

Pre-K Breakfast Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Assorted Cereal Bars	Sausage Pancake Stick	Mini Maple Waffles	No School for Students	a a 89 dana
Fruit Cup	Banana	Orange Juice	see actions for attidents	Holiday
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Assorted Cereal Bowls	Chicken Biscuit Sandwich	Apple Frudel	Beef Sausage & Cheese Sandwich	Assorted WG Muffins
Apple Sauce	Banana	Orange Juice	Mango Cup	Pear Cup
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Nov	21-Nov	22 N		
20 1101	21-NOV	22-Nov	23-Nov	24-Nov
Assorted Cereal Bars	Sausage Pancake Stick	22-Nov		24-Nov
		No School	23-Nov	24-Nov No School
Assorted Cereal Bars	Sausage Pancake Stick			
Assorted Cereal Bars Fruit Cup	Sausage Pancake Stick Banana			
Assorted Cereal Bars Fruit Cup Skim or 1% Fat Milk	Sausage Pancake Stick Banana Skim or 1% Fat Milk	No School	Holiday	No School
Assorted Cereal Bars Fruit Cup Skim or 1% Fat Milk 27-Nov	Sausage Pancake Stick Banana Skim or 1% Fat Milk 28-Nov	No School 29-Nov	30-Nov Beef Sausage & Cheese	No School 1-Dec Assorted WG Breakfast



K - 8 Breakfast Menu November 2023

6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Assorted Cereal Bars & Yogurt	Sausage Pancake Stick	Maple Waffles	No School for Students	Holiday
Fruit Cup	Banana	Pear Cup		
Grape Juice	Applesauce	Fresh Apple	to serious for squaents	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Assorted Cereal Bowls	Chicken Biscuit Sandwich	Apple Frudel	Beef Sausage & Cheese Sandwich	Assorted WG Muffins
Apple Sauce	Banana	Orange Juice	Mango Cup	Fruit Cup
Craisins	Pear Cup	Fresh Apple	Fresh Orange	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Assorted Cereal Bars & Yogurt	Sausage Pancake Stick			
Apple Sauce	Banana	No School	Holiday	No School
Craisins	Grape Juice	- Control	H000000	MO SCHOOL
Skim or 1% Fat Milk	Skim or 1% Fat Milk			
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Assorted Cereal Bowls	Chicken Biscuit Sandwich	French Toast Mini	Beef Sausage & Cheese Sandwich	Assorted WG Breakfast Breads
Apple Sauce	Banana	Orange Juice	Mango Cup	Fruit Cup
Craisins	Pear Cup	Fresh Apple	Fresh Orange	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk





Pre-K Lunch Menu November 2023

6-Nov	Taco Tuesday 7-Nov	8-Nov	9-Nov	10-Nov
Breaded Cheese Sticks w/Marinara Dipping Cup	Chicken Taco w/Cheese, Lettuce & Tomatoes	BBQ Rib Sandwich		
Crispy French Fries	Black Bean & Corn Salsa	Cole Slaw	No School for Students	Holiday
Fruit Punch	Orange Wedges	Fruit Cup		
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
13-Nov	Taco Tuesday 14-Nov	15-Nov	16-Nov	17-Nov
Chicken Nuggets	Beef Taco w/Cheese, Lettuce & Tomatoes	Grilled Cheese Sandwich	Roast Turkey w/Gravy	Cheese Pizza
Onion Rings	Rice & Beans	Seasoned Corn	Stuffing	Sweet Potato Fries
Diced Pears	Orange Wedges	Fruit Cup	Mashed Sweet Potatoes	Apple Sauce
			Apple Crisp	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Nov	Taco Tuesday 21-Nov	22-Nov	23-Nov	24-Nov
Spaghetti w/Meatballs & Marinara	Chicken Taco w/Cheese, Lettuce & Tomatoes			
Seasoned Broccoli	Black Bean & Corn Salsa	No School	Holiday	No School
Fruit Punch	Orange Wedges			199 000
Skim or 1% Fat Milk	Skim or 1% Fat Milk			
27-Nov	Taco Tuesday 28-Nov	29-Nov	30-Nov	1/2 day 1-Dec
Chicken Pot Pie	Beef Taco w/Cheese, Lettuce & Tomatoes	Chicken Drumstick w/Dinner Roll	Hot Dog on Bun	Cheese Pizza
Collard Greens	Rice & Beans	Parmesan Potatoes	Vegetarian Beans	Sweet Potato Fries
Diced Pears	Orange Wedges	Fruit Cup	Banana	Apple Sauce
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk





K - 5 Lunch Menu November 2023

Fublic Charter Scriool				
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Breaded Cheese Sticks w/Marinara Dipping Cup	Chicken Taco w/Cheese, Lettuce & Tomatoes	BBQ Rib Sandwich		
Crispy French Fries	Black Bean & Corn Salsa	Seasoned Collard Greens		
		Cole Slaw	No School for Students	Holiday
Fruit Punch	Orange Wedges	Fruit Cup		
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
13-Nov	Taco Tuesday 14-Nov	15-Nov	16-Nov	17-Nov
Chicken Nuggets	Beef Taco w/Cheese, Lettuce & Tomatoes	Grilled Cheese Sandwich	Roast Turkey w/Gravy	Cheese Pizza
Onion Rings	Rice & Beans	Tomato Soup	Stuffing	Tater Tots
Cucumber & Tomato Cup		Seasoned Corn	Mashed Sweet Potatoes	Caesar Salad
Diced Pears	Orange Wedges	Fruit Cup	Seasoned Collard Green	Apple Sauce
			Apple Crisp	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Nov	Taco Tuesday 21-Nov	22-Nov	23-Nov	24-Nov
Spaghetti w/Meatballs & Marinara	Chicken Taco w/Cheese, Lettuce & Tomatoes			
Seasoned Broccoli	Black Bean & Corn Salsa			
		No School	Holiday	No School
Fruit Punch	Orange Wedges			
Skim or 1% Fat Milk	Skim or 1% Fat Milk			
27-Nov	Taco Tuesday 28-Nov	29-Nov	30-Nov	1-Dec
Chicken Pot Pie	Beef Taco w/Cheese, Lettuce & Tomatoes	Chicken Drumstick w/Dinner Roll	Hot Dog on Bun	Cheese Pizza
Collard Greens	Rice & Beans	Parmesan Potatoes	Vegetarian Beans	Sweet Potato Fries
		Seasoned Corn	Cole Slaw	Caesar Salad
Diced Pears	Orange Wedges	Fruit Cup	Banana	Apple Sauce
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
	•	•		





6 - 8 Lunch Menu November 2023

Breaded Cheese Sticks W/Marinara Director (Cheer Taco Salad w/Tortilla Rounds Black Bean & Corn Salas W/Chicken Tutgets w/Biscutt Crispy French Fries Black Bean & Corn Salas W/Chicken Ruggets w/Biscutt Crispy French Fries Black Bean & Corn Salas W/Chicken Ruggets w/Biscutt Collard Greens Collard Greens Collard Greens Country (Cheer Stirps W/Gravy & Dinner Roll Cheer Stirps W/Gravy & Dinner Roll Cheese Pitza Cheer Stirps Cucumbre & Tomato Cup Diced Pears Orange Fruit Cup Skim or 1% Fat Milk Skim or 1% Fat M	r dolle er action				
Dipping Cup Chef Salad w/Chicken Nuggets w/Biscuit Crispy French Fries Babx Carrots w/Dipping Sauce Fruit Punch Skim or 1% Fat Milk Sim or 1% Fat Milk Orange Chef Taco Salad w/Tortilla Rounds Skim or 1% Fat Milk Chef Taco Salad w/Tortilla Rounds Chef Taco Salad w/Tortilla Rounds Chef Taco Salad w/Tortilla Rounds Skim or 1% Fat Milk Chef Taco Salad w/Tortilla Rounds Chef Taco Salad w/Tortilla Rounds Skim or 1% Fat Milk Chef Taco Salad w/Tortilla Rounds Chef Salad w/Tortilla	6-Nov	Taco Tuesday 7-Nov	8-Nov	9-Nov	10-Nov
Chef Salad w/Chicken Nuggets w/Biscuit Crispy French Fries Bably Carrots w/Disping Sauce Friir Punch Skim or 1% Fat Milk Skim	-	1	BBQ Rib Sandwich		
Crispy French Fries Baby Carrots w/Dipping Sauce Fruit Punch Skim or 1% Fat Milk Skim					
Baby Carrots w/Dipping Sauce Fruit Punch Skim or 1% Fat Milk Orange Chicken & Dinner Roll Onion Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk Seasoned Broccoli Fruit Punch Orange Skim or 1% Fat Milk Skim or 1% Fa	, 55 ,	,	•		
Fruit Punch Skim or 13s Fat Milk 13-Nov 14-Nov 15-Nov 16-Nov 16-Nov 17-Nov 17-Nov 17-Nov 17-Nov 18-Salad w/ Orange Chicken Ruggets w/Dinner Roll Chef Salad w/ Orange Chicken Roll Onion Rings Cucumbre & Tomato Cup Diced Pears Skim or 13s Fat Milk 20-Nov Spaghetti w/Meatballis & Marinara Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoll Fruit Punch Skim or 13s Fat Milk 27-Nov 28-Nov 28-Nov 28-Nov 29-Nov 10-Nov 16-Nov 17-Nov 18-Fat Milk Stuffing Tater Tots Stuffing Tater Tots Seasoned Collard Green Apple Crisp Apple Crisp Apple Crisp Apple Crisp Apple Sauce Skim or 13s Fat Milk 21-Nov Chicken Faco Salad w/Tortilla Rounds Black Bean & Corn Salsa Orange Chef Taco Salad w/Tortilla Rounds Rice & Beans Chef Salad w/Crisp Chicken w/Dinner Roll Chicken Pot Pie Chi	1,	Black Bean & Corn Salsa		No School for Students	Holiday
Skim or 1% Fat Milk 13-Nov Chicken Nuggets w/Dinner Roll Chef Salad w/ Orange Chicken Binner Roll Onlon Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk 20-Nov Chicken Stalad w/Fajita Chicken Strips w/Biscult Seasoned Broccoll Fruit Punch Skim or 1% Fat Milk Skim or 1% Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Chef Taco Salad w/Tortilla Rounds Rice & Beans Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk 20-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscult Seasoned Broccoll Fruit Punch Skim or 1% Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/Tortilla Rounds Rice & Beans Chef Taco Salad w/Tortilla Rounds Rice & Beans Chef Taco Salad w/Tortilla Rounds Roll Chef Taco Salad w/Tortilla Rounds Roll Chicken Pot Pie Chef Salad w/Tortilla Rounds Roll Roll Chicken Pot Pie Chef Salad w/Torange Chicken & Dinner Roll Mashed Potatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Chicken Pot Pie Chef Salad w/Torange Chicken & Dinner Roll Mashed Potatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Apple Sauce Chicken Pot Pie Chef Salad w/Torange Chicken & Dinner Roll Parmesan Potatoes Chef Salad w/Torange Chicken & Dinner Roll Vegetarian Beans Caesar Salad Chef Salad w/Torange Chicken & Dinner Roll Vegetarian Beans Caesar Salad Chef Salad w/Torange Chicken & Dinner Roll Chef Salad w/Torange Chicken & Dinner Roll Vegetarian Beans Caesar Salad Chef Salad w/Torange Name Sasoned Corn Cole Slaw Apple Sauce					
13-Nov 14-Nov 15-Nov 15-Nov 16-Nov 17-Nov 16-Nov 17-Nov 16-Nov 17-Nov 16-Nov 17-Nov 16-Nov 17-Nov 16-Nov 17-Nov 17		_	·		
Chicken Nuggets w/Dinner Roll Chef Salad w/ Orange Chicken & Dinner Roll Onion Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk 20-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Tortilla Rounds Fruit Punch Skim or 1% Fat Milk 27-Nov Chicken Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/Tortilla Rounds Skim or 1% Fat Milk 27-Nov Chicken Roll Chef Salad w/Tortilla Rounds Black Beans Conage Skim or 1% Fat Milk Skim or 1% Fat Milk Chef Salad w/Tortilla Rounds Black Beans Conage Chef Salad w/Tortilla Rounds Skim or 1% Fat Milk Chef Salad w/Tortilla Rounds Black Beans Conage Chef Salad w/Tortilla Rounds Chef Salad w/Tortilla Rounds Rice & Beans Conage Chef Salad w/Tortilla Rounds Chef Salad w/Tortilla Rounds Rice & Beans Conage Chef Salad w/Tortilla Rounds Rice & Beans Collard Greens Chef Salad w/Tortilla Rounds Rice & Beans Collard Greens Chef Salad w/Tortilla Rounds Rice & Beans Conage Fruit Cup Roll Chef Salad w/Torty Ham, Cheese & Dinner Roll Vegetarian Beans Cole Slaw Chef Salad w/ Drarkey Ham, Cheese & Dinner Roll Vegetarian Beans Caesar Salad Chef Salad w/ Apple Sauce Apple Sauce Apple Sauce Chef Salad w/ Caesar Salad		Luci Cara Cara Cara Cara Cara Cara Cara Car			
Chef Salad w/ Orange Chicken & Dinner Roll Onion Rings Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk 20-Nov Spaghetti w/Meaballs & Marinara Chef Salad w/Faijita Chicken Strips Wighiscuit Seasoned Broccoli Fruit Punch Skim or 1% Fat Milk Skim or 1% Fat Milk Skim or 1% Fat Milk Seasoned Broccoli Fruit Punch Chicken Por Dise Skim or 1% Fat Milk Skim or 1% Fat Milk Skim or 1% Fat Milk Seasoned Broccoli Fruit Punch Chicken Por Dise Skim or 1% Fat Milk Skim o	13-Nov	Taco Tuesday 14-Nov	15-Nov	16-Nov	17-Nov
Roll Stuffing later lots Onlon Rings Onlon Rings Rice & Beans Roll Tomato Soup Mashed Sweet Potatoes Caesar Salad Cucumber & Tomato Cup Diced Pears Orange Fritt Cup Apple Crisp Apple Sauce Skim or 1% Fat Milk Skim or 1% Fat M	Chicken Nuggets w/Dinner Roll	Beef Taco w/Cheese, Lettuce & Tomatoes	Grilled Cheese Sandwich	Roast Turkey w/Gravy & Dinner Roll	Cheese Pizza
Cucumber & Tomato Cup Diced Pears Skim or 1% Fat Milk Z2-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscult Seasoned Broccoli Black Bean & Corn Salsa Fruit Punch Orange Skim or 1% Fat Milk Skim or 1% Fat Milk Z2-Nov Skim or 1% Fat Milk Skim or 1% Fat Milk C2-Nov Skim or 1% Fat Milk Skim or 1% Fat Milk C2-Nov Skim or 1% Fat Milk Skim or 1% Fat Milk C2-Nov Chicken Pot Pie Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Collard Green Diced Pears Orange Fruit Cup Seasoned Collard Green Apple Sauce Skim or 1% Fat Milk Chef Salad w/ Orange Chicken & Dinner Roll Chef Salad w/ Orange Chicken & Dinner Roll Chef Salad w/ Orange Chicken & Dinner Roll Chef Salad w/ Turkey Ham, Cheese & Dinner Roll Vegetarian Beans Caesar Salad Caesar Salad Collard Greens Diced Pears Orange Fruit Cup Banana Apple Sauce		Chef Taco Salad w/Tortilla Rounds	• • • •	Stuffing	Tater Tots
Diced Pears Skim or 1% Fat Milk 20-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoli Fruit Punch Orange Skim or 1% Fat Milk Skim or 1% Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Chef Taco Salad w/Tortilla Rounds Rice & Beans Parmesan Potatoes Chef Salad w/Crispp Chicken w/Dinner Roll Parmesan Potatoes Seasoned Corn Coled Slaw Diced Pears Orange Fruit Cup Apple Crisp Skim or 1% Fat Milk Skim or 1% Fat Milk Skim or 1% Fat Milk 22-Nov 23-Nov 24-Nov 25-Nov 25-Nov 26-Nov 26-Nov 29-Nov 30-Nov 1-Dec Chili Cheese Dog Chef Salad w/Turkey Ham, Cheese & Dinner Roll Vegetarian Beans Caesar Salad Caesar Salad Caesar Salad Caesar Salad Apple Sauce	Onion Rings	Rice & Beans	Tomato Soup	Mashed Sweet Potatoes	Caesar Salad
Skim or 1% Fat Milk 20-Nov 20-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoli Fruit Punch Orange Skim or 1% Fat Milk 27-Nov Chicken Faco Salad w/Tortilla Rounds Skim or 1% Fat Milk 29-Nov 30-Nov 1-Dec Chicken Pot Pie Chef Salad w/Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Orange Orange Fruit Cup Banana Apple Sauce	Cucumber & Tomato Cup		Lettuce & Tomato Cup	Seasoned Collard Green	
20-Nov Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Taco w/Cheese, Lettuce & Tomatoes Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoli Black Bean & Corn Salsa Woschool Black Bean & Caesar Salad Caesar Salad Woschool Black Bean & Caesar Sa	Diced Pears	Orange	Fruit Cup	Apple Crisp	Apple Sauce
Spaghetti w/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips w/Biscuit Seasoned Broccoli Fruit Punch Orange Skim or 1% Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Orange Spaghetti w/Meatballs & Marinara Chicken Taco w/Cheese, Lettuce & Tomatoes Chef Taco Salad w/Tortilla Rounds No School Holiday Holiday Holiday No School Holiday Holiday No School Holiday No School Holiday Holiday No School Holiday No School Holiday No Schoo	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
Spagmett W/Meatballs & Marinara Chef Salad w/Fajita Chicken Strips	20-Nov	Taco Tuesday 21-Nov	22-Nov	23-Nov	24-Nov
W/Biscuit Seasoned Broccoli Black Bean & Corn Salsa Black Bean & Corn Black Black Bean Black Bean Black Black Black Black Bean Black Bean Black Black Bean Black Bean Black Blac	Spaghetti w/Meatballs & Marinara				
Fruit Punch Skim or 1% Fat Milk 27-Nov Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Orange Orange Skim or 1% Fat Milk 28-Nov 29-Nov 29-Nov 30-Nov 1-Dec Chicken Drumstick w/Dinner Roll Chili Cheese Dog Chicken W/Dinner Roll Chef Salad w/Crispy Chicken w/Dinner Roll Parmesan Potatoes Seasoned Corn Fruit Cup Banana Apple Sauce		Chef Taco Salad w/Tortilla Rounds			
Skim or 1% Fat Milk 27-Nov Taxo Tunder 28-Nov Z8-Nov Z9-Nov Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Skim or 1% Fat Milk Sea-Nov Sal-Nov Show Chili Cheese Dog Chef Salad w/ Turkey Ham, Cheese & Dinner Roll Dinner Roll Vegetarian Beans Caesar Salad Caesar Salad Collard Greens Diced Pears Orange Fruit Cup Banana Apple Sauce	Seasoned Broccoli	Black Bean & Corn Salsa	No School	Holiday	No School
27-Nov 28-Nov 29-Nov 30-Nov 1-Dec Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Chicken Pot Pie Beef Taco w/Cheese, Lettuce & Tomatoes Chicken Drumstick w/Dinner Roll Chili Cheese Dog Chicken Drumstick w/Dinner Roll Chef Salad w/Crispy Chicken w/Dinner Roll Parmesan Potatoes Seasoned Corn Fruit Cup Beef Taco w/Cheese, Lettuce & Tomatoes Chicken Drumstick w/Dinner Roll Chef Salad w/ Turkey Ham, Cheese & Dinner Roll Vegetarian Beans Caesar Salad Apple Sauce	Fruit Punch	Orange			
Chicken Pot Pie Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Chicken Pot Pie Beef Taco w/Cheese, Lettuce & Tomatoes Chef Salad w/Crispy Chicken w/Dinner Roll Chef Salad w/Crispy Chicken w/Dinner Roll Chef Salad w/Crispy Chicken w/Dinner Roll Parmesan Potatoes Sweet Potato Fries Caesar Salad Caesar Salad Fruit Cup Banana Apple Sauce	Skim or 1% Fat Milk	Skim or 1% Fat Milk			
Chef Salad w/ Orange Chicken & Dinner Roll Mashed Potatoes Collard Greens Diced Pears Chef Taco Salad w/Tortilla Rounds Rice & Beans Chef Salad w/Crispy Chicken w/Dinner Roll Parmesan Potatoes Sweet Potato Fries Chef Salad w/Turkey Ham, Cheese & Dinner Roll Vegetarian Beans Caesar Salad Colle Slaw Apple Sauce	27-Nov	Taco Tuesday 28-Nov	29-Nov	30-Nov	1-Dec
Roll Mashed Potatoes Rice & Beans Parmesan Potatoes Collard Greens Diced Pears Orange Roll Dinner Roll Vegetarian Beans Caesar Salad Caesar Salad Apple Sauce	Chicken Pot Pie	Beef Taco w/Cheese, Lettuce & Tomatoes	Chicken Drumstick w/Dinner Roll	Chili Cheese Dog	Buffalo Chicken Pizza
Collard Greens Diced Pears Orange Seasoned Corn Cole Slaw Apple Sauce		Chef Taco Salad w/Tortilla Rounds		• • •	Sweet Potato Fries
Diced Pears Orange Fruit Cup Banana Apple Sauce	Mashed Potatoes	Rice & Beans	Parmesan Potatoes	Vegetarian Beans	Caesar Salad
	Collard Greens		Seasoned Corn	Cole Slaw	
Skim or 1% Fat Milk	Diced Pears	Orange	Fruit Cup	Banana	Apple Sauce
	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk





Supper Menu November 2023

I dolle charter school				
6-Nov	7-Nov	8-Nov	9-Nov	10-Nov
Pepperoni Pizza	Chicken Teriyaki w/ Fried Rice	Crispy Chicken Sandwich w/Lettuce & Tomatoes		Holiday
Onion Rings	Stir Fry Vegetables	Tater Tots	No School for Students	
Orange Juice	Pineapple Cup	Orange		
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk		
13-Nov	14-Nov	15-Nov	16-Nov	17-Nov
Cheese Pizza	Hot Dog	Pasta w/Meatsauce	Cheese Burger w/Lettuce & Tomatoes	Chicken Drumstick w/ Dinner Roll
Crispy Fries	Vegetarian Beans	Seasoned Broccoli	Onion Rings	Baby Carrots w/ Dressing
Fresh Apple	Pineapple Cup	Apple Sauce	Fruit Punch	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk
20-Nov	21-Nov	22-Nov	23-Nov	24-Nov
Pepperoni Pizza	Chicken Nuggets w/ WG Biscuit			
Crispy Fries	Tater Tots	No School	Holiday	No School
Fresh Apple	Pineapple Cup		8 800000	
Skim or 1% Fat Milk	Skim or 1% Fat Milk			
27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
Cheese Pizza	Thai Chili Chicken w/ Vegetable Fried Rice	Beef & Cheese Macaroni Casserole	Cheeseburger w/Lettuce & Tomatoes	Breaded Cheese Sticks w/Marinara Dipping Cup
Crispy Fries	Stir Fry Vegetables	Caesar Salad	Onion Rings	Seasoned Broccoli
Fresh Apple	Pineapple Cup	Mango Cup	Fresh Orange	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk