

HS Breakfast Menu January 2024

1-Jan 	2-Jan	3-Jan Assorted Cereals Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Fat Milk	4-Jan Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	5-Jan Assorted Cereal Bars & Yogurt Assorted WG Breakfast Breads Fresh Pear Apple Sauce Skim or 1% Fat Milk
8-Jan Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Fat Milk	9-Jan Assorted Cereal Bars & Yogurt Beef Sausage Breakfast Burrito Banana Fresh Peach Skim or 1% Fat Milk	10-Jan Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Fat Milk	11-Jan Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	12-Jan Assorted Cereal Bowls Assorted WG Muffins Fresh Pear Apple Sauce Skim or 1% Fat Milk
15-Jan 	16-Jan Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Fresh Peach Skim or 1% Fat Milk	17-Jan Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Fat Milk	18-Jan Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	19-Jan Assorted Cereal Bars & Yogurt Assorted WG Breakfast Breads Fresh Pear Apple Sauce Skim or 1% Fat Milk
22-Jan Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Fat Milk	23-Jan Assorted Cereal Bars & Yogurt Beef Sausage Breakfast Burrito Banana Fresh Peach Skim or 1% Fat Milk	24-Jan Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Fat Milk	25-Jan Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	26-Jan Staff Development Day
29-Jan Assorted Cereal Bowls Bagel w/ Jelly & Cream Cheese Apple Sauce Craisins Skim or 1% Fat Milk	30-Jan Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Fresh Peach Skim or 1% Fat Milk	31-Jan Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Fat Milk	1-Feb Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	2-Feb Assorted Cereal Bars & Yogurt Assorted WG Breakfast Breads Fresh Pear Apple Sauce Skim or 1% Fat Milk

While we will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.

HS Lunch Menu January 2024

1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
		BBQ Rib Sandwich Seasoned Collard Greens Vegetarian Beans Strawberries Apple Sauce Skim or 1% Fat Milk	Buffalo Chicken Sandwich Tater Tots Celery Sticks w/ Ranch Banana Fresh Orange Skim or 1% Fat Milk	Pepperoni Pizza Baby Carrots w/ Ranch Spinach Salad Pineapple Fresh Pear Skim or 1% Fat Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Chicken Wings Vegetable Medley Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Fat Milk	Crispy Chicken Sandwich Seasoned Broccoli Oven Baked Fries Strawberries Pineapple Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Rolls Mashed Potatoes Seasoned Carrots Banana Apple Sauce Skim or 1% Fat Milk	Cheese Pizza Caesar Salad Tater Tots Pineapple Fresh Pear Skim or 1% Fat Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Fat Milk	Bacon Cheeseburger w/ Lettuce & Tomato Crispy French Fries Onion Rings Strawberries Pineapple Skim or 1% Fat Milk	Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Seasoned Broccoli Banana Apple Sauce Skim or 1% Fat Milk	Buffalo Chicken Pizza Baby Carrots w/ Ranch Spinach Salad Pineapple Fresh Peach Skim or 1% Fat Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Chicken & Waffles Seasoned Collard Greens Oven Baked Fries Fruit Punch Fresh Apple Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Fat Milk	Salisbury Steak w/ Dinner Roll Mashed Potatoes Green Beans Strawberries Pineapple Skim or 1% Fat Milk	Pepperoni Pizza Baby Carrots w/ Ranch Spinach Salad Banana Apple Sauce Skim or 1% Fat Milk	Staff Development Day
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Spaghetti w/Meatballs & Marinara Seasoned Broccoli Candied Carrots Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Fat Milk	Bacon Cheeseburger w/ Lettuce & Tomato Cucumber & Tomato Cup Oven Baked Fries Strawberries Pineapple Skim or 1% Fat Milk	Buffalo Chicken Sandwich Tater Tots Celery Sticks w/ Ranch Banana Apple Sauce Skim or 1% Fat Milk	Breaded Mozzarella Sticks w/ Marinara Cup Sweet Potato Fries Spinach Salad Pineapple Fresh Pear Skim or 1% Fat Milk

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Salad & Wrap Bar Menu January 2024



1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
		Chef Salad w/Chicken Nuggets w/Biscuit Chicken Nuggets Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit Chicken Caesar Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Chef Salad w/Teriyaki Chicken & Tortilla Chips Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Crispy Chicken w/Biscuit Crispy Chicken Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Turkey, Cheese & Pretzel Turkey & Cheese Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Chicken Nuggets w/Biscuit Chicken Nuggets Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit Chicken Caesar Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Chef Salad w/Teriyaki Chicken & Tortillas Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Crispy Chicken w/Biscuit Crispy Chicken Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Turkey, Cheese & Pretzel Turkey & Cheese Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Staff Development Day
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Chef Salad w/Fajita Chicken Strips w/Biscuit Crispy Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Chicken Nuggets w/Biscuit Chicken Nuggets Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit Chicken Caesar Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line

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Supper Menu January 2024

1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
		Pasta w/Meatsauce Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Cheese Burger w/Lettuce & Tomatoes Onion Rings Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Mashed Potatoes Fresh Pear Skim or 1% Fat Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Fresh Pear Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Salisbury Steak w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	White Chicken Chili w/ Corn Bread Muffin Seasoned Collard Greens Fresh Pear Skim or 1% Fat Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
	Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Pear Skim or 1% Fat Milk	Pasta w/Meatballs Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Cheese Burger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collard Greens Fresh Pear Skim or 1% Fat Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Chicken Nuggets w/ WG Biscuit Sweet Potato Fries Fresh Pear Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Salisbury Steak w/ Biscuit Mashed Potatoes Fruit Punch Skim or 1% Fat Milk	Staff Development Day
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Ranchero Pizza Caesar Salad Fresh Apple Skim or 1% Fat Milk	Turkey & Gravy w/ Biscuit Mashed Potatoes Fresh Pear Skim or 1% Fat Milk	Pasta w/Meatballs Seasoned Broccoli Pineapple Skim or 1% Fat Milk	Cheese Burger w/Lettuce & Tomatoes Sweet Potato Fries Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Seasoned Collard Greens Fresh Pear Skim or 1% Fat Milk

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