































PreK Breakfast Menu August - September 2025



Vegetarian
item

Skim & 1% Lowfat Milk available for every meal

| 18-Aug | 19-Aug | 20-Aug | 21-Aug | 22-Aug |
|---|--|--|--|--|
| Cereal  | Strawberry Cream Cheese Mini Bagels  | Breakfast Scrambler French Toast Minis  | Grape Filled Crescent Roll  | Strawberry Waffle  |
| Apple Sauce | Banana | Orange Juice | Fresh Peach | Fruit Salad Cup |
| 25-Aug | 26-Aug | 27-Aug | 28-Aug | 29-Aug |
| Cereal Bars  | Oatmeal Breakfast Bun  | Turkey Sausage Pancake Stick Mini Bagels  | French Toast Minis  | WG Breakfast Bread  |
| Apple Sauce | Banana | Orange Juice | Fresh Peach | Fruit Salad Cup |
| 1-Sep | 2-Sep | 3-Sep | 4-Sep | 5-Sep |
|  | Mini Caramel Cinnamon Rolls  | Breakfast Scrambler | Cherry Frudel  | Strawberry Waffle  |
| | Apple Sauce | French Toast Minis  | Fresh Peach | Fruit Salad Cup |
| 8-Sep | 9-Sep | 10-Sep | 11-Sep | 12-Sep |
| Cereal Bars  | Breakfast Cluster  | Turkey Sausage Pancake Stick French Toast Minis  | Apple Frudel  | WG Muffins  |
| Apple Sauce | Banana | Orange Juice | Fresh Peach | Fruit Salad Cup |
| 15-Sep | 16-Sep | 17-Sep | 18-Sep | 19-Sep |
| Cereal  | Strawberry Cream Cheese Mini Bagels  | Breakfast Scrambler Mini Bagels  | Grape Filled Crescent Roll  | Strawberry Waffle  |
| Apple Sauce | Banana | Orange Juice | Fresh Peach | Fruit Salad Cup |
| 22-Sep | 23-Sep | 24-Sep | 25-Sep | 26-Sep |
| Cereal Bars  | Oatmeal Breakfast Bun  | Turkey Sausage Pancake Stick French Toast Minis  | French Toast Minis  | WG Breakfast Bread  |
| Apple Sauce | Banana | Orange Juice | Fresh Peach | Fruit Salad Cup |




























While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.

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| 18-Aug | 19-Aug | 20-Aug | 21-Aug | 22-Aug |
|--|--|--|--|--|
| Cereal & Yogurt  | Strawberry Cream Cheese Mini Bagels  | Breakfast Scrambler | Grape Filled Crescent Roll  | Strawberry Waffle  |
| Apple Sauce Craisins | Banana Pear Cup | French Toast Minis  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |
| 25-Aug | 26-Aug | 27-Aug | 28-Aug | 29-Aug |
| Cereal Bars & Yogurt  | Oatmeal Breakfast Bun  | Turkey Sausage Pancake Stick | French Toast Minis  | WG Breakfast Bread  |
| Apple Sauce Craisins | Banana Pear Cup | Mini Bagels  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |
| 1-Sep | 2-Sep | 3-Sep | 4-Sep | 5-Sep |
|  | Mini Caramel Cinnamon Rolls  | Breakfast Scrambler | Cherry Frudel  | Strawberry Waffle  |
| | Apple Sauce Craisins | French Toast Minis  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |
| 8-Sep | 9-Sep | 10-Sep | 11-Sep | 12-Sep |
| Cereal Bar & Yogurt  | Breakfast Cluster  | Turkey Sausage Pancake Stick | Apple Frudel  | WG Muffins  |
| Apple Sauce Craisins | Banana Pear Cup | Mini Bagels  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |
| 15-Sep | 16-Sep | 17-Sep | 18-Sep | 19-Sep |
| Cereal & Yogurt  | Strawberry Cream Cheese Mini Bagels  | Breakfast Scrambler | Grape Filled Crescent Roll  | Strawberry Waffle  |
| Apple Sauce Craisins | Banana Pear Cup | French Toast Mini  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |
| 22-Sep | 23-Sep | 24-Sep | 25-Sep | 26-Sep |
| Cereal Bars & Yogurt  | Oatmeal Breakfast Bun  | Turkey Sausage Pancake Stick | French Toast Minis  | WG Breakfast Bread  |
| Apple Sauce Craisins | Banana Pear Cup | Mini Bagels  Orange Juice Fresh Apple | Fresh Peach Orange Wedges | Fruit Salad Cup Fresh Pear |

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Friendship
Public Charter School

PreK Lunch Menu August - September 2025



Vegetarian
item

Skim & 1% Lowfat Milk
available for every meal

| | | | | |
|--|---|--|--|--|
| 18-Aug Chicken Nuggets Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Tater Tots Grape Juice | 19-Aug Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges | 20-Aug Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries Apple Sauce | 21-Aug Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Banana | 22-Aug Pepperoni or Cheese Pizza Baby Carrots w/ Ranch Fruit Punch |
| 25-Aug Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Grape Juice | 26-Aug Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges | 27-Aug Meatball & Mashed Potato Bowl Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Apple Sauce | 28-Aug Popcorn Chicken Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana | 29-Aug Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Fruit Punch |
| 1-Sep | 2-Sep Turkey BBQ Sandwich Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Baked Beans Orange Wedges | 3-Sep Chicken Alfredo w/ Pasta Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Celery Sticks Apple Sauce | 4-Sep Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana | 5-Sep Ranchero or Cheese Pizza Baby Carrots w/ Ranch Fruit Punch |
| 8-Sep Teriyaki Beef Dunkers w/ Veggie Fried Rice Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Dinner Roll Candied Carrots Grape Juice | 9-Sep Cheesy Pullapart Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges | 10-Sep Turkey & Cheese Hoagie w/ Lettuce & Tomato Chef Salad w/ Turkey & Cheese or Beans w/ Corn Bread Muffin Sweet Potato Fries Apple Sauce | 11-Sep BBQ Rib Sandwich Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana | 12-Sep Cheese Pizza Celery Sticks w/ Ranch Fruit Punch |
| 15-Sep Chicken Nuggets Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Tater Tots Grape Juice | 16-Sep Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges | 17-Sep Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries Apple Sauce | 18-Sep Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Banana | 19-Sep Pepperoni or Cheese Pizza Baby Carrots w/ Ranch Fruit Punch |
| 22-Sep Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Grape Juice | 23-Sep Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges | 24-Sep Meatball & Mashed Potato Bowl Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Apple Sauce | 25-Sep Popcorn Chicken Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana | 26-Sep Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Fruit Punch |

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K - 8 Lunch Menu August - September 2025



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Skim & 1% Lowfat Milk available for
every meal

| | | | | |
|---|--|---|---|---|
| 18-Aug Chicken Nuggets w/ Dinner Roll Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Onion Rings Cucumber & Tomato Cup Fresh Strawberries | 19-Aug Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges | 20-Aug Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/ Crispy Chicken or White Bean Chili w/ Dinner Roll Sweet Potato Fries Apple Sauce | 21-Aug Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Baked Beans Banana | 22-Aug Pepperoni or Cheese Pizza Baby Carrots w/ Ranch Spinach Salad Fruit Punch |
| 25-Aug Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Sweet Potato Fries Fresh Strawberries | 26-Aug Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Tomato Soup Emoticon Potatoes Orange Wedges | 27-Aug Meatball & Mashed Potato Bowl Chef Salad w/ Turkey or White Bean Chili w/ Dinner Roll Seasoned Green Beans Apple Sauce | 28-Aug Popcorn Chicken w/ Dinner Roll Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Baked Beans Banana | 29-Aug Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Caesar Salad Fruit Punch |
| 1-Sep  | 2-Sep Turkey BBQ Sandwich Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Sweet Potato Fries Baked Beans Orange Wedges | 3-Sep Chicken Alfredo w/ Pasta Chef Salad w/ Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Seasoned Green Beans Caesar Salad Apple Sauce | 4-Sep Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana | 5-Sep Cheese Pizza Baby Carrots w/ Ranch Spinach Salad Fruit Punch |
| 8-Sep Teriyaki Beef Dunkers w/ Veggie Fried Rice Chef Salad w/ Teriyaki Beef Nugget or Veggie Nuggets & Dinner Roll Candied Carrots Fresh Strawberries | 9-Sep Cheesy Pullapart Chef Taco Salad w/ Tortilla Rounds Marinara Cup Tater Tots Orange Wedges | 10-Sep Turkey & Cheese Hoagie w/ Lettuce & Tomato Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll Sweet Potato Fries Apple Sauce | 11-Sep BBQ Rib Sandwich Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Baked Beans Banana | 12-Sep Cheese Pizza Celery Sticks w/ Ranch Caesar Salad Fruit Punch |
| 15-Sep Chicken Nuggets Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Onion Rings Cucumber & Tomato Cup Fresh Strawberries | 16-Sep Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges | 17-Sep Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/ Crispy Chicken or White Bean Chili w/ Dinner Roll Sweet Potato Fries Apple Sauce | 18-Sep Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Baked Beans Banana | 19-Sep Pepperoni or Cheese Pizza Baby Carrots w/ Ranch Spinach Salad Fruit Punch |
| 22-Sep Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Sweet Potato Fries Fresh Strawberries | 23-Sep Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Tomato Soup Emoticon Potatoes Orange Wedges | 24-Sep Meatball & Mashed Potato Bowl Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Apple Sauce | 25-Sep Popcorn Chicken Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Baked Beans Banana | 26-Sep Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Caesar Salad Fruit Punch |

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



Supper Menu August - September 2025

| | | | | |
|--|---|--|--|--|
| 18-Aug Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk | 19-Aug Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk | 20-Aug Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 21-Aug Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk | 22-Aug Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 25-Aug Pasta w/Meatballs & Marinara Seasoned Collards Fresh Apple Skim or 1% Fat Milk | 26-Aug Chicken & Mashed Potato Bowl w/ Dinner Roll Fruit Cup Skim or 1% Fat Milk | 27-Aug Salisbury Steak w/ Biscuit Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 28-Aug Chicken Parmesan Sandwich Crispy Fries Fruit Punch Skim or 1% Fat Milk | 29-Aug Chicken Pot Pie Seasoned Carrots Fresh Pear Skim or 1% Fat Milk |
| 1-Sep  | 2-Sep Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk | 3-Sep Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 4-Sep Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk | 5-Sep Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 8-Sep Pasta w/Meatballs & Marinara Seasoned Collards Fresh Apple Skim or 1% Fat Milk | 9-Sep Chicken & Mashed Potato Bowl w/ Dinner Roll Fruit Cup Skim or 1% Fat Milk | 10-Sep Salisbury Steak w/ Biscuit Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 11-Sep Chicken Parmesan Sandwich Crispy Fries Fruit Punch Skim or 1% Fat Milk | 12-Sep Chicken Pot Pie Seasoned Carrots Fresh Pear Skim or 1% Fat Milk |
| 15-Sep Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk | 16-Sep Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Cup Skim or 1% Fat Milk | 17-Sep Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 18-Sep Chicken Fajita Rice & Beans Fruit Punch Skim or 1% Fat Milk | 19-Sep Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 22-Sep Pasta w/Meatballs & Marinara Seasoned Collards Fresh Apple Skim or 1% Fat Milk | 23-Sep Chicken & Mashed Potato Bowl w/ Dinner Roll Fruit Cup Skim or 1% Fat Milk | 24-Sep Salisbury Steak w/ Biscuit Seasoned Broccoli Pineapple Skim or 1% Fat Milk | 25-Sep Chicken Parmesan Sandwich Crispy Fries Fruit Punch Skim or 1% Fat Milk | 26-Sep Chicken Pot Pie Seasoned Carrots Fresh Pear Skim or 1% Fat Milk |

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.