



PreK Breakfast December 2022

5-Dec Cereal Bar Apple Sauce Skim or 1% Fat Milk	6-Dec Breakfast Pizza Banana Skim or 1% Fat Milk	7-Dec Pop-Tarts Orange Juice Skim or 1% Fat Milk	8-Dec Mini Waffles Mango Cup Skim or 1% Fat Milk	9-Dec Assorted Breakfast Breads Fruit Cup Skim or 1% Fat Milk
12-Dec Cereal Bar Apple Sauce Skim or 1% Fat Milk	13-Dec Sausage Pancake Stick Banana Skim or 1% Fat Milk	14-Dec Pop-Tarts Orange Juice Skim or 1% Fat Milk	15-Dec Mini Waffles Mango Cup Skim or 1% Fat Milk	16-Dec Apple Cinnamon Muffin Fruit Cup Skim or 1% Fat Milk
19-Dec Cereal Bar Apple Sauce Skim or 1% Fat Milk	20-Dec Breakfast Pizza Banana Skim or 1% Fat Milk	21-Dec Pop-Tarts Orange Juice Skim or 1% Fat Milk	22-Dec Mini Waffles Mango Cup Skim or 1% Fat Milk	23-Dec No Classes for Scholars

While we will make every effort to serve the planned menu daily, supply chains are experiencing significant disruption due to labor and transportation challenges. If substitutions are necessary we will use like or similar items whenever possible. We appreciate your patience as we work with our vendors to ensure your scholars get the best possible meals to fuel their success in the classroom.



K-8 Breakfast December 2022

5-Dec Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	6-Dec Breakfast Pizza Banana Grape Juice Skim or 1% Fat Milk	7-Dec Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	8-Dec Mini Waffles Mango Cup Fresh Orange Skim or 1% Fat Milk	9-Dec Assorted Breakfast Breads Fruit Cup Fresh Pear Skim or 1% Fat Milk
12-Dec Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	13-Dec Sausage Pancake Stick Banana Grape Juice Skim or 1% Fat Milk	14-Dec Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	15-Dec Mini Waffles Mango Cup Fresh Orange Skim or 1% Fat Milk	16-Dec Blueberry Muffin Fruit Cup Fresh Pear Skim or 1% Fat Milk
19-Dec Cereal Bar & Yogurt Apple Sauce Craisins Skim or 1% Fat Milk	20-Dec Breakfast Pizza Banana Grape Juice Skim or 1% Fat Milk	21-Dec Pop-Tarts Orange Juice Fresh Apple Skim or 1% Fat Milk	22-Dec Mini Waffles Mango Cup Fresh Orange Skim or 1% Fat Milk	23-Dec No Classes for Scholars

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HS Breakfast December 2022

<p>5-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>6-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>7-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>8-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>9-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>12-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>13-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage Pancake Stick</p> <p>Pineapple Cup</p> <p>Papaya Cup</p> <p>Skim or 1% Fat Milk</p>	<p>14-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>15-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>16-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Blueberry Muffin</p> <p>Banana</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>19-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>20-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Papaya Cup</p> <p>Skim or 1% Fat Milk</p>	<p>21-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>22-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>23-Dec</p> <p>No Classes for Scholars</p>

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PreK Lunch December 2022

5-Dec Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Fruit Punch Skim or 1% Fat Milk	6-Dec Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk	7-Dec Chicken & Waffles Seasoned Collards Diced Pears Skim or 1% Fat Milk	8-Dec Chicken Philly Crispy Baked Fries Banana Skim or 1% Fat Milk	9-Dec Deep Dish Pizza Baby Carrots w/ Dressing Apple Sauce Skim or 1% Fat Milk
12-Dec Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Fruit Punch Skim or 1% Fat Milk	13-Dec Meatball Sub w/ Marinara Caesar Salad Fresh Orange Skim or 1% Fat Milk	14-Dec Chicken Drumstick w/ WG Biscuit Tater Tots Diced Pears Skim or 1% Fat Milk	15-Dec BBQ Chicken Sandwich Sweet Potato Fries Banana Skim or 1% Fat Milk	16-Dec WG Breaded Cheese Sticks w/ Marinara Cup Spinach Salad Apple Sauce Skim or 1% Fat Milk
19-Dec Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Fruit Punch Skim or 1% Fat Milk	20-Dec WG Waffle & Cheese Sandwich Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk	21-Dec Crispy Chicken Sandwich Baby Carrots Diced Pears Skim or 1% Fat Milk	22-Dec WG Cheese Pizza Crispy Fries Banana Skim or 1% Fat Milk	23-Dec No Classes for Scholars

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K-8 Lunch December 2022

5-Dec Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Green Beans Fruit Punch Skim or 1% Fat Milk	6-Dec Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk	7-Dec Chicken & Waffles Seasoned Collards Seasoned Carrots Diced Pears Skim or 1% Fat Milk	8-Dec Chicken Philly Crispy Baked Fries Cole Slaw Banana Skim or 1% Fat Milk	9-Dec Deep Dish Pizza Baby Carrots w/ Dressing Caesar Salad Apple Sauce Skim or 1% Fat Milk
12-Dec Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Fruit Punch Skim or 1% Fat Milk	13-Dec Meatball Sub w/ Marinara Caesar Salad Fresh Orange Skim or 1% Fat Milk	14-Dec Chicken Drumstick w/ WG Biscuit Tater Tots Green Beans Diced Pears Skim or 1% Fat Milk	15-Dec BBQ Chicken Sandwich Sweet Potato Fries Cole Slaw Banana Skim or 1% Fat Milk	16-Dec WG Breaded Cheese Sticks w/ Marinara Cup Spinach Salad Apple Sauce Skim or 1% Fat Milk
19-Dec Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Green Beans Fruit Punch Skim or 1% Fat Milk	20-Dec WG Waffle & Cheese Sandwich Vegetarian Baked Beans Tomato Soup Fresh Orange Skim or 1% Fat Milk	21-Dec Crispy Chicken Sandwich Seasoned Carrots Cole Slaw Diced Pears Skim or 1% Fat Milk	22-Dec WG Cheese Pizza Caesar Salad Crispy Fries Banana Skim or 1% Fat Milk	23-Dec No Classes for Scholars

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HS Lunch December 2022

5-Dec Chicken Nuggets w/ Dinner Roll Tater Tots Spinach Salad Asst. Juice Fresh Pear Skim or 1% Fat Milk	6-Dec Bacon Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Onion Rings Fresh Orange Mango Cup Skim or 1% Fat Milk	7-Dec Buffalo Chicken Sandwich Baby Carrots w/ Dressing Caesar Salad Diced Pears Fresh Peach Skim or 1% Fat Milk	8-Dec Chicken Philly Crispy Baked Fries Cole Slaw Banana Asst. Juice Skim or 1% Fat Milk	9-Dec Deep Dish Pizza Baby Carrots w/ Dressing Celery Sticks w/ Dressing Fruit Cup Fresh Apple Skim or 1% Fat Milk
12-Dec Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Seasoned Carrots Fruit Punch Fresh Pear Skim or 1% Fat Milk	13-Dec Meatball Sub w/ Marinara Seasoned Cauliflower Side Salad Fresh Orange Mango Cup Skim or 1% Fat Milk	14-Dec Chicken Drumstick w/ WG Biscuit Tater Tots Cole Slaw Diced Pears Fresh Peach Skim or 1% Fat Milk	15-Dec Chili Cheese Dog Sweet Potato Fries Baked Beans Banana Asst. Juice Skim or 1% Fat Milk	16-Dec WG Breaded Cheese Sticks w/ Marinara Cup Celery Sticks w/ Dressing Caesar Salad Fruit Cup Fresh Apple Skim or 1% Fat Milk
19-Dec Chicken Nuggets w/ Dinner Roll Oven Baked Fries Spinach Salad Fruit Punch Fresh Pear Skim or 1% Fat Milk	20-Dec Bacon Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Cole Slaw Fresh Orange Mango Cup Skim or 1% Fat Milk	21-Dec Buffalo Chicken Sandwich Baby Carrots Caesar Salad Diced Pears Fresh Peach Skim or 1% Fat Milk	22-Dec WG Cheese Pizza Seasoned Cauliflower Celery Sticks w/ Dressing Banana Asst. Juice Skim or 1% Fat Milk	23-Dec No Classes for Scholars

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Supper December 2022

5-Dec Cheese Pizza Seasoned Broccoli Fresh Apple Skim or 1% Fat Milk	6-Dec Crispy Chicken Sandwich Oven Baked Fries Pineapple Cup Skim or 1% Fat Milk	7-Dec Cheeseburger w/ Lettuce & Tomato Baked Beans Banana Skim or 1% Fat Milk	8-Dec Pasta w/ Meatsauce Side Caesar Salad Orange Juice Skim or 1% Fat Milk	9-Dec Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Apple Sauce Skim or 1% Fat Milk
12-Dec Pizza Crunchers w/ Marinara Caesar Salad Fresh Apple Skim or 1% Fat Milk	13-Dec Chicken Drumstick w/ WG Biscuit Seasoned Carrots Pineapple Cup Skim or 1% Fat Milk	14-Dec Salisbury Steak w/ Dinner Roll Collard Greens Banana Skim or 1% Fat Milk	15-Dec Chicken Teriyaki w/ Fried Rice Stir Fry Vegetables Orange Juice Skim or 1% Fat Milk	16-Dec Beef Tacos w/ Salsa, Lettuce & Tomato Seasoned Corn Apple Sauce Skim or 1% Fat Milk
19-Dec Pasta w/ Meatsauce Seasoned Broccoli Fresh Apple Skim or 1% Fat Milk	20-Dec Crispy Chicken Sandwich Oven Baked Fries Pineapple Cup Skim or 1% Fat Milk	21-Dec Cheeseburger w/ Lettuce & Tomato Baked Beans Banana Skim or 1% Fat Milk	22-Dec Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Apple Sauce Skim or 1% Fat Milk	23-Dec No Classes for Scholars

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