



Pre-K Breakfast Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Assorted Cereal Bars Fruit Cup Skim or 1% Fat Milk	Sausage Pancake Stick Banana Skim or 1% Fat Milk	Mini Maple Waffles Orange Juice Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Assorted Cereal Bowls Apple Sauce Skim or 1% Fat Milk	Chicken Biscuit Sandwich Banana Skim or 1% Fat Milk	Apple Frudel Orange Juice Skim or 1% Fat Milk	Beef Sausage & Cheese Sandwich Mango Cup Skim or 1% Fat Milk	Assorted WG Muffins Pear Cup Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Assorted Cereal Bars Fruit Cup Skim or 1% Fat Milk	Sausage Pancake Stick Banana Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Assorted Cereal Bowls Apple Sauce Skim or 1% Fat Milk	Chicken Biscuit Sandwich Orange Juice Skim or 1% Fat Milk	French Toast Mini Banana Skim or 1% Fat Milk	Beef Sausage & Cheese Sandwich Mango Cup Skim or 1% Fat Milk	Assorted WG Breakfast Breads Fresh Pear Skim or 1% Fat Milk



K - 8 Breakfast Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Assorted Cereal Bars & Yogurt Fruit Cup Grape Juice Skim or 1% Fat Milk	Sausage Pancake Stick Banana Applesauce Skim or 1% Fat Milk	Maple Waffles Pear Cup Fresh Apple Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Assorted Cereal Bowls Apple Sauce Craisins Skim or 1% Fat Milk	Chicken Biscuit Sandwich Banana Pear Cup Skim or 1% Fat Milk	Apple Frudel Orange Juice Fresh Apple Skim or 1% Fat Milk	Beef Sausage & Cheese Sandwich Mango Cup Fresh Orange Skim or 1% Fat Milk	Assorted WG Muffins Fruit Cup Fresh Pear Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Assorted Cereal Bars & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	Sausage Pancake Stick Banana Grape Juice Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Assorted Cereal Bowls Apple Sauce Craisins Skim or 1% Fat Milk	Chicken Biscuit Sandwich Banana Pear Cup Skim or 1% Fat Milk	French Toast Mini Orange Juice Fresh Apple Skim or 1% Fat Milk	Beef Sausage & Cheese Sandwich Mango Cup Fresh Orange Skim or 1% Fat Milk	Assorted WG Breakfast Breads Fruit Cup Fresh Pear Skim or 1% Fat Milk



Pre-K Lunch Menu November 2023

6-Nov	Taco Tuesday 7-Nov	8-Nov	9-Nov	10-Nov
Breaded Cheese Sticks w/Marinara Dipping Cup Crispy French Fries Fruit Punch Skim or 1% Fat Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Bean & Corn Salsa Orange Wedges Skim or 1% Fat Milk	BBQ Rib Sandwich Cole Slaw Fruit Cup Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	Taco Tuesday 14-Nov	15-Nov	16-Nov	17-Nov
Chicken Nuggets Onion Rings Diced Pears Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Rice & Beans Orange Wedges Skim or 1% Fat Milk	Grilled Cheese Sandwich Seasoned Corn Fruit Cup Skim or 1% Fat Milk	Roast Turkey w/Gravy Stuffing Mashed Sweet Potatoes Apple Crisp Skim or 1% Fat Milk	Cheese Pizza Sweet Potato Fries Apple Sauce Skim or 1% Fat Milk
20-Nov	Taco Tuesday 21-Nov	22-Nov	23-Nov	24-Nov
Spaghetti w/Meatballs & Marinara Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Bean & Corn Salsa Orange Wedges Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	Taco Tuesday 28-Nov	29-Nov	30-Nov	1/2 day 1-Dec
Chicken Pot Pie Collard Greens Diced Pears Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Rice & Beans Orange Wedges Skim or 1% Fat Milk	Chicken Drumstick w/Dinner Roll Parmesan Potatoes Fruit Cup Skim or 1% Fat Milk	Hot Dog on Bun Vegetarian Beans Banana Skim or 1% Fat Milk	Cheese Pizza Sweet Potato Fries Apple Sauce Skim or 1% Fat Milk



K - 5 Lunch Menu November 2023

6-Nov	Taco Tuesday 7-Nov	8-Nov	9-Nov	10-Nov
Breaded Cheese Sticks w/Marinara Dipping Cup Crispy French Fries Fruit Punch Skim or 1% Fat Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Bean & Corn Salsa Orange Wedges Skim or 1% Fat Milk	BBQ Rib Sandwich Seasoned Collard Greens Cole Slaw Fruit Cup Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	Taco Tuesday 14-Nov	15-Nov	16-Nov	17-Nov
Chicken Nuggets Onion Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Rice & Beans Orange Wedges Skim or 1% Fat Milk	Grilled Cheese Sandwich Tomato Soup Seasoned Corn Fruit Cup Skim or 1% Fat Milk	Roast Turkey w/Gravy Stuffing Mashed Sweet Potatoes Seasoned Collard Green Apple Crisp Skim or 1% Fat Milk	Cheese Pizza Tater Tots Caesar Salad Apple Sauce Skim or 1% Fat Milk
20-Nov	Taco Tuesday 21-Nov	22-Nov	23-Nov	24-Nov
Spaghetti w/Meatballs & Marinara Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Chicken Taco w/Cheese, Lettuce & Tomatoes Black Bean & Corn Salsa Orange Wedges Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	Taco Tuesday 28-Nov	29-Nov	30-Nov	1-Dec
Chicken Pot Pie Collard Greens Diced Pears Skim or 1% Fat Milk	Beef Taco w/Cheese, Lettuce & Tomatoes Rice & Beans Orange Wedges Skim or 1% Fat Milk	Chicken Drumstick w/Dinner Roll Parmesan Potatoes Seasoned Corn Fruit Cup Skim or 1% Fat Milk	Hot Dog on Bun Vegetarian Beans Cole Slaw Banana Skim or 1% Fat Milk	Cheese Pizza Sweet Potato Fries Caesar Salad Apple Sauce Skim or 1% Fat Milk



6 - 8 Lunch Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Breaded Cheese Sticks w/Marinara Dipping Cup Chef Salad w/Chicken Nuggets w/Biscuit Crispy French Fries Baby Carrots w/Dipping Sauce Fruit Punch Skim or 1% Fat Milk	Taco Tuesday Chicken Taco w/Cheese, Lettuce & Tomatoes Chef Taco Salad w/Tortilla Rounds Black Bean & Corn Salsa Orange Skim or 1% Fat Milk	BBQ Rib Sandwich Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Collard Greens Cole Slaw Fruit Cup Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Chicken Nuggets w/Dinner Roll Chef Salad w/ Orange Chicken & Dinner Roll Onion Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk	Taco Tuesday Beef Taco w/Cheese, Lettuce & Tomatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Orange Skim or 1% Fat Milk	Grilled Cheese Sandwich Chef Salad w/Crispy Chicken w/Dinner Roll Tomato Soup Lettuce & Tomato Cup Fruit Cup Skim or 1% Fat Milk	Roast Turkey w/Gravy & Dinner Roll Stuffing Mashed Sweet Potatoes Seasoned Collard Green Apple Crisp Skim or 1% Fat Milk	Cheese Pizza Tater Tots Caesar Salad Apple Sauce Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk	Taco Tuesday Chicken Taco w/Cheese, Lettuce & Tomatoes Chef Taco Salad w/Tortilla Rounds Black Bean & Corn Salsa Orange Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Skim or 1% Fat Milk	Taco Tuesday Beef Taco w/Cheese, Lettuce & Tomatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Orange Skim or 1% Fat Milk	Chicken Drumstick w/Dinner Roll Chef Salad w/Crispy Chicken w/Dinner Roll Parmesan Potatoes Seasoned Corn Fruit Cup Skim or 1% Fat Milk	Chili Cheese Dog Chef Salad w/ Turkey Ham, Cheese & Dinner Roll Vegetarian Beans Cole Slaw Banana Skim or 1% Fat Milk	Buffalo Chicken Pizza Sweet Potato Fries Caesar Salad Apple Sauce Skim or 1% Fat Milk



Supper Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Pepperoni Pizza Onion Rings Orange Juice Skim or 1% Fat Milk	Chicken Teriyaki w/ Fried Rice Stir Fry Vegetables Pineapple Cup Skim or 1% Fat Milk	Crispy Chicken Sandwich w/Lettuce & Tomatoes Tater Tots Orange Skim or 1% Fat Milk	No School for Students	Holiday
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Cheese Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Hot Dog Vegetarian Beans Pineapple Cup Skim or 1% Fat Milk	Pasta w/Meatsauce Seasoned Broccoli Apple Sauce Skim or 1% Fat Milk	Cheese Burger w/Lettuce & Tomatoes Onion Rings Fruit Punch Skim or 1% Fat Milk	Chicken Drumstick w/ Dinner Roll Baby Carrots w/ Dressing Fresh Pear Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Pepperoni Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Chicken Nuggets w/ WG Biscuit Tater Tots Pineapple Cup Skim or 1% Fat Milk	No School	Holiday	No School
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Cheese Pizza Crispy Fries Fresh Apple Skim or 1% Fat Milk	Thai Chili Chicken w/ Vegetable Fried Rice Stir Fry Vegetables Pineapple Cup Skim or 1% Fat Milk	Beef & Cheese Macaroni Casserole Caesar Salad Mango Cup Skim or 1% Fat Milk	Cheeseburger w/Lettuce & Tomatoes Onion Rings Fresh Orange Skim or 1% Fat Milk	Breaded Cheese Sticks w/Marinara Dipping Cup Seasoned Broccoli Fresh Pear Skim or 1% Fat Milk