



PreK Breakfast April 2023

3-Apr Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	4-Apr Breakfast Pizza Bagel Banana Skim or 1% Fat Milk	5-Apr Maple Waffles Orange Juice Skim or 1% Fat Milk	6-Apr Sausage Pancake Stick Mango Cup Skim or 1% Fat Milk	7-Apr Quarterly Learning Conference
10-Apr Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	11-Apr Breakfast Pizza Banana Skim or 1% Fat Milk	12-Apr Chocolate Chip Waffles Orange Juice Skim or 1% Fat Milk	13-Apr Sausage Breakfast Sandwich Mango Cup Skim or 1% Fat Milk	14-Apr Emancipation Day
17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
24-Apr Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	25-Apr Sausage Pancake Stick Banana Skim or 1% Fat Milk	26-Apr Maple Waffles Orange Juice Skim or 1% Fat Milk	27-Apr Mini Waffles Mango Cup Skim or 1% Fat Milk	28-Apr Assorted Breakfast Breads Fruit Cup Skim or 1% Fat Milk

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K-8 Breakfast April 2023

3-Apr	4-Apr	5-Apr	6-Apr	7-Apr
Cereal Bar & Yogurt	Breakfast Pizza Bagel	Maple Waffles	Sausage Pancake Stick	Quarterly Learning Conference
Apple Sauce	Banana	Orange Juice	Mango Cup	
Craisins	Grape Juice	Fresh Apple	Fresh Orange	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
10-Apr	11-Apr	12-Apr	13-Apr	14-Apr
Cereal Bar & Yogurt	Breakfast Pizza	Chocolate Chip Waffles	Sausage Breakfast Sandwich	Emancipation Day
Apple Sauce	Banana	Orange Juice	Mango Cup	
Craisins	Grape Juice	Fresh Apple	Fresh Orange	
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	
17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
<h1 style="color: blue; margin: 0;">SPRING BREAK!</h1>				
24-Apr	25-Apr	26-Apr	27-Apr	28-Apr
Cereal Bar & Yogurt	Breakfast Pizza Bagel	Maple Waffles	Sausage Pancake Stick	Assorted Breakfast Breads
Apple Sauce	Banana	Orange Juice	Mango Cup	Fruit Cup
Craisins	Grape Juice	Fresh Apple	Fresh Orange	Fresh Pear
Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk	Skim or 1% Fat Milk

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HS Breakfast April 2023

<p>3-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>4-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Breakfast Pizza Bagel</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>5-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Maple Waffles</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>6-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Sausage Pancake Stick</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>7-Apr</p> <p>Quarterly Learning Conference</p>
<p>10-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>11-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>12-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Chocolate Chip Waffles</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>13-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>14-Apr</p> <p>Emancipation Day</p>
<p>17-Apr</p>	<p>18-Apr</p>	<p>19-Apr</p>	<p>20-Apr</p>	<p>21-Apr</p>
<p>24-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>25-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>26-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Maple Waffles</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>27-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>28-Apr</p> <p>Assorted Cereal & Bars w/ Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>

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PreK Lunch April 2023

<p>3-Apr</p> <p>Crispy Chicken Sandwich w/ Lettuce & Tomato</p> <p>Sweet Potato Fries</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>4-Apr</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Clementines</p> <p>Skim or 1% Fat Milk</p>	<p>5-Apr</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Tater Tots</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>6-Apr</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>7-Apr</p> <p>Quarterly Learning Conference</p>
<p>10-Apr</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Seasoned Carrots</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>11-Apr</p> <p>Hot Dog on WG Bun</p> <p>Emoticon Potatoes</p> <p>Clementines</p> <p>Skim or 1% Fat Milk</p>	<p>12-Apr</p> <p>Chicken Tacos w/ Lettuce & Tomato</p> <p>Black Bean & Corn Salsa</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>13-Apr</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>14-Apr</p> <p>Emancipation Day</p>
<p>17-Apr</p>	<p>18-Apr</p>	<p>19-Apr</p>	<p>20-Apr</p>	<p>21-Apr</p>
<p>24-Apr</p> <p>Crispy Chicken Sandwich w/ Lettuce & Tomato</p> <p>Tater Tots</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>25-Apr</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Clementines</p> <p>Skim or 1% Fat Milk</p>	<p>26-Apr</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Mashed Potatoes</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>27-Apr</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>28-Apr</p> <p>BBQ Rib Sandwich</p> <p>Cole Slaw</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>

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K-8 Lunch April 2023

3-Apr Crispy Chicken Sandwich w/ Lettuce & Tomato Onion Rings Fruit Punch Skim or 1% Fat Milk	4-Apr Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Sweet Potato Fries Clementines Skim or 1% Fat Milk	5-Apr Chicken Drumstick w/ WG Dinner Roll Tater Tots Seasoned Collards Diced Pears Skim or 1% Fat Milk	6-Apr Buffalo Chicken Pizza Baby Carrots w/ Dressing Celery Sticks Banana Skim or 1% Fat Milk	7-Apr Quarterly Learning Conference
10-Apr Chicken Nuggets w/ WG Dinner Roll Seasoned Carrots Onion Rings Fruit Punch Skim or 1% Fat Milk	11-Apr Hot Dog on WG Bun Emoticon Potatoes Cole Slaw Clementines Skim or 1% Fat Milk	12-Apr Chicken Tacos w/ Lettuce & Tomato Black Bean & Corn Salsa Diced Pears Skim or 1% Fat Milk	13-Apr Ranchero Pizza Caesar Salad Baby Carrots w/ Dressing Banana Skim or 1% Fat Milk	14-Apr Emancipation Day
17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
<h1 style="color: #0070C0; font-size: 4em; margin: 0;">SPRING BREAK!</h1>				
24-Apr Crispy Chicken Sandwich w/ Lettuce & Tomato Onion Rings Fruit Punch Skim or 1% Fat Milk	25-Apr Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Sweet Potato Fries Clementines Skim or 1% Fat Milk	26-Apr Chicken Drumstick w/ WG Dinner Roll Mashed Potatoes Seasoned Collards Diced Pears Skim or 1% Fat Milk	27-Apr Pepperoni Pizza Baby Carrots w/ Dressing Celery Sticks Banana Skim or 1% Fat Milk	28-Apr BBQ Rib Sandwich Cole Slaw Crispy Fries Apple Sauce Skim or 1% Fat Milk

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HS Lunch April 2023

<p style="text-align: center;">3-Apr</p> <p>Crispy Chicken Sandwich w/ Lettuce & Tomato</p> <p>Baby Carrots</p> <p>Onion Rings</p> <p>Fruit Punch</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">4-Apr</p> <p>Bacon Cheeseburger w/ Lettuce & Tomato</p> <p>Sweet Potato Fries</p> <p>Baked Beans</p> <p>Clementines</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">5-Apr</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Tater Tots</p> <p>Seasoned Collards</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">6-Apr</p> <p>Buffalo Chicken Pizza</p> <p>Celery Sticks w/ Dressing</p> <p>Caesar Salad</p> <p>Banana</p> <p>Asst. Juice</p> <p>Skim or 1% Fat Milk</p>	<p>7-Apr</p> <p>Quarterly Learning Conference</p>
<p style="text-align: center;">10-Apr</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Sweet Potato Fries</p> <p>Onion Rings</p> <p>Fruit Punch</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">11-Apr</p> <p>Chili Cheese Dog</p> <p>Emoticon Potatoes</p> <p>Cole Slaw</p> <p>Clementines</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">12-Apr</p> <p>Chicken Tacos w/ Lettuce & Tomato</p> <p>Black Bean & Corn Salsa</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">13-Apr</p> <p>Ranchero Pizza</p> <p>Caesar Salad</p> <p>Baby Carrots</p> <p>Banana</p> <p>Asst. Juice</p> <p>Skim or 1% Fat Milk</p>	<p>14-Apr</p> <p>Emancipation Day</p>
17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
<p style="text-align: center;">24-Apr</p> <p>Crispy Chicken Sandwich w/ Lettuce & Tomato</p> <p>Baby Carrots</p> <p>Onion Rings</p> <p>Fruit Punch</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">25-Apr</p> <p>Bacon Cheeseburger w/ Lettuce & Tomato</p> <p>Sweet Potato Fries</p> <p>Baked Beans</p> <p>Clementines</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">26-Apr</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Tater Tots</p> <p>Seasoned Collards</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">27-Apr</p> <p>Pepperoni Pizza</p> <p>Celery Sticks w/ Dressing</p> <p>Caesar Salad</p> <p>Banana</p> <p>Asst. Juice</p> <p>Skim or 1% Fat Milk</p>	<p style="text-align: center;">28-Apr</p> <p>BBQ Rib Sandwich</p> <p>Cole Slaw</p> <p>Crispy Fries</p> <p>Fruit Cup</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>

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Supper April 2023

3-Apr Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk	4-Apr Crispy Chicken Sandwich Crispy Fries Fruit Cup Skim or 1% Fat Milk	5-Apr Salisbury Steak w/ WG Biscuit Seasoned Green Beans Banana Skim or 1% Fat Milk	6-Apr Chicken Teriyaki w/ Fried Rice Stir Fry Vegetables Pineapple Cup Skim or 1% Fat Milk	7-Apr Quarterly Learning Conference
10-Apr Pasta w/ Meatsauce Seasoned Broccoli Fresh Apple Skim or 1% Fat Milk	11-Apr Chicken Drumstick w/ WG Biscuit Seasoned Carrots Pineapple Cup Skim or 1% Fat Milk	12-Apr Cheeseburger w/ Lettuce & Tomato Baked Beans Banana Skim or 1% Fat Milk	13-Apr BBQ Chicken Sandwich Crispy Fries Orange Juice Skim or 1% Fat Milk	14-Apr Emancipation Day
17-Apr	18-Apr	19-Apr	20-Apr	21-Apr
24-Apr Mozzarella Sticks w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk	25-Apr Crispy Chicken Sandwich Crispy Fries Fruit Cup Skim or 1% Fat Milk	26-Apr Salisbury Steak w/ WG Biscuit Collard Greens Banana Skim or 1% Fat Milk	27-Apr Chicken Teriyaki w/ Fried Rice Stir Fry Vegetables Pineapple Cup Skim or 1% Fat Milk	28-Apr Beef Tacos w/ Salsa, Lettuce & Tomato Seasoned Corn Apple Sauce Skim or 1% Fat Milk

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