



HS Breakfast Menu December 2023

4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Assorted Cereal Bowls Bagel w/ Jelly & Cream Cheese Apple Sauce Craisins Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Fresh Peach Skim or 1% Fat Milk	Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Sandwich Fresh Plums Fresh Orange Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Assorted WG Breakfast Breads Fresh Pear Apple Sauce Skim or 1% Fat Milk
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Assorted Cereal Bowls French Toast Sticks Apple Sauce Craisins Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Beef Sausage Breakfast Burrito Banana Fresh Peach Skim or 1% Fat Milk	Yogurt & Granola Parfait Kit Scramble Egg Boat Orange Juice Fresh Apple Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Turkey Sausage, Egg & Cheese Breakfast Fresh Plums Fresh Orange Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Assorted WG Muffins Fresh Pear Apple Sauce Skim or 1% Fat Milk
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Assorted Cereal Bowls Bagel w/ Jelly & Cream Cheese Apple Sauce Craisins Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Sausage Pancake Stick Banana Fresh Peach Skim or 1% Fat Milk	Yogurt & Granola Parfait Kit Southwestern Omelet Bowl Orange Juice Fresh Apple Skim or 1% Fat Milk	Assorted Cereal Bars & Yogurt Turkey Bacon, Egg & Cheese Breakfast Fresh Plums Fresh Orange Skim or 1% Fat Milk	



HS Lunch Menu December 2023

4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Breaded Cheese Sticks w/Marinara Dipping Cup Crispy French Fries Baby Carrots w/ Ranch Fruit Punch Fresh Apple Skim or 1% Fat Milk	<small>Taco Tuesday</small> Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Fat Milk	BBQ Rib Sandwich Seasoned Collard Greens Vegetarian Beans Strawberries Pineapple Skim or 1% Fat Milk	Buffalo Chicken Sandwich w/Lettuce & Tomatoes Tater Tots Celery Sticks w/ Ranch Banana Apple Sauce Skim or 1% Fat Milk	Pepperoni Pizza Baby Carrots w/ Ranch Spinach Salad Pineapple Fresh Peach Skim or 1% Fat Milk
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Chicken Nuggets w/ Dinner Roll Vegetable Medley Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	<small>Taco Tuesday</small> Beef Taco w/Cheese, Lettuce & Tomatoes Roasted Mexican Potatoes Black Beans Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chicken Drumstick w/ Biscuit Seasoned Collard Greens Sweet Potato Fries Strawberries Pineapple Skim or 1% Fat Milk	Teriyaki Beef Nuggets w/ Veggie Fried Rice Stir Fry Vegetables Onion Rings Banana Apple Sauce Skim or 1% Fat Milk	Cheese Pizza Caesar Salad Tater Tots Pineapple Fresh Peach Skim or 1% Fat Milk
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Spaghetti w/Meatballs & Marinara Seasoned Broccoli Side Salad Fruit Punch Fresh Apple Skim or 1% Fat Milk	<small>Taco Tuesday</small> Chicken Taco w/Cheese, Lettuce & Tomatoes Black Beans Seasoned Corn Orange Wedges Fresh Pear Skim or 1% Fat Milk	BBQ Rib Sandwich Seasoned Collard Greens Vegetarian Beans Strawberries Pineapple Skim or 1% Fat Milk	Buffalo Chicken Sandwich w/Lettuce & Tomatoes Tater Tots Celery Sticks w/ Ranch Banana Apple Sauce Skim or 1% Fat Milk	



HS Salad & Wrap Bar Menu December 2023



4-Dec	Taco Tuesday 5-Dec	6-Dec	7-Dec	8-Dec
Chef Salad w/Fajita Chicken Strips w/Biscuit Crispy Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Chicken Nuggets w/Biscuit Chicken Nuggets Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit Chicken Caesar Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line
11-Dec	Taco Tuesday 12-Dec	13-Dec	14-Dec	15-Dec
Chef Salad w/Teriyaki Chicken & Tortillas Buffalo Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Crispy Chicken w/Biscuit Crispy Chicken Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Turkey, Cheese & Pretzel Turkey & Cheese Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	Hot Food Line
18-Dec	Taco Tuesday 19-Dec	20-Dec	21-Dec	22-Dec
Chef Salad w/Fajita Chicken Strips w/Biscuit Crispy Chicken Wrap Cucumber & Tomato Cup Fruit Punch Fresh Apple Skim or 1% Fat Milk	Chef Taco Salad w/Tortilla Rounds Old Bay Chicken Salad Wrap Beans & Corn Salsa Orange Wedges Fresh Pear Skim or 1% Fat Milk	Chef Salad w/Chicken Nuggets w/Biscuit Chicken Nuggets Wrap Parmesan Potatoes Strawberries Pineapple Skim or 1% Fat Milk	Chef Salad w/ Teriyaki Beef Nuggets & Biscuit Chicken Caesar Wrap Baby Carrots w/Ranch Banana Apple Sauce Skim or 1% Fat Milk	



Supper Menu December 2023

4-Dec	5-Dec	6-Dec	7-Dec	8-Dec
Cheese Pizza	Turkey Hot Dog on WG Bun	Pasta w/Meatsauce	Cheese Burger w/Lettuce & Tomatoes	Chicken Drumstick w/ Dinner Roll
Crispy Fries	Sweet Potato Fries	Seasoned Broccoli	Onion Rings	Mashed Potatoes
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	Fresh Peach
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
11-Dec	12-Dec	13-Dec	14-Dec	15-Dec
Pepperoni Pizza	Chicken Nuggets w/ WG Biscuit	Beef & Cheese Macaroni Casserole	Salisbury Steak w/ Biscuit	White Chicken Chili w/ Corn Bread Muffin
Crispy Fries	Sweet Potato Fries	Seasoned Broccoli	Mashed Potatoes	Seasoned Collard Greens
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	Fresh Peach
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
18-Dec	19-Dec	20-Dec	21-Dec	22-Dec
Ranchero Pizza	Turkey & Gravy w/ Biscuit	Pasta w/Meatballs	Cheese Burger w/Lettuce & Tomatoes	
Caesar Salad	Mashed Potatoes	Seasoned Broccoli	Sweet Potato Fries	
Fresh Apple	Fresh Pear	Pineapple	Fruit Punch	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	