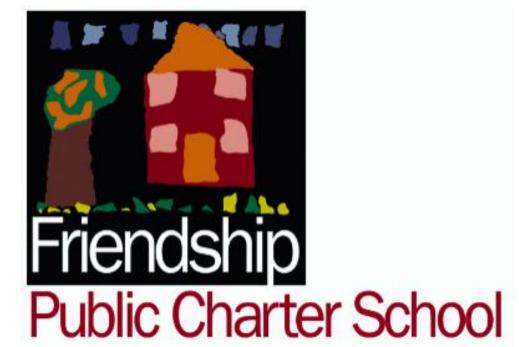
K - 8 Breakfast Menu October 2025



Skim & 1% Lowfat Milk available for every meal

narter School			dispredige® inspirance	
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Cereal & String Cheese		Breakfast Scrambler	Cherry Frudel	Strawberry Waffle
		French Toast Minis	Account Research	
Apple Sauce	Banana	Orange Juice	Fresh Peach	Fruit Salad Cup
Craisins	Pear Cup	Fresh Apple	Orange Wedges	Fresh Pear
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Cereal Bar & Yogurt	Breakfast Cluster	Turkey Sausage Pancake Stick	Apple Frudel	WG Muffins
		Mini Bagels		
Apple Sauce	Banana	Orange Juice	Fresh Peach	Fruit Salad Cup
Craisins	Pear Cup	Fresh Apple	Orange Wedges	Fresh Pear
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
INDIGENOUS DAY	Strawberry Cream Cheese Mini Bagels	Breakfast Scrambler	Grape Filled Crescent Roll	Strawberry Waffle
	Wigney Organia	French Toast Minis	All ports of Designation	
	Apple Sauce	Orange Juice	Fresh Peach	Fruit Salad Cup
	Craisins	Fresh Apple	Orange Wedges	Fresh Pear
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Cereal Bars & Yogurt	Oatmeal Breakfast Bun	Turkey Sausage Pancake Stick	French Toast Min	WG Breakfast Bread
	or grandeness.	Mini Bagels		
Apple Sauce	Banana	Orange Juice	Fresh Peach	Fruit Salad Cup
Craisins	Pear Cup	Fresh Apple	Orange Wedges	Fresh Pear
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Cereal & String Cheese	Mini Caramel Cinnamon Rolls	Breakfast Scrambler	Cherry Frudel	
		French Toast Minis	ACCUST STATEMENT	Data Talks - No Classes
Apple Sauce	Banana	Orange Juice	Fresh Peach	
Craisins	Pear Cup	Fresh Apple	Orange Wedges	

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PreK Lunch Menu October 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

Public Charter School				
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Chicken Tenders	Turkey BBQ Sandwich	Chicken Alfredo w/ Pasta	Cheeseburger w/ Lettuce & Tomato	Cheese Pizza
Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll		Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll	Cricov Franch Fried	Baby Carrots w/ Ranch
Sweet Potato Fries Grape Juice	Baked Beans Orange Wedges	Seasoned Broccoli Apple Sauce	Crispy French Fries Banana	Fruit Punch
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Teriyaki Beef Dunkers w/ Veggie Fried Rice	Cheesy Pullapart	Turkey & Cheese Hoagie w/ Lettuce & Tomato	BBQ Rib Sandwich	Chicken Drumstick w/ Corn Bread or Cheese Pizza
Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Dinner Roll	Chef Taco Salad W/ Tortilla Rounds	Chef Salad w/ Turkey & Cheese or Beans w/ Corn Bread Muffin	Colo Slaw	Mashed Potatoes
Crana Luice	Emoticon Potatoes	Sweet Potato Fries	COIE SIAW	Fruit Dunch
Grape Juice 13-Oct	Orange Wedges 14-Oct	Apple Sauce 15-Oct	Banana 16-Oct	Fruit Punch 17-Oct
IS-OCC NO IGENOUS PEOPLES DAY THE PEOPLE DAY THE	Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/	Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries	Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries	Pepperoni or Cheese Pizza Baby Carrots w/ Ranch
	Orange Wedges	Apple Sauce	Banana	Fruit Punch
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Chicken & Waffles	Grilled Cheese	Meatball & Mashed Potato Bowl	Popcorn Chicken	Mozzarella Sticks w/ Marinara
Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll	Chef Taco Salad W/ Tortilla Rounds	Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin	Chef Salad w/ Cheese & WG Soft Pretzel	Celery Sticks w/ Ranch
Seasoned Collards Grape Juice	Crispy French Fries Orange Wedges	Seasoned Green Beans Apple Sauce	Cole Slaw Banana	Fruit Punch
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Chicken Tenders	Turkey BBQ Sandwich	Chicken Alfredo w/ Pasta	Cheeseburger w/ Lettuce & Tomato	
Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Sweet Potato Fries Grape Juice	Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Baked Beans Orange Wedges	Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Seasoned Broccoli Apple Sauce	Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana	Data Talks - No Classes

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K - 8 Lunch Menu October 2025



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Public Charter School			designed by the troughtown	
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Chicken Tenders w/ Dinner Roll	Turkey BBQ Sandwich	Chicken Alfredo w/ Pasta	Cheeseburger w/ Lettuce & Tomato	Cheese Pizza
Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Onion Rings Sweet Potato Fries		Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Seasoned Broccoli Caesar Salad	Chef Salad w/ Cheese & WG Soft	Baby Carrots w/ Ranch Spinach Salad
Fresh Strawberries	Orange Wedges	Apple Sauce	Banana	Fruit Punch
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Teriyaki Beef Dunkers w/ Veggie Fried Rice	Cheesy Pullapart	Turkey & Cheese Hoagie w/ Lettuce & Tomato	BBQ Rib Sandwich	Chicken Drumstick w/ Corn Bread
Chef Salad w/ Teriyaki Beef Nuggest or Veggie Nuggets & Dinner Roll	Chef Taco Salad w/ Tortilla Rounds	Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll	Chef Salad w/ Cheese & WG Soft Pretzel	Chef Salad w/ Cheese & WG Soft Pretzel
Candied Carrots	Marinara Cup Tater Tots	Sweet Potato Fries	Cole Slaw Baked Beans	Collard Greens Mashed Potatoes
Fresh Strawberries	Orange Wedges	Apple Sauce	Banana	Fruit Punch
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
INDIGENOUS PEOPLES DAY	Beef & Cheese Tacos w/ Lettuce & Tomato	Crispy Chicken Sandwich w/ Lettuce & Tomato	Hot Dog or Chili Cheese Dog on WG Bun	Pepperoni or Cheese Pizza
		Bean Chili w/Dinner Roll	Chef Salad w/ Cheese & WG Soft Pretzel	Baby Carrots w/ Ranch
	Seasoned Black Beans	Sweet Potato Fries	Crispy French Fries Baked Beans	Spinach Salad
	Orange Wedges	Apple Sauce	Banana	Fruit Punch
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Chicken & Waffles	Grilled Cheese	Meatball & Mashed Potato Bowl	Popcorn Chicken	Mozzarella Sticks w/ Marinara
Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll	Chef Taco Salad w/ Tortilla Rounds	Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin	Chef Salad w/ Cheese & WG Soft Pretzel	Celery Sticks w/ Ranch
Seasoned Collards Sweet Potato Fries	Tomato Soup Crispy French Fries	Seasoned Green Beans	Cole Slaw Baked Beans	Caesar Salad
Fresh Strawberries	Orange Wedges	Apple Sauce	Banana	Fruit Punch
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Chicken Tenders w/ Dinner Roll	Turkey BBQ Sandwich	Chicken Alfredo w/ Pasta	Cheeseburger w/ Lettuce & Tomato	
Nuggets & Dinner Roll	Tortilla Rounds	Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll	Crispy Franch Fries	Data Talks - No Classes
Onion Rings Sweet Potato Fries Fresh Strawberries	Cole Slaw Baked Beans Orange Wedges	Seasoned Broccoli Caesar Salad Apple Sauce	Crispy French Fries Banana	
I I COII OU DEITIES	Urange Weuges	Apple Jauce	Dallalla	



Supper Menu October 2025

Public Charter School				
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct
Mozzarella Sticks w/ Marinara	Turkey & Gravy w/ Biscuit	Beef & Cheese Macaroni	Chicken Fajita	Orange Chicken w/ Vegetable
	Turkey & Gravy W/ Discurt	Casserole		Fried Rice
Caesar Salad	Mashed Potatoes	Seasoned Broccoli	Rice & Beans	Stir Fry Vegetables
Fresh Apple	Fruit Cup	Pineapple	Fruit Punch	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct
Pasta w/Meatballs & Marinara	Chicken & Mashed Potato Bowl w/ Dinner Roll	Salisbury Steak w/ Biscuit	Chicken Parmesan Sandwich	Chicken Pot Pie
Seasoned Collards		Seasoned Broccoli	Crispy French Fries	Seasoned Carrots
Fresh Apple	Fruit Cup	Pineapple	Fruit Punch	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct
INDIGENOUS DAY	Turkey & Gravy w/ Biscuit	Beef & Cheese Macaroni	Chicken Fajita	Orange Chicken w/ Vegetable
	Tarkey & Gravy vv/ Discare	Casserole		Fried Rice
	Mashed Potatoes	Seasoned Broccoli	Rice & Beans	Stir Fry Vegetables
	Fruit Cup	Pineapple	Fruit Punch	Fresh Pear
	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct
Pasta w/Meatballs & Marinara	Chicken & Mashed Potato Bowl w/ Dinner Roll	Salisbury Steak w/ Biscuit	Chicken Parmesan Sandwich	Chicken Pot Pie
Seasoned Collards		Seasoned Broccoli	Crispy French Fries	Seasoned Carrots
Fresh Apple	Fruit Cup	Pineapple	Fruit Punch	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct
Mozzarella Sticks w/ Marinara	Turkey & Gravy w/ Biscuit	Beef & Cheese Macaroni Casserole	Chicken Fajita	
Caesar Salad	Mashed Potatoes	Seasoned Broccoli	Rice & Beans	Data Talks - No Classes
Fresh Apple	Fruit Cup	Pineapple	Fruit Punch	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
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