



PreK Breakfast Menu January 2025



Vegetarian
item

Skim & 1% Lowfat Milk available for every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Chicken Biscuit Sandwich	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce	Banana	French Toast Minis Orange Juice	Fresh Peach	Fruit Salad Cup
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Cereal Bars & Yogurt	Apple Frudel	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
Apple Sauce	Banana	Mini Bagels Orange Juice	Fresh Peach	Fruit Salad Cup
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Cereal & Yogurt	Cinni Minis	Beef Sausage Biscuit Sandwich	Cherry Frudel	No Classes for Scholars
Apple Sauce	Banana	French Toast Minis Orange Juice	Fresh Peach	
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Chicken Biscuit Sandwich	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce	Banana	French Toast Minis Orange Juice	Fresh Peach	Fruit Salad Cup

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



K - 8 Breakfast Menu January 2025



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Chicken Biscuit Sandwich	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce Craisins	Banana Peach Cup	French Toast Minis Orange Juice Fresh Apple	Fresh Peach Mandarin Orange Cup	Fruit Salad Cup Fresh Pear
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Cereal Bars & Yogurt	Apple Frudel	Turkey Sausage Pancake Stick	French Toast Minis	WG Breakfast Bread
Apple Sauce Craisins	Banana Peach Cup	Mini Bagels Orange Juice Fresh Apple	Fresh Peach Mandarin Orange Cup	Fruit Salad Cup Fresh Pear
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Cereal & Yogurt	Cinni Minis	Beef Sausage Biscuit Sandwich	Cherry Frudel	No Classes for Scholars
Apple Sauce Craisins	Banana Peach Cup	French Toast Minis Orange Juice Fresh Apple	Fresh Peach Mandarin Orange Cup	
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Cereal & Yogurt	Strawberry Cream Cheese Mini Bagels	Chicken Biscuit Sandwich	Grape Filled Crescent Roll	Chocolate Chip Waffles
Apple Sauce Craisins	Banana Peach Cup	French Toast Minis Orange Juice Fresh Apple	Fresh Peach Mandarin Orange Cup	Fruit Salad Cup Fresh Pear

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Friendship
Public Charter School

PreK Lunch Menu January 2025



Vegetarian
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Skim & 1% Lowfat Milk
available for every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
BBQ Chicken Sandwich Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Sweet Potato Fries Grape Juice	Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	Chicken Philly Cheesesteak Chef Salad w/Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Celery Sticks Apple Sauce	Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana	Cheese Pizza Baby Carrots w/ Ranch Pineapple
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Teriyaki Beef Dunkers w/ Veggie Fried Rice Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Dinner Roll Seasoned Broccoli Grape Juice	Cheesy Pull-Aparts Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges	Turkey & Gravy w/ Dinner Roll Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll Mashed Potatoes Apple Sauce	BBQ Rib Sandwich Chef Salad w/ Cheese & WG Soft Pretzel Sweet Potato Fries Banana	Cheese Pizza Celery Sticks w/ Ranch Pineapple
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Chicken Nuggets Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Cucumber & Tomato Cup Grape Juice	Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/Crispy Chicken or White Bean Chili w/Dinner Roll Sweet Potato Fries Apple Sauce	Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Banana	No Classes for Scholars
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Grape Juice	Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Emoticon Potatoes Orange Wedges	Chicken Drumstick w/ Corn Bread Muffin Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Apple Sauce	Meatball Sub w/ BBQ Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Banana	Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Pineapple

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every meal

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
BBQ Chicken Sandwich Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Sweet Potato Fries Seasoned Collards Grape Juice	Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	Chicken Philly Cheesesteak Chef Salad w/ Fajita Chicken Strips or White Bean Chili w/ Dinner Roll Celery Sticks Apple Sauce	Cheeseburger w/ Lettuce & Tomato Chef Salad w/ Cheese & WG Soft Pretzel Crispy French Fries Banana	Ranchero or Cheese Pizza Baby Carrots w/ Ranch Spinach Salad Pineapple
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Teriyaki Beef Dunkers w/ Veggie Fried Rice Chef Salad w/ Teriyaki Beef Nugget or Veggie Nuggets & Dinner Roll Seasoned Broccoli Grape Juice	Cheesy Pull-Aparts Chef Taco Salad w/ Tortilla Rounds Tomato Soup Tater Tots Orange Wedges	Turkey & Gravy w/ Dinner Roll Chef Salad w/ Turkey & Cheese or Beans w/ Dinner Roll Mashed Potatoes Candied Carrots Apple Sauce	BBQ Rib Sandwich Chef Salad w/ Cheese & WG Soft Pretzel Sweet Potato Fries Baked Beans Banana	Cheese Pizza Celery Sticks w/ Ranch Caesar Salad Pineapple
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Chicken Nuggets Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Cucumber & Tomato Cup Onion Rings Grape Juice	Beef & Cheese Tacos w/ Lettuce & Tomato Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Seasoned Black Beans Orange Wedges	Crispy Chicken Sandwich w/ Lettuce & Tomato Chef Salad w/ Crispy Chicken or White Bean Chili w/ Dinner Roll Sweet Potato Fries Apple Sauce	Hot Dog or Chili Cheese Dog on WG Bun Chef Salad w/ Cheese & WG Soft Pretzel Crispy Fries Baked Beans Banana	No Classes for Scholars
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Chicken & Waffles Chef Salad w/ Crispy Chicken or Veggie Nuggets & Dinner Roll Seasoned Collards Sweet Potato Fries Grape Juice	Grilled Cheese Chef Taco Salad w/ Tortilla Rounds Tomato Soup Emoticon Potatoes Orange Wedges	Chicken Drumstick w/ Corn Bread Muffin Chef Salad w/ Turkey or White Bean Chili w/ Corn Bread Muffin Seasoned Green Beans Mashed Potatoes Apple Sauce	Meatball Sub w/ BBQ Chef Salad w/ Cheese & WG Soft Pretzel Cole Slaw Baked Beans Banana	Mozzarella Sticks w/ Marinara Celery Sticks w/ Ranch Caesar Salad

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible.



Supper Menu January 2025

6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Cup Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	No Classes for Scholars
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Meatball Sub w/ BBQ Sauce Seasoned Collards Fruit Cup Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.