



HS Breakfast Menu February 2024

| 5-Feb | 6-Feb | 7-Feb | 8-Feb | 9-Feb |
|--|---|--|---|---|
| Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Milk | Assorted Cereal Bars & Yogurt Chicken Biscuit Sandwich Banana Diced Peach Cup Skim or 1% Milk | Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Milk | Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Mandarin Orange Cup Skim or 1% Milk | Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear Skim or 1% Milk |
| 12-Feb | 13-Feb | 14-Feb | 15-Feb | 16-Feb |
| Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins Skim or 1% Milk | Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup Skim or 1% Milk | Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Milk | Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Mandarin Orange Cup Skim or 1% Milk | Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear Skim or 1% Milk |
| 19-Feb | 20-Feb | 21-Feb | 22-Feb | 23-Feb |
|  | Assorted Cereal Bars & Yogurt Chicken Biscuit Sandwich Banana Diced Peach Cup Skim or 1% Milk | Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Milk | Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Milk | Assorted Cereal Bowls Grape Filled Crescent Roll Fruit Salad Cup Fresh Pear Skim or 1% Milk |
| 26-Feb | 27-Feb | 28-Feb | 29-Feb | 1-Mar |
| Assorted Cereal Bowls Strawberry Cream Cheese Mini Bagels Apple Sauce Craisins Skim or 1% Milk | Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Diced Peach Cup Skim or 1% Milk | Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Milk | Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Milk | Assorted Cereal Bowls Assorted WG Breakfast Breads Fruit Salad Cup Fresh Pear Skim or 1% Milk |

While we will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.



HS Lunch Menu February 2024

| 5-Feb | 6-Feb | 7-Feb | 8-Feb | 9-Feb |
|--|---|---|---|--|
| Chicken Wings w/ Corn Bread Muffin Celery Sticks w/ Ranch Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Milk | Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Milk | Crispy Chicken Sandwich w/ Lettuce & Tomato Seasoned Broccoli WG Breaded Onion Rings Strawberries Fruit Cup Skim or 1% Milk | Chili Cheese Dog on WG Bun Crispy Fries Cole Slaw Banana Apple Sauce Skim or 1% Milk | Cheese Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk |
| 12-Feb Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Candied Yams Fruit Punch Fresh Apple Skim or 1% Milk | 13-Feb Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Milk | 14-Feb Salisbury Steak w/ Corn Bread Mashed Potatoes Green Beans Strawberries Fruit Cup Skim or 1% Milk | 15-Feb Crispy Chicken Sandwich w/ Lettuce & Tomato Tater Tots Seasoned Collards Banana Apple Sauce Skim or 1% Milk | 16-Feb Buffalo Chicken Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk |
| 19-Feb  | 20-Feb Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Milk | 21-Feb Chicken Nuggets w/ Dinner Roll Sweet Potato Fries Cole Slaw Strawberries Fruit Cup Skim or 1% Milk | 22-Feb BBQ Rib Sandwich Seasoned Collards Tater Tots Banana Apple Sauce Skim or 1% Milk | 23-Feb Pepperoni Pizza Baby Carrots w/ Ranch Caesar Salad Pineapple Fresh Pear Skim or 1% Milk |
| 26-Feb Spaghetti w/Meatballs & Marinara Seasoned Broccoli Candied Yams Fruit Punch Fresh Apple Skim or 1% Milk | 27-Feb Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Milk | 28-Feb Bacon Cheeseburger w/ Lettuce & Tomato Cucumber & Tomato Cup Oven Baked Fries Strawberries Fruit Cup Skim or 1% Milk | 29-Feb Crispy Chicken Sandwich w/ Lettuce & Tomato Tater Tots Celery Sticks w/ Ranch Banana Apple Sauce Skim or 1% Milk | 1-Mar Cheese Pizza Baby Carrots w/ Ranch Spinach Salad Pineapple Fresh Pear Skim or 1% Milk |

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Salad & Wrap Bar Menu February 2024



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|--|--|---|---|------------------------------------|
| <p>5-Feb</p> <p>Chef Salad w/ Orange Chicken & Tortilla Chips</p> <p>Buffalo Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p> | <p>Taco Tuesday</p> <p>6-Feb</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p> | <p>7-Feb</p> <p>Chef Salad w/Crispy Chicken w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p> | <p>8-Feb</p> <p>Chef Salad w/ Turkey, Cheese & Pretzel</p> <p>Turkey & Cheese Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p> | <p>9-Feb</p> <p>Hot Food Line</p> |
| <p>12-Feb</p> <p>Chef Salad w/ Teriyaki Beef Nuggets & Biscuit</p> <p>Buffalo Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p> | <p>Taco Tuesday</p> <p>13-Feb</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p> | <p>14-Feb</p> <p>Chef Salad w/Chicken Nuggets w/Biscuit</p> <p>Chicken Nuggets Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Fruit Cup</p> <p>Skim or 1% Milk</p> | <p>15-Feb</p> <p>Chef Salad w/ Fajita Chicken & Pretzel</p> <p>Chicken Caesar Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p> | <p>16-Feb</p> <p>Hot Food Line</p> |
| <p>19-Feb</p>  | <p>Taco Tuesday</p> <p>20-Feb</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p> | <p>21-Feb</p> <p>Chef Salad w/Crispy Chicken w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p> | <p>22-Feb</p> <p>Chef Salad w/ Turkey, Cheese & Pretzel</p> <p>Turkey & Cheese Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p> | <p>23-Feb</p> <p>Hot Food Line</p> |
| <p>26-Feb</p> <p>Chef Salad w/Fajita Chicken Strips w/Biscuit</p> <p>Crispy Chicken Wrap</p> <p>Cucumber & Tomato Cup</p> <p>Fruit Punch</p> <p>Fresh Apple</p> <p>Skim or 1% Milk</p> | <p>Taco Tuesday</p> <p>27-Feb</p> <p>Chef Taco Salad w/Tortilla Rounds</p> <p>Old Bay Chicken Salad Wrap</p> <p>Beans & Corn Salsa</p> <p>Orange Wedges</p> <p>Fresh Pear</p> <p>Skim or 1% Milk</p> | <p>28-Feb</p> <p>Chef Salad w/Chicken Nuggets & Dinner Rolls</p> <p>Chicken Nuggets Wrap</p> <p>Parmesan Potatoes</p> <p>Strawberries</p> <p>Pineapple</p> <p>Skim or 1% Milk</p> | <p>29-Feb</p> <p>Chef Salad w/ Teriyaki Beef Nuggets & Pretzel</p> <p>Chicken Caesar Wrap</p> <p>Baby Carrots w/Ranch</p> <p>Banana</p> <p>Apple Sauce</p> <p>Skim or 1% Milk</p> | <p>1-Mar</p> <p>Hot Food Line</p> |

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Supper Menu February 2024

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|---|---|--|---|---|
| 5-Feb | 6-Feb | 7-Feb | 8-Feb | 9-Feb |
| Ranchero Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheese Burger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk |
| 12-Feb | 13-Feb | 14-Feb | 15-Feb | 16-Feb |
| Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk | Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk | Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Pineapple Skim or 1% Fat Milk | BBQ Rib Sandwich Seasoned Green Beans Fruit Punch Skim or 1% Fat Milk | Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |
| 19-Feb | 20-Feb | 21-Feb | 22-Feb | 23-Feb |
|  | Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Plum Skim or 1% Fat Milk | Pasta w/Meatballs & Marinara Seasoned Broccoli Pineapple Skim or 1% Fat Milk | Cheese Burger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk | Chicken Drumstick w/ Dinner Roll Seasoned Collards Fresh Pear Skim or 1% Fat Milk |
| 26-Feb | 27-Feb | 28-Feb | 29-Feb | 1-Mar |
| Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk | Beef & Cheese Macaroni Casserole Seasoned Broccoli Fresh Plum Skim or 1% Fat Milk | Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Pineapple Skim or 1% Fat Milk | BBQ Rib Sandwich Seasoned Collards Fruit Punch Skim or 1% Fat Milk | Orange Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Fresh Pear Skim or 1% Fat Milk |

While we will make every effort to serve the planned menu daily, from time-to-time shortages from suppliers may occur. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.