

## HS Breakfast Menu January 2024

Public Charter School			•	
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
مام م		Assorted Cereals	Assorted Cereal Bars & Yogurt	Assorted Cereal Bars & Yogurt
		Southwestern Omelet Bowl	Turkey Bacon, Egg & Cheese Breakfast Sandwich	Assorted WG Breakfast Breads
3 New year		Orange Juice	Fresh Plums	Fresh Pear
1000		Fresh Apple	Fresh Orange	Apple Sauce
		Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bowls
French Toast Sticks	Beef Sausage Breakfast Burrito	Scramble Egg Boat	Turkey Sausage, Egg & Cheese Breakfast Sandwich	Assorted WG Muffins
Apple Sauce	Banana	Orange Juice	Fresh Plums	Fresh Pear
Craisins	Fresh Peach	Fresh Apple	Fresh Orange	Apple Sauce
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
resolute	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bars & Yogurt
	Sausage Pancake Stick	Southwestern Omelet Bowl	Turkey Bacon, Egg & Cheese Breakfast Sandwich	Assorted WG Breakfast Breads
forthright	Banana	Orange Juice	Fresh Plums	Fresh Pear
inclusive coperative rational	Fresh Peach	Fresh Apple	Fresh Orange	Apple Sauce
	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	
French Toast Sticks	Beef Sausage Breakfast Burrito	Scramble Egg Boat	Turkey Sausage, Egg & Cheese Breakfast Sandwich	Staff Development
Apple Sauce	Banana	Orange Juice	Fresh Plums	Day
Craisins	Fresh Peach	Fresh Apple	Fresh Orange	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Assorted Cereal Bowls	Assorted Cereal Bars & Yogurt	Yogurt & Granola Parfait Kit	Assorted Cereal Bars & Yogurt	Assorted Cereal Bars & Yogurt
Bagel w/ Jelly & Cream Cheese	Sausage Pancake Stick	Southwestern Omelet Bowl	Turkey Bacon, Egg & Cheese Breakfast Sandwich	Assorted WG Breakfast Breads
Apple Sauce	Banana	Orange Juice	Fresh Plums	Fresh Pear
Craisins	Fresh Peach	Fresh Apple	Fresh Orange	Apple Sauce
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk

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## HS Lunch Menu January 2024

nenosnip ublic Charter School		115 Editer Wierr	a samaan y 202 i	
1-Jan	Tuo Totalay 2-Jan	3-Jan	4-Jan	5-Jan
		BBQ Rib Sandwich	Buffalo Chicken Sandwich	Pepperoni Pizza
$\alpha \alpha \alpha$		Seasoned Collard Greens	Tater Tots	Baby Carrots w/ Ranch
Adjoy 3		Vegetarian Beans	Celery Sticks w/ Ranch	Spinach Salad
		Strawberries	Banana	Pineapple
THEN YOU		Apple Sauce	Fresh Orange	Fresh Pear
22200000		Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
8-Jan	Timo Torodoy 9-Jan	10-Jan	11-Jan	12-Jan
Chicken Wings	Beef Taco w/Cheese, Lettuce & Tomatoes	Crispy Chicken Sandwich	Chicken Drumstick w/ Dinner Rolls	Cheese Pizza
Vegetable Medley	Roasted Mexican Potatoes	Seasoned Broccoli	Mashed Potatoes	Caesar Salad
Cucumber & Tomato Cup	Black Beans	Oven Baked Fries	Seasoned Carrots	Tater Tots
Fruit Punch	Orange Wedges	Strawberries	Banana	Pineapple
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
Lorented public Composed Semallive	Chicken Taco w/Cheese, Lettuce & Tomatoes	Bacon Cheeseburger w/ Lettuce & Tomato	Teriyaki Beef Nuggets w/ Veggie Fried Rice	Buffalo Chicken Pizza
resolute	Black Beans	Crispy French Fries	Stir Fry Vegetables	Baby Carrots w/ Ranch
	Seasoned Corn	Onion Rings	Seasoned Broccoli	Spinach Salad
forthright	Orange Wedges	Strawberries	Banana	Pineapple
	Fresh Pear	Pineapple	Apple Sauce	Fresh Peach
inclusive coperative cational	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
22-Jan	τωο τυπόση 23-Jan	24-Jan	25-Jan	26-Jan
Chicken & Waffles	Beef Taco w/Cheese, Lettuce & Tomatoes	Salisbury Steak w/ Dinner Roll	Pepperoni Pizza	
Seasoned Collard Greens	Roasted Mexican Potatoes	Mashed Potatoes	Baby Carrots w/ Ranch	ment
Oven Baked Fries	Black Beans	Green Beans	Spinach Salad	Staff Development
Fruit Punch	Orange Wedges	Strawberries	Banana	Day
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
Spaghetti w/Meatballs & Marinara	Chicken Taco w/Cheese, Lettuce & Tomatoes	Bacon Cheeseburger w/ Lettuce & Tomato	Buffalo Chicken Sandwich	Breaded Mozzarella Sticks w/ Marinar Cup
Seasoned Broccoli	Black Beans	Cucumber & Tomato Cup	Tater Tots	Sweet Potato Fries
Candied Carrots	Seasoned Corn	Oven Baked Fries	Celery Sticks w/ Ranch	Spinach Salad
Fruit Punch	Orange Wedges	Strawberries	Banana	Pineapple
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk





## Salad & Wrap Bar Menu January 2024



Public Charter School				
1-Jan	Taco Tuesday 2-Jan	3-Jan	4-Jan	5-Jan
A Day		Chef Salad w/Chicken Nuggets w/Biscuit	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit	
		Chicken Nuggets Wrap	Chicken Caesar Wrap	
		Parmesan Potatoes	Baby Carrots w/Ranch	Hot Food Line
AND VEDE		Strawberries	Banana	
M. O. Cal		Pineapple	Apple Sauce	
		Skim or 1% Fat Milk	Skim or 1% Fat Milk	
8-Jan	Taco Tuesday 9-Jan	10-Jan	11-Jan	12-Jan
Chef Salad w/Teriyaki Chicken & Tortilla Chips	Chef Taco Salad w/Tortilla Rounds	Chef Salad w/Crispy Chicken w/Biscuit	Chef Salad w/ Turkey, Cheese & Pretzel	
Buffalo Chicken Wrap	Old Bay Chicken Salad Wrap	Crispy Chicken Wrap	Turkey & Cheese Wrap	
Cucumber & Tomato Cup	Beans & Corn Salsa	Parmesan Potatoes	Baby Carrots w/Ranch	s ad line
Fruit Punch	Orange Wedges	Strawberries	Banana	Hot Food Line
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
15-Jan	Taco Tuesday 16-Jan	17-Jan	18-Jan	19-Jan
resolute	Chef Taco Salad w/Tortilla Rounds	Chef Salad w/Chicken Nuggets w/Biscuit	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit	
Sec. On the second	Old Bay Chicken Salad Wrap	Chicken Nuggets Wrap	Chicken Caesar Wrap	
Color	Beans & Corn Salsa	Parmesan Potatoes	Baby Carrots w/Ranch	Hot Food Line
forthright	Orange Wedges	Strawberries	Banana	
considerate inclusive	Fresh Pear	Pineapple	Apple Sauce	
rational	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
22-Jan	Taco Tuesday 23-Jan	24-Jan	25-Jan	26-Jan
Chef Salad w/Teriyaki Chicken & Tortillas	Chef Taco Salad w/Tortilla Rounds	Chef Salad w/Crispy Chicken w/Biscuit	Chef Salad w/ Turkey, Cheese & Pretzel	
Buffalo Chicken Wrap	Old Bay Chicken Salad Wrap	Crispy Chicken Wrap	Turkey & Cheese Wrap	ant.
Cucumber & Tomato Cup	Beans & Corn Salsa	Parmesan Potatoes	Baby Carrots w/Ranch	Staff Development
Fruit Punch	Orange Wedges	Strawberries	Banana	Day
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
29-Jan	Taco Tuesday 30-Jan	31-Jan	1-Feb	2-Feb
Chef Salad w/Fajita Chicken Strips w/Biscuit	Chef Taco Salad w/Tortilla Rounds	Chef Salad w/Chicken Nuggets w/Biscuit	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit	
Crispy Chicken Wrap	Old Bay Chicken Salad Wrap	Chicken Nuggets Wrap	Chicken Caesar Wrap	Lling
Cucumber & Tomato Cup	Beans & Corn Salsa	Parmesan Potatoes	Baby Carrots w/Ranch	Hot Food Line
Fruit Punch	Orange Wedges	Strawberries	Banana	
Fresh Apple	Fresh Pear	Pineapple	Apple Sauce	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	

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## Supper Menu January 2024

Public Charter School					
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan	
S. C.		Pasta w/Meatsauce	Cheese Burger w/Lettuce &	Chicken Drumstick w/ Dinner	
(A)		•	Tomatoes	Roll	
		Seasoned Broccoli	Onion Rings	Mashed Potatoes	
3 New Year		Pineapple	Fruit Punch	Fresh Pear	
The state of the s		Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan	
Pepperoni Pizza	Chicken Nuggets w/ WG Biscuit	Beef & Cheese Macaroni Casserole	Salisbury Steak w/ Biscuit	White Chicken Chili w/ Corn Bread Muffin	
Crispy Fries	Sweet Potato Fries	Seasoned Broccoli	Mashed Potatoes	Seasoned Collard Greens	
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	Fresh Pear	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan	
respectful resolute	Turkey & Gravy w/ Biscuit	Pasta w/Meatballs	Cheese Burger w/Lettuce & Tomatoes	Chicken Drumstick w/ Dinner Roll	
	Mashed Potatoes	Seasoned Broccoli	Sweet Potato Fries	Seasoned Collard Greens	
forthright	Fresh Pear	Pineapple	Fruit Punch	Fresh Pear	
COINSIDER OF THE PROPERTY OF T	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan	
Pepperoni Pizza	Chicken Nuggets w/ WG	Beef & Cheese Macaroni	Salisbury Steak w/ Biscuit		
Crismy Fries	Biscuit Sweet Potato Fries	Casserole Seasoned Broccoli	Mashed Potatoes	Staff Development	
Crispy Fries				Staff Develor	
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	Jai	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
29-Jan	30-Jan	31-Jan	1-Feb	2-Feb	
Ranchero Pizza	Turkey & Gravy w/ Biscuit	Pasta w/Meatballs	Cheese Burger w/Lettuce & Tomatoes	Chicken Drumstick w/ Dinner Roll	
Caesar Salad	Mashed Potatoes	Seasoned Broccoli	Sweet Potato Fries	Seasoned Collard Greens	
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	Fresh Pear	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
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