





PreK Breakfast November 2022

<p>7-Nov</p> <p>Cereal Bar</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Cereal Bar</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Sausage Pancake Stick</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Sausage Breakfast Sandwich</p> <p>Fruit Cup</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>Assorted Breakfast Breads</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Cereal Bar</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p> 		
<p>28-Nov</p> <p>Cereal Bar</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>Sausage Breakfast Sandwich</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>

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K-8 Breakfast November 2022

<p>7-Nov</p> <p>Cereal Bar & Yogurt</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Grape Juice</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Cereal Bar & Yogurt</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Grape Juice</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Sausage Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>Assorted Breakfast Breads</p> <p>Fruit Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Cereal Bar & Yogurt</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Grape Juice</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p>	<p>24-Nov</p>	<p>25-Nov</p>
				
<p>28-Nov</p> <p>Cereal Bar & Yogurt</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Grape Juice</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>Sausage Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>Assorted Breakfast Breads</p> <p>Fruit Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>

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HS Breakfast November 2022

<p>7-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Pear Cup</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage Pancake Stick</p> <p>Pineapple Cup</p> <p>Papaya Cup</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Banana</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Breakfast Pizza</p> <p>Banana</p> <p>Papaya Cup</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p> <p>24-Nov</p> <p>25-Nov</p> 		
<p>28-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>WG Bagel & Cream Cheese</p> <p>Apple Sauce</p> <p>Craisins</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage Pancake Stick</p> <p>Banana</p> <p>Papaya Cup</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Pop-Tarts</p> <p>Orange Juice</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Sausage or Bacon Breakfast Sandwich</p> <p>Mango Cup</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>Assorted Cereals, Cereal Bars & Yogurt</p> <p>Assorted Breakfast Breads</p> <p>Pineapple Cup</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>



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PreK Lunch November 2022

<p>7-Nov</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Emoticon Potatoes</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Waffle & Cheese Sandwich</p> <p>Tater Tots</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Waffle & Cheese Sandwich</p> <p>Baby Carrots</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Chicken Drumstick w/ WG Dinner Roll</p> <p>Vegetarian Baked Beans</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Turkey & Gravy w/ Corn Bread Stuffing</p> <p>Mashed Potatoes</p> <p>Apple Crisp</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>WG Cheese Pizza</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Chicken Nuggets w/ WG Dinner Roll</p> <p>Emoticon Potatoes</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p>	<p>24-Nov</p>	<p>25-Nov</p>
				
<p>28-Nov</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Fruit Punch</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Ravioli w/ Meat Sauce</p> <p>Caesar Salad</p> <p>Fresh Orange</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Tater Tots</p> <p>Diced Pears</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>BBQ Chicken Sandwich</p> <p>Sweet Potato Fries</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>WG Cheese Pizza</p> <p>Spinach Salad</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>



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K-8 Lunch November 2022

7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Seasoned Collards Fruit Punch Skim or 1% Fat Milk	Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Onion Rings Fresh Orange Skim or 1% Fat Milk	Chicken & Waffles Tater Tots Seasoned Carrots Diced Pears Skim or 1% Fat Milk	Quarterly Learning Conference No Classes for Scholars	
14-Nov Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Fruit Punch Skim or 1% Fat Milk	15-Nov Waffle & Cheese Sandwich Caesar Salad Tomato Soup Fresh Orange Skim or 1% Fat Milk	16-Nov Chicken Drumstick w/ WG Dinner Roll Vegetarian Baked Beans Cole Slaw Diced Pears Skim or 1% Fat Milk	17-Nov Turkey & Gravy w/ Corn Bread Stuffing Candied Yams Green Beans Apple Crisp Skim or 1% Fat Milk	18-Nov WG Cheese Pizza Spinach Salad Apple Sauce Skim or 1% Fat Milk
21-Nov Chicken Nuggets w/ WG Dinner Roll Emoticon Potatoes Seasoned Collards Fruit Punch Skim or 1% Fat Milk	22-Nov Cheeseburger w/ Lettuce & Tomato Vegetarian Baked Beans Fresh Orange Skim or 1% Fat Milk			
28-Nov Chicken Bowl w/ Corn, Mashed Potatoes & Gravy WG Dinner Roll Fruit Punch Skim or 1% Fat Milk	29-Nov Ravioli w/ Meat Sauce Caesar Salad Fresh Orange Skim or 1% Fat Milk	30-Nov Chicken Drumstick w/ WG Biscuit Tater Tots Cole Slaw Diced Pears Skim or 1% Fat Milk	1-Dec BBQ Chicken Sandwich Sweet Potato Fries Baked Beans Banana Skim or 1% Fat Milk	2-Dec WG Cheese Pizza Spinach Salad Apple Sauce Skim or 1% Fat Milk



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HS Lunch November 2022

<p>7-Nov</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Oven Baked Fries</p> <p>Spinach Salad</p> <p>Asst. Juice</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Bacon Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Onion Rings</p> <p>Fresh Orange</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Chicken & Waffles</p> <p>Mashed Potatoes</p> <p>Seasoned Carrots</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Seasoned Carrots</p> <p>Fruit Punch</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Chili Cheese Dog</p> <p>Crispy Fries</p> <p>Side Salad</p> <p>Fresh Orange</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Vegetarian Baked Beans</p> <p>Cole Slaw</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Turkey & Gravy w/ Corn Bread Stuffing</p> <p>Candied Yams</p> <p>Mashed Potatoes</p> <p>Apple Crisp</p> <p>Asst. Juice</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>WG Cheese Pizza</p> <p>Baby Carrots w/ Dressing</p> <p>Caesar Salad</p> <p>Papaya Cup</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Oven Baked Fries</p> <p>Spinach Salad</p> <p>Asst. Juice</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Bacon Cheeseburger w/ Lettuce & Tomato</p> <p>Vegetarian Baked Beans</p> <p>Onion Rings</p> <p>Fresh Orange</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p>	<p>24-Nov</p>	<p>25-Nov</p>
				
<p>28-Nov</p> <p>Chicken Bowl w/ Corn, Mashed Potatoes & Gravy</p> <p>WG Dinner Roll</p> <p>Seasoned Carrots</p> <p>Fruit Punch</p> <p>Fresh Pear</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Chili Cheese Dog</p> <p>Crispy Fries</p> <p>Side Salad</p> <p>Fresh Orange</p> <p>Mango Cup</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Tater Tots</p> <p>Cole Slaw</p> <p>Diced Pears</p> <p>Fresh Peach</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>Chicken Philly Cheesesteak</p> <p>Sweet Potato Fries</p> <p>Baked Beans</p> <p>Banana</p> <p>Asst. Juice</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>WG Cheese Pizza</p> <p>Celery Sticks w/ Dressing</p> <p>Caesar Salad</p> <p>Papaya Cup</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>

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Supper November 2022

<p>7-Nov</p> <p>Cheese Pizza</p> <p>Seasoned Broccoli</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>8-Nov</p> <p>Crispy Chicken Sandwich</p> <p>Oven Baked Fries</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>9-Nov</p> <p>Cheeseburger w/ Lettuce & Tomato</p> <p>Baked Beans</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>10-Nov</p> <p>Quarterly Learning Conference</p> <p>No Classes for Scholars</p>	<p>11-Nov</p> 
<p>14-Nov</p> <p>Pizza Crunchers w/ Marinara</p> <p>Caesar Salad</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>15-Nov</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Seasoned Carrots</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>16-Nov</p> <p>Salisbury Steak w/ Dinner Roll</p> <p>Collard Greens</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>17-Nov</p> <p>Chicken Teriyaki w/ Fried Rice</p> <p>Stir Fry Vegetables</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>18-Nov</p> <p>Beef Tacos w/ Salsa, Lettuce & Tomato</p> <p>Seasoned Corn</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>
<p>21-Nov</p> <p>Cheese Pizza</p> <p>Seasoned Broccoli</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>22-Nov</p> <p>Crispy Chicken Sandwich</p> <p>Oven Baked Fries</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>23-Nov</p> <p>24-Nov</p> <p>25-Nov</p> 		
<p>28-Nov</p> <p>Pizza Crunchers w/ Marinara</p> <p>Caesar Salad</p> <p>Fresh Apple</p> <p>Skim or 1% Fat Milk</p>	<p>29-Nov</p> <p>Chicken Drumstick w/ WG Biscuit</p> <p>Seasoned Carrots</p> <p>Pineapple Cup</p> <p>Skim or 1% Fat Milk</p>	<p>30-Nov</p> <p>Salisbury Steak w/ Dinner Roll</p> <p>Collard Greens</p> <p>Banana</p> <p>Skim or 1% Fat Milk</p>	<p>1-Dec</p> <p>Chicken Teriyaki w/ Fried Rice</p> <p>Stir Fry Vegetables</p> <p>Orange Juice</p> <p>Skim or 1% Fat Milk</p>	<p>2-Dec</p> <p>Beef Tacos w/ Salsa, Lettuce & Tomato</p> <p>Seasoned Corn</p> <p>Apple Sauce</p> <p>Skim or 1% Fat Milk</p>

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