



PreK Breakfast February 2023

		1-Feb Pop-Tarts Orange Juice Skim or 1% Fat Milk	2-Feb Mini Waffles Mango Cup Skim or 1% Fat Milk	3-Feb Assorted Breakfast Breads Fruit Cup Skim or 1% Fat Milk
6-Feb Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	7-Feb Breakfast Pizza Banana Skim or 1% Fat Milk	8-Feb Pop-Tarts Orange Juice Skim or 1% Fat Milk	9-Feb Sausage Breakfast Sandwich Mango Cup Skim or 1% Fat Milk	10-Feb Apple Cinnamon Muffin Fruit Cup Skim or 1% Fat Milk
13-Feb Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	14-Feb Sausage Pancake Stick Banana Skim or 1% Fat Milk	15-Feb Pop-Tarts Orange Juice Skim or 1% Fat Milk	16-Feb Mini Waffles Mango Cup Skim or 1% Fat Milk	17-Feb Assorted Breakfast Breads Fruit Cup Skim or 1% Fat Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
27-Feb Cereal Bar & Yogurt Apple Sauce Skim or 1% Fat Milk	28-Feb Breakfast Pizza Banana Skim or 1% Fat Milk	1-Mar Pop-Tarts Orange Juice Skim or 1% Fat Milk	2-Mar Sausage Breakfast Sandwich Mango Cup Skim or 1% Fat Milk	3-Mar Apple Cinnamon Muffin Pineapple Cup Skim or 1% Fat Milk

While we will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.



K-8 Breakfast February 2023

		1-Feb Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	2-Feb Mini Waffles Mango Cup Fresh Orange Skim or 1% Fat Milk	3-Feb Assorted Breakfast Breads Fruit Cup Fresh Pear Skim or 1% Fat Milk
6-Feb Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	7-Feb Breakfast Pizza Banana Grape Juice Skim or 1% Fat Milk	8-Feb Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	9-Feb Sausage Breakfast Sandwich Mango Cup Fresh Orange Skim or 1% Fat Milk	10-Feb Blueberry Muffin Fruit Cup Fresh Pear Skim or 1% Fat Milk
13-Feb Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	14-Feb Sausage Pancake Stick Banana Grape Juice Skim or 1% Fat Milk	15-Feb Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	16-Feb Mini Waffles Mango Cup Fresh Orange Skim or 1% Fat Milk	17-Feb Assorted Breakfast Breads Fruit Cup Fresh Pear Skim or 1% Fat Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
27-Feb Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	28-Feb Breakfast Pizza Banana Grape Juice Skim or 1% Fat Milk	1-Mar Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	2-Mar Sausage Breakfast Sandwich Mango Cup Fresh Orange Skim or 1% Fat Milk	3-Mar Blueberry Muffin Fruit Cup Fresh Pear Skim or 1% Fat Milk

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HS Breakfast February 2023

		<p>1-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>2-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>3-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>6-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>7-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>8-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>9-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>10-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Blueberry Muffin</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>13-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>14-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Grape Juice</p> <p>Skim or 1% Fat Milk</p>	<p>15-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>16-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>17-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
<p>27-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>28-Feb</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>1-Mar</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>2-Mar</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>3-Mar</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Blueberry Muffin</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>

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PreK Lunch February 2023

		1-Feb Chicken Drumstick w/ WG Dinner Roll Tater Tots Diced Pears Skim or 1% Fat Milk	2-Feb Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Banana Skim or 1% Fat Milk	3-Feb Cheese Pizza Baby Carrots w/ Dressing Apple Sauce Skim or 1% Fat Milk
6-Feb Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Fruit Punch Skim or 1% Fat Milk	7-Feb Hot Dog on WG Bun Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk	8-Feb Chicken & Waffles Mashed Potatoes Diced Pears Skim or 1% Fat Milk	9-Feb Meatball Sub w/ Marinara Vegetarian Baked Beans Banana Skim or 1% Fat Milk	10-Feb Deep Dish Pizza Baby Carrots w/ Dressing Apple Sauce Skim or 1% Fat Milk
13-Feb	14-Feb Chicken, Mashed Potato Bowl WG Dinner Roll Fresh Orange Skim or 1% Fat Milk	15-Feb Chicken Drumstick w/ WG Dinner Roll Tater Tots Diced Pears Skim or 1% Fat Milk	16-Feb Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Banana Skim or 1% Fat Milk	17-Feb Cheese Pizza Baby Carrots w/ Dressing Apple Sauce Skim or 1% Fat Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
27-Feb Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Fruit Punch Skim or 1% Fat Milk	28-Feb Hot Dog on WG Bun Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk	1-Mar Chicken & Waffles Mashed Potatoes Diced Pears Skim or 1% Fat Milk	2-Mar Meatball Sub w/ Marinara Vegetarian Baked Beans Banana Skim or 1% Fat Milk	3-Mar Deep Dish Pizza Baby Carrots w/ Dressing Apple Sauce Skim or 1% Fat Milk

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K-8 Lunch February 2023

		<p>1-Feb</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Tater Tots</p> <p>Cole Slaw</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>2-Feb</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Oven Baked Fries</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>3-Feb</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>1</p>
<p>6-Feb</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Emoticon Potatoes</p> <p>Caesar Salad</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>7-Feb</p> <p>Hot Dog on WG Bun</p> <p>Vegetarian Baked Beans</p> <p>Celery Sticks w/ Dressing</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>8-Feb</p> <p>BBQ Chicken Sandwich</p> <p>Tater Tots</p> <p>Seasoned Corn</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>9-Feb</p> <p>Meatball Sub w/ Marinara</p> <p>Cole Slaw</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>10-Feb</p> <p>Deep Dish Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
<p>13-Feb</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>14-Feb</p> <p>WG Breaded Cheese Sticks w/ Marinara Cup</p> <p>Caesar Salad</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>15-Feb</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Tater Tots</p> <p>Cole Slaw</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>16-Feb</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Oven Baked Fries</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>17-Feb</p> <p>Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
<p>27-Feb</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Emoticon Potatoes</p> <p>Caesar Salad</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>28-Feb</p> <p>Hot Dog on WG Bun</p> <p>Vegetarian Baked Beans</p> <p>Celery Sticks w/ Dressing</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>1-Mar</p> <p>BBQ Chicken Sandwich</p> <p>Tater Tots</p> <p>Seasoned Corn</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>2-Mar</p> <p>Meatball Sub w/ Marinara</p> <p>Cole Slaw</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>3-Mar</p> <p>Deep Dish Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>

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HS Lunch February 2023

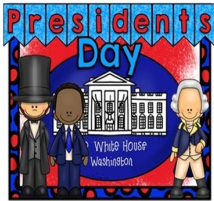
		1-Feb Chicken Drumstick w/ WG Biscuit Tater Tots Cole Slaw Diced Pears Fresh Peach Skim or 1% Fat Milk	2-Feb Bacon Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Baked Beans Banana Asst. Juice Skim or 1% Fat Milk	3-Feb Cheese Pizza Celery Sticks w/ Dressing Caesar Salad Fruit Cup Fresh Apple Skim or 1% Fat Milk
6-Feb Chicken Nuggets w/ WG Dinner Roll Seasoned Carrots Spinach Salad Fruit Punch Fresh Pear Skim or 1% Fat Milk	7-Feb Chili Cheese Dog on WG Bun Vegetarian Baked Beans Cole Slaw Fresh Orange Mango Cup Skim or 1% Fat Milk	8-Feb Chicken & Waffles Mashed Potatoes Seasoned Collards Diced Pears Fresh Peach Skim or 1% Fat Milk	9-Feb Meatball Sub w/ Marinara Crispy Baked Fries Celery Sticks w/ Dressing Banana Asst. Juice Skim or 1% Fat Milk	10-Feb Deep Dish Pizza Baby Carrots w/ Dressing Caesar Salad Grape Juice Fresh Apple Skim or 1% Fat Milk
13-Feb Chicken, Mashed Potato Bowl Seasoned Carrots Side Salad Fresh Orange Mango Cup Skim or 1% Fat Milk	14-Feb WG Breaded Cheese Sticks w/ Marinara Cup Seasoned Cauliflower Side Salad Fresh Orange Mango Cup Skim or 1% Fat Milk	15-Feb Chicken Drumstick w/ WG Biscuit Tater Tots Cole Slaw Diced Pears Fresh Peach Skim or 1% Fat Milk	16-Feb Bacon Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Baked Beans Banana Asst. Juice Skim or 1% Fat Milk	17-Feb Cheese Pizza Celery Sticks w/ Dressing Caesar Salad Fruit Cup Fresh Apple Skim or 1% Fat Milk
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb
 				
27-Feb Chicken Nuggets w/ WG Dinner Roll Seasoned Carrots Spinach Salad Fruit Punch Fresh Pear Skim or 1% Fat Milk	28-Feb Chili Cheese Dog on WG Bun Vegetarian Baked Beans Cole Slaw Fresh Orange Mango Cup Skim or 1% Fat Milk	1-Mar Chicken & Waffles Mashed Potatoes Seasoned Collards Diced Pears Fresh Peach Skim or 1% Fat Milk	2-Mar Meatball Sub w/ Marinara Crispy Baked Fries Celery Sticks w/ Dressing Banana Asst. Juice Skim or 1% Fat Milk	3-Mar Deep Dish Pizza Baby Carrots w/ Dressing Caesar Salad Grape Juice Fresh Apple Skim or 1% Fat Milk

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Supper February 2023

		<p>1-Feb</p> <p>Salisbury Steak w/ WG Biscuit</p> <p>Collard Greens</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>2-Feb</p> <p>Chicken Teriyaki w/ Fried Rice</p> <p>Stir Fry Vegetables</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>3-Feb</p> <p>Beef Tacos w/ Salsa, Lettuce & Tomato</p> <p>Seasoned Corn</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
<p>6-Feb</p> <p>Pasta w/ Meatsauce</p> <p>Seasoned Broccoli</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>7-Feb</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Oven Baked Fries</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>8-Feb</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Baked Beans</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>9-Feb</p> <p>WG Waffle & Cheese Sandwich</p> <p>Tomato Soup</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>10-Feb</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
<p>13-Feb</p> <p>Pizza Crunchers w/ Marinara</p> <p>Caesar Salad</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>14-Feb</p> <p>Crispy Chicken Sandwich</p> <p>Crispy Fries</p> <p>Fruit Cup</p> <p>Skim or 1% Fat Milk</p>	<p>15-Feb</p> <p>Salisbury Steak w/ Dinner Roll</p> <p>Collard Greens</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>16-Feb</p> <p>Chicken Teriyaki w/ Fried Rice</p> <p>Stir Fry Vegetables</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>17-Feb</p> <p>Beef Tacos w/ Salsa, Lettuce & Tomato</p> <p>Seasoned Corn</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
20-Feb	21-Feb	22-Feb	23-Feb	24-Feb



<p>27-Feb</p> <p>Pasta w/ Meatsauce</p> <p>Seasoned Broccoli</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>28-Feb</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Oven Baked Fries</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>1-Mar</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Baked Beans</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>2-Mar</p> <p>WG Waffle & Cheese Sandwich</p> <p>Tomato Soup</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>3-Mar</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
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