



HS Breakfast Menu August - September 2024



Vegetarian item

Skim & 1% Lowfat Milk available for every

| 19-Aug | 20-Aug | 21-Aug | 22-Aug | 23-Aug |
|---|---|--|---|--|
| Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins | Assorted Cereal Bars & Yogurt Bagel w/ Cream Cheese Banana Diced Peach Cup | Yogurt & Granola Parfait Kit Maple Waffles Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear |
| 26-Aug | 27-Aug | 28-Aug | 29-Aug | 30-Aug |
| Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins | Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup | Yogurt & Granola Parfait Kit Caramel Mini Cinnis Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear |
| 2-Sep | 3-Sep | 4-Sep | 5-Sep | 6-Sep |
|  | Assorted Cereal Bars & Yogurt Bagel w/ Cream Cheese Craisins Diced Peach Cup | Yogurt & Granola Parfait Kit Maple Waffles Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear |
| 9-Sep | 10-Sep | 11-Sep | 12-Sep | 13-Sep |
| Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins | Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup | Yogurt & Granola Parfait Kit Caramel Mini Cinnis Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear |
| 16-Sep | 17-Sep | 18-Sep | 19-Sep | 20-Sep |
| Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins | Assorted Cereal Bars & Yogurt Bagel w/ Cream Cheese Banana Diced Peach Cup | Yogurt & Granola Parfait Kit Maple Waffles Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear |
| 23-Sep | 24-Sep | 25-Sep | 26-Sep | 27-Sep |
| Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins | Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup | Yogurt & Granola Parfait Kit Caramel Mini Cinnis Orange Juice Fresh Apple | Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Pear Cup Mandarin Orange Cup | Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear |

We will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your children get the best possible meals to fuel their success in the classroom.



HS Lunch Menu August - September 2024



Vegetarian item

Skim & 1% Lowfat Milk available for every meal

| 19-Aug | 20-Aug | 21-Aug | 22-Aug | 23-Aug |
|---|--|--|---|--|
| Chicken Wings w/ Corn Bread Muffin Celery Sticks w/ Ranch Cucumber & Tomato Cup Fruit Punch Fresh Apple | Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Pear Cup | Crispy Chicken Sandwich w/ Lettuce & Tomato Sweet Potato Fries WG Breaded Onion Rings Fresh Pear Fruit Cup | Chili Cheese Dog on WG Bun Crispy Fries Cole Slaw Banana Apple Sauce | Cheese Pizza 🍕 Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple |
| 26-Aug | 27-Aug | 28-Aug | 29-Aug | 30-Aug |
| Chicken & Waffles Seasoned Collards Cucumber & Tomato Cup Fruit Punch Fresh Apple | Salisbury Steak w/ Biscuit Baked Beans Mashed Potatoes Orange Wedges Pear Cup | Chicken Drumstick w/ Corn Bread Muffin Seasoned Green Beans Sweet Potato Fries Fresh Pear Fruit Cup | Chicken Parmesan Sandwich w/ Marinara & Cheese Seasoned Broccoli Crispy French Fries Banana Apple Sauce | Mozzarella Sticks w/ Marinara Dipping Cup 🍕 Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple |
| 2-Sep | 3-Sep | 4-Sep | 5-Sep | 6-Sep |
|  | Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Pear Cup | Chicken Philly Cheesesteak Sweet Potato Fries Seasoned Green Beans Fresh Pear Fruit Cup | Cheeseburger w/ Lettuce & Tomato Crispy French Fries Cole Slaw Banana Apple Sauce | Pepperoni Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple |
| 9-Sep | 10-Sep | 11-Sep | 12-Sep | 13-Sep |
| Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Candied Yams Fruit Punch Fresh Apple | Chicken Alfredo w/ Pasta Seasoned Broccoli Spinach Salad Orange Wedges Pear Cup | Chicken Tenders w/ Cornbread Muffin Sweet Potato Fries Cucumber & Tomato Cup Fresh Pear Fruit Cup | BBQ Rib Sandwich Crispy French Fries Baked Beans Banana Apple Sauce | Ranchero Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple |
| 16-Sep | 17-Sep | 18-Sep | 19-Sep | 20-Sep |
| Chicken Wings w/ Corn Bread Muffin Celery Sticks w/ Ranch Cucumber & Tomato Cup Fruit Punch Fresh Apple | Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Pear Cup | Crispy Chicken Sandwich w/ Lettuce & Tomato Sweet Potato Fries WG Breaded Onion Rings Fresh Pear Fruit Cup | Chili Cheese Dog on WG Bun Crispy Fries Cole Slaw Banana Apple Sauce | Cheese Pizza 🍕 Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Apple |
| 23-Sep | 24-Sep | 25-Sep | 26-Sep | 27-Sep |
| Chicken & Waffles Seasoned Collards Cucumber & Tomato Cup Fruit Punch | Salisbury Steak w/ Biscuit Baked Beans Mashed Potatoes Orange Wedges | Chicken Drumstick w/ Corn Bread Muffin Seasoned Green Beans Sweet Potato Fries Fresh Pear | Chicken Parmesan Sandwich w/ Marinara & Cheese Seasoned Broccoli Crispy French Fries Banana | Mozzarella Sticks w/ Marinara Dipping Cup 🍕 Baby Carrots w/ Ranch Caesar Salad Pineapple |



Salad & Wrap Menu August-September 2024



Vegetarian
item

Skim & 1% Lowfat Milk
available for every meal

| | | | | |
|--|--|---|--|--------|
| 19-Aug | 20-Aug | 21-Aug | 22-Aug | 23-Aug |
| Chef Salad w/ Orange Chicken or Veggie Nuggets & Dinner Roll Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Crispy Chicken or White Bean Chili & Biscuit Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple | Chef Salad w/ Turkey or Cheese & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce | |
| 26-Aug | 27-Aug | 28-Aug | 29-Aug | 30-Aug |
| Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Chicken Nuggets or Veggie Nuggets w/ Dinner Roll Chicken Nuggets Wrap Parmesan Potatoes Fresh Pear Fruit Cup | Chef Salad w/ Fajita Chicken or White Bean Chili & Pretzel Chicken Caesar Wrap Celery Sticks w/Ranch Banana Apple Sauce | |
| 2-Sep | 3-Sep | 4-Sep | 5-Sep | 6-Sep |
| | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Crispy Chicken or White Bean Chili & Biscuit Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple | Chef Salad w/ Turkey or Cheese & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce | |
| 9-Sep | 10-Sep | 11-Sep | 12-Sep | 13-Sep |
| Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Chicken Nuggets or Veggie Nuggets w/ Dinner Roll Chicken Nuggets Wrap Parmesan Potatoes Fresh Pear Pineapple | Chef Salad w/ Fajita Chicken or White Bean Chili & Pretzel Chicken Caesar Wrap Celery Sticks w/Ranch Banana Apple Sauce | |
| 16-Sep | 17-Sep | 18-Sep | 19-Sep | 20-Sep |
| Chef Salad w/ Orange Chicken or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Crispy Chicken or White Bean Chili & Biscuit Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple | Chef Salad w/ Turkey or Cheese & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce | |
| 23-Sep | 24-Sep | 25-Sep | 26-Sep | 27-Sep |
| Chef Salad w/ Teriyaki Beef Nuggets or Veggie Nuggets & Biscuit Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple | Chef Taco or Veggie Taco Salad w/ Tortilla Rounds Old Bay Chicken Salad Wrap Bean & Corn Salsa Orange Wedges Fresh Pear | Chef Salad w/Chicken Nuggets or Veggie Nuggets w/ Dinner Roll Crispy Chicken Wrap Parmesan Potatoes Fresh Pear Pineapple | Chef Salad w/ Fajita Chicken or White Bean Chili & Pretzel Turkey & Cheese Wrap Celery Sticks w/Ranch Banana Apple Sauce | |

While we will make every effort to ensure the planned menu items, supply chain and transportation challenges, if substitutions are necessary we will use the best available items whenever possible. We appreciate your patience as we work with our vendors to ensure your children get the best possible meals to fuel their success in the classroom. In addition to the offerings listed above, Chef Station will offer daily.



Supper Menu August - September 2024

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|---|--|---|---|--|
| 19-Aug | 20-Aug | 21-Aug | 22-Aug | 23-Aug |
| Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk |
| 26-Aug | 27-Aug | 28-Aug | 29-Aug | 30-Aug |
| Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk | Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk | Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk | Meatball Sub w/ BBQ Seasoned Collards Fruit Punch Skim or 1% Fat Milk | Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 2-Sep | 3-Sep | 4-Sep | 5-Sep | 6-Sep |
|  | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk |
| 9-Sep | 10-Sep | 11-Sep | 12-Sep | 13-Sep |
| Pepperoni Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk | Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk | Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Pineapple Skim or 1% Fat Milk | Meatball Sub w/ Marinara Seasoned Collards Fruit Punch Skim or 1% Fat Milk | Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 16-Sep | 17-Sep | 18-Sep | 19-Sep | 20-Sep |
| Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk |
| 23-Sep | 24-Sep | 25-Sep | 26-Sep | 27-Sep |
| Cheese Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.