



HS Breakfast Menu April 2024

1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Milk	Assorted Cereal Bars & Yogurt Chicken Biscuit Sandwich Banana Diced Peach Cup Skim or 1% Milk	Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Milk	Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Mandarin Orange Cup Skim or 1% Milk	Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear Skim or 1% Milk
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins Skim or 1% Milk	Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup Skim or 1% Milk	Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Milk	Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Mandarin Orange Cup Skim or 1% Milk	<i>No Classes for Scholars</i>
15-Apr	16-Apr	17-Apr	18-Apr	
SPRING BREAK!				
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Milk	Assorted Cereal Bars & Yogurt Chicken Biscuit Sandwich Banana Diced Peach Cup Skim or 1% Milk	Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Milk	Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Milk	Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear Skim or 1% Milk
29-Apr	30-Apr	1-May	2-May	3-May
Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins Skim or 1% Milk	Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup Skim or 1% Milk	Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Milk	Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Milk	Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear Skim or 1% Milk

While we will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.



Friendship
Public Charter School

HS Lunch Menu April 2024

1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Chicken Wings w/ Corn Bread Muffin Celery Sticks w/ Ranch Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Milk	Crispy Chicken Sandwich w/ Lettuce & Tomato Seasoned Broccoli WG Breaded Onion Rings Strawberries Fruit Cup Skim or 1% Milk	Chili Cheese Dog on WG Bun Crispy Fries Cole Slaw Banana Apple Sauce Skim or 1% Milk	Cheese Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Candied Yams Fruit Punch Fresh Apple Skim or 1% Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Milk	Salisbury Steak w/ Corn Bread Mashed Potatoes Green Beans Strawberries Fruit Cup Skim or 1% Milk	Crispy Chicken Sandwich w/ Lettuce & Tomato Tater Tots Seasoned Collards Banana Apple Sauce Skim or 1% Milk	No Classes for Scholars
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
SPRING BREAK!				
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Chicken & Waffles Seasoned Collards Tater Tots Fruit Punch Fresh Apple Skim or 1% Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Milk	Chicken Nuggets w/ Dinner Roll Sweet Potato Fries Cole Slaw Strawberries Fruit Cup Skim or 1% Milk	BBQ Rib Sandwich Seasoned Collards Tater Tots Banana Apple Sauce Skim or 1% Milk	Cheese Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk
29-Apr	30-Apr	1-May	2-May	3-May
Spaghetti w/Meatballs & Marinara Seasoned Broccoli Candied Yams Fruit Punch Fresh Apple Skim or 1% Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Milk	Bacon Cheeseburger w/ Lettuce & Tomato Cucumber & Tomato Cup Oven Baked Fries Strawberries Fruit Cup Skim or 1% Milk	Crispy Chicken Sandwich w/ Lettuce & Tomato Tater Tots Celery Sticks w/ Ranch Banana Apple Sauce Skim or 1% Milk	Buffalo Chicken Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk

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Salad & Wrap Bar Menu April 2024



<p>1-Apr</p> <p>Chef Salad w/ Orange Chicken & Tortilla Chips</p> <p>Buffalo Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p>	<p><small>Taco Tuesday</small></p> <p>2-Apr</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p>	<p>3-Apr</p> <p>Chef Salad w/Crispy Chicken w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p>	<p>4-Apr</p> <p>Chef Salad w/ Turkey, Cheese & Pretzel</p> <p>Turkey & Cheese Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p>	<p>5-Apr</p> <p>Hot Food Line</p>
<p>8-Apr</p> <p>Chef Salad w/ Teriyaki Beef Nuggets & Biscuit</p> <p>Buffalo Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p>	<p><small>Taco Tuesday</small></p> <p>9-Apr</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p>	<p>10-Apr</p> <p>Chef Salad w/Chicken Nuggets w/Biscuit</p> <p>Chicken Nuggets Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Fruit Cup</p> <p>Skim or 1% Milk</p>	<p>11-Apr</p> <p>Chef Salad w/ Fajita Chicken & Pretzel</p> <p>Chicken Caesar Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p>	<p>12-Apr</p> <p>No Classes for Scholars</p>
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
<p>22-Apr</p> <p>Chef Salad w/ Orange Chicken & Tortilla Chips</p> <p>Buffalo Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p>	<p><small>Taco Tuesday</small></p> <p>23-Apr</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p>	<p>24-Apr</p> <p>Chef Salad w/Crispy Chicken w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p>	<p>25-Apr</p> <p>Chef Salad w/ Turkey, Cheese & Pretzel</p> <p>Turkey & Cheese Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p>	<p>26-Apr</p> <p>Hot Food Line</p>
<p>29-Apr</p> <p>Chef Salad w/Fajita Chicken Strips w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p>	<p><small>Taco Tuesday</small></p> <p>30-Apr</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p>	<p>1-May</p> <p>Chef Salad w/Chicken Nuggets & Dinner Rolls</p> <p>Chicken Nuggets Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p>	<p>2-May</p> <p>Chef Salad w/ Teriyaki Beef Nuggets & Pretzel</p> <p>Chicken Caesar Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p>	<p>3-May</p> <p>Hot Food Line</p>

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Supper Menu April 2024

1-Apr	2-Apr	3-Apr	4-Apr	5-Apr
Buffalo Chicken Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
8-Apr	9-Apr	10-Apr	11-Apr	12-Apr
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk	Chicken Nuggets w/ WG Dinner Roll Sweet Potato Fries Pineapple Skim or 1% Fat Milk	BBQ Rib Sandwich Seasoned Green Beans Fruit Punch Skim or 1% Fat Milk	<i>No Classes for Scholars</i>
15-Apr	16-Apr	17-Apr	18-Apr	19-Apr
SPRING BREAK!				
22-Apr	23-Apr	24-Apr	25-Apr	26-Apr
Buffalo Chicken Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk	Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk
29-Apr	30-Apr	1-May	2-May	3-May
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk	Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Pineapple Skim or 1% Fat Milk	BBQ Rib Sandwich Seasoned Collards Fruit Punch Skim or 1% Fat Milk	Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.