



FPCS Early Childhood Distance Learning

Partners in Education SY 20-21 Family Guide
“Keeping Children Curious, Connected and Calm”



September 2020

Dear Families,

I know that your child is capable, competent and creative. We have created a fun family guide to help teach your child at home during the virtual instruction. You are my partner and we are going to work together to help your child learn important skills at home. Our virtual instruction approach is to provide a family-focused, arts-integrated program for your child.

In our current situation, it remains very beneficial to have a strategy to help you stay calm during this time of social distancing and to help your children stay calm. Taking 5 deep breaths is a great start. Breathe in through your nose to a count of 4 and out through your mouth for a count of 4. On YouTube, there is a fun Sesame Street video that teaches your child how taking deep breaths will calm their monster inside. Check out Belly Breathe:

https://www.youtube.com/watch?v=_mZbzDOpylA

I will be delivering online instruction 5 x a week. We have a daily schedule for online instruction. Your child has been scheduled as either Group A or Group B. Group A and Group B will meet at designated times that may vary by campus. I will be teaching your children on Zoom and I look forward to having you join our instructional time. You will take the lead as teacher in the home for at least an hour a day to help your child complete "At Home Activities" that I will help you select. I am providing a schedule that will help your child stay on track and feel secure in a routine that is familiar to them.

Thanks for your continued support!

FPCS EC Teacher

Accessing Online Sessions and Access to Zoom and YouTube Links

Zoom:

1. Login information and zoom codes will be provided by your teacher before August 31 and online instruction will take place daily for 60 minutes each session.
2. You will meet with the parents of the children in your child's class and the teacher for a weekly Parent Learning Community meeting each week

YouTube:

1. Turn on your computer
2. Click on Internet Access: Safari or Google Chrome
3. Type YouTube in browser
4. Click on YouTube
5. Copy and paste the link from the family guide in the search bar
6. Watch the YouTube Read Aloud or Sing Along Video



Daily Instruction

Teacher Led Online Sessions 5 x week

1. Community Circle Time- 15 minutes
2. Read Aloud and book discussion- 15 minutes
3. Movement Brain Break- 5 minutes
3. Direct Teach- 10 minutes
4. Hands on activity to extend direct teach- 15 minutes

Parents will guide children daily with “At Home Activities” following this schedule:

1. **Centering Activity**- select one activity from the list below and do the activity for at 3- 5 minutes
 - Belly Breathe with Elmo: <https://www.youtube.com/watch?v= mZbzDOpylA>
 - Breathe in, Breathe Out poem listed below *
 - Share a gratitude statement- I am thankful for _____ today.
 - Sing Namaste song: <https://www.youtube.com/watch?v=7E70pNrQt0k>
 - Mantra: **I am calm and ready to learn.** Breathe in through the nose for a count of 4 and out through the mouth for a count of 4 and repeat the mantra each time.
 - Garden Yoga: practice a few yoga poses and take deep breaths while you hold the pose. At the end, lie down on your back in resting pose



2. **Online Learning Platform-** help your child complete assigned online learning activities on Education.com for at least 10 minutes a day.
3. **Creative open-ended process art activity-** set up materials for your child to engage in process art for at least 20 minutes each day, art pages in this guide will be assigned as well as art activities on Education.com. On Wednesdays, your child is encouraged to use the white drawing paper provided with crayons or markers to draw whatever they choose.
4. **Hands on math or literacy activity** will be assigned to complete 4 days a week for at least 15 minutes. I may ask you to repeat an activity for 2 days. All of these activities begin with either a nursery rhyme, poem or song that I would like you to repeat several times encouraging your child to join in. This will be followed by a fun hands-on activity.
5. **Weekly Investigation-** I will launch a weekly investigation on Mondays starting in mid September. You will be asked to set up a similar investigation at home for children to explore throughout the week. I would like you to record your observations of your child while he/she explores. On Wednesdays, there is designated time in the at home schedule for your child to engage in the investigation, although children can explore as desired throughout the week.



Student & Family Schedule

Time		
<p>9-11:45: Virtual Session with teachers and/or At-Home Activities</p> <p>School Specific Times may vary, however, the amount of time for each session with each Group is about 60 minutes.</p>	<p>Virtual Session with teachers:</p> <ul style="list-style-type: none"> Community Circle: 15 mins. Read Aloud: 15 mins Movement Break: 5 mins Direct Teach: 10-15 mins Lesson-based Activity: 15+ mins 	<p>At-Home Activities w/ parent support:</p> <ul style="list-style-type: none"> Centering activity: 5 mins Online learning platform (education.com): 10 mins Daily creative open-ended art activity : 20mins. Daily Assigned Hands-on emergent literacy/ numeracy/investigation activity: 10-15 mins Home practice workbook task: 5-10 mins

	Monday	Tuesday	Wednesday— Early Release at 12:00PM	Thursday	Friday
Subject for Direct Teaching with Teachers (online)	Art/Visual Literacy	Language + Literacy	Numeracy/Math	Literacy or Numeracy (alternates weekly)	Science and Engineering or Social Studies (alternates bi-weekly)
At Home Daily Assigned Hands-On emergent literacy/numeracy/investigation activity	Literacy Activity	Literacy Activity	Investigation/Provocation Activity	Numeracy Activity	Numeracy Activity

12:00-12:15	Closing Circle for ALL Students
12:15-12:45	Lunch
12:45-1:15	Outdoor/Indoor Free Play
1:15-2:30	Rest Time
2:30-3:30	Potential Specials Time; Campuses will share individually

The Weekly At-Home Learning Plan

On a weekly basis, teachers will share the Weekly At-Home Learning plan with parents/families to ensure all stakeholders are aware of the at-home activities for the week.

Activity	Directions/Explanation	Notes
Centering Activity (5 minutes)	<p>Please select a centering activity from the list below:</p> <ol style="list-style-type: none"> 1. Belly Breathing with Erno https://www.youtube.com/watch?v=m2u0QpYvU 2. Breathe in, Breathe out poem 3. Share a gratitude statement- I am thankful for _____ today. 4. Sing Namaste song https://www.youtube.com/watch?v=3L7QpYQvGk8 5. Mantra: I am calm and ready to learn. Repeat 3-4 times with eyes closed. 	This is optional, but can be helpful.
Online Learning — Education.com, etc. (10 minutes)	Please login to education.com to find the assignments for your child.	All assignments due on Friday.
Open-Ended Activity (15-20 minutes)	Using the Family Guide, pick 3 activities to do with your child per week.	
Hands-on Math or Literacy Activity (10-15 minutes)	<div>Monday & Tuesday: Literacy See pg.</div> <div>Wed— INVESTIGATION Work on Investigation</div> <div>Thurs & Friday: Math See pg.</div>	
Investigation Title:	See pg.	
Home Practice Workbook Assignment (5-10 minutes)	Please complete any assigned pages.	

[illegible][illegible]

* *Breathe in, Breathe out* poem by Gigi Morales David- take a deep breath in through your nose for a count of 4 and then breathe out through your mouth for a count of 4 after each line in the poem.

Breathe in, Breathe out

Breathe in, breathe out and count to one

You have just begun...

Breathe in, breathe out and count to two

You know what to do...

Breathe in, breathe out and count to three

Very soon you'll see...

Breathe in, breathe out and count to four

You only have one more...

Breathe in, breathe out and count to five

Calm feelings will arrive.

Calm feelings help you thrive!

12:00pm-12:30pm Lunch for students. I will schedule a time 1 x week to have lunch on Zoom with your child and his/her classmates. This will be a good time for conversation and storytelling. It is important for children to engage in many relevant conversations throughout the day to develop their oral language skills.

12:30pm-1:00pm Outdoor/Indoor Free play for children. Encourage gross motor development by chasing, running, jumping, throwing and catching a ball, etc.

1:00pm-2:30pm Rest Time for children. If your child has dropped their nap, please encourage them to rest and look at a book or engage in another quiet time activity such as drawing on their dry erase board.

Sharing Books with your Child

At home, it will be your turn to share at least one picture book with your child each week. You can choose to read one that you have or you can pick to watch one from the weekly "At Home Activity" bags together on YouTube. I am including a list below for you to select from. Books help your child develop language & literacy skills.

To help your child learn best from a read aloud it is important to ask a question about the book **Before** you start sharing it, at least one question **During** the story and at least one question **After** the story. You can pause the YouTube read aloud to ask a question.

Before Reading/ Viewing Questions: Ask what children notice on the cover of the book. "What do you think this book will be about?"

During Reading/ Viewing Questions: Ask children what they are wondering will happen next or talk about a new word and what it means.

After Reading/ Viewing Questions: Ask open ended questions that children can personalize. "What would you do if you were _____ (name one of the characters)?" You can also encourage your child to retell the story.

Additional YouTube Read Alouds with links

1. Ben's Trumpet by Rachel Isadora: <https://www.youtube.com/watch?v=Y4IFexKvzPc>
2. Lines that wiggle by Candace Whitman:
<https://www.youtube.com/watch?v=a1l03hHWGhM>
3. This Jazz Man by Karen Ehrhardt: <https://www.youtube.com/watch?v=cnzywl8FXXQ>
4. I Ain't Gonna Paint No More by Karen Beaumont:
<https://www.youtube.com/watch?v=nxxkknOJJlg>
5. Mouse Paint by Ellen Stoll Walsh: <https://www.youtube.com/watch?v=gWtzmp3mlbA>
6. Duck! Rabbit! By Amy Krouse Rosenthal:
https://www.youtube.com/watch?v=pWZZgrir_0M
7. Dog's Colorful Day: A messy story about colors and counting:
https://www.youtube.com/watch?v=-_gEGyanpck
8. A Color of His Own by Leo Lionni: <https://www.youtube.com/watch?v=rVZcnexBx0o>

Conversations and Singing with your Child

Your child's communication skills grow when they have an opportunity to share their thoughts and ideas. I encourage you to have conversations throughout the day and respond to what your child is interested in talking about. Ask questions that allow the child to share what they are thinking. These questions are called open-ended because the child can answer any way they want. Closed questions only have one right answer. Asking some closed questions are important too but the open-ended questions help children develop their language skills, cognitive skills and creativity skills.

Singing with your child is joyful! Singing also helps your child with language and literacy. I am including a list of songs that you can find on YouTube. You can also create new words to a simple song. Instead of Row, Row, Row your boat gently down the stream- you could say Now, now, now it's time, time to go to bed...



Suggested YouTube Sing Along with YouTube links

1. Down by the Bay by Raffi: <https://www.youtube.com/watch?v=-CSxGHve60E>
2. Apples and Bananas by Raffi: <https://www.youtube.com/watch?v=AyiEF53jvoY>
3. Six Little Ducks by Raffi: <https://www.youtube.com/watch?v=t-GDn2xvFQQ>
4. Shake Your Sillies Out by Raffi:
<https://www.youtube.com/watch?v=HOSpYHEYeqQ>
5. Sammy by Hap Palmer: <https://www.youtube.com/watch?v=zyjuuySiwe0>
6. Colors by Hap Palmer: <https://www.youtube.com/watch?v=4v-nocdm20g>
7. From Head to Toe Song: <https://www.youtube.com/watch?v=9xxyZsdYEmM>
8. The More We Get Together: <https://www.youtube.com/watch?v=lldmkrJXQ-E>
9. We've been waiting for you: <https://www.youtube.com/watch?v=Fa7NafP7eFE>
10. All I really need: <https://www.youtube.com/watch?v=flhdCegdS8s>

Continue Creating Process Art with Your Child

Children need daily opportunities to use art materials including scissors, tape, glue, paint, and painting tools. You can vary the size, type, shape of paper, the art materials and the tools.

Present the materials and let the children have the **freedom to choose, explore and create.**

Some rules to follow when you are providing process art activities for young children:

1. **Don't interfere**- children need to please only themselves, no wrong or right in art, just creating
2. **Try one yourself**- take time to do a practice version of the art activity- this part of the planning process will allow you to make last minute adjustments
3. **Put the child first**- listen to the child and be sensitive to their needs. Avoid potential problems by being careful in the way you present materials, for example limit the amount of paint so you don't have to worry about spills.
4. **Avoid models**- never make a model to show to a child. It is insulting and says to the child, "you don't know what a turkey looks like, so I'll show you" and it makes the child feel inadequate
5. **Child's name**- ask your child where they would like their name. You can say to your child, "**Do you want to write your name or should I?**" (Don't say, "Can you write your name?")

Bev Bos, *Don't Move the Muffin Tins*

Process Art Examples for young children





TISSUE PAPER ABSTRACTS *by* DEEP SPACE SPARKLE

Suggested Process Art Activities

Art Materials provided by Friendship Public Charter School

Safety Scissors

Glue stick

Crayons

Watercolor paints with brush- 8 colors

Playdough

Colored Construction paper

Colored Craft Sticks- 10

Whiteboard with marker

Loose Parts/ Materials found inside and outside that engage the senses

Pinecones, rocks, sticks, leaves, flower petals, feathers, etc

Buttons, plastic caps, scraps of fabric, bubble wrap, toilet paper rolls- can be cut into smaller rings, anything that is safe for your child to touch

Enjoy exploring the materials and have fun creating!

Remember that Process Art is the Creative Journey not the end product...

- No step by step instructions
- No sample to follow
- No right or wrong way to explore and create
- Art is focused on the experience and exploration of materials
- Art is unique and original
- Experience is calming.

How Process Art Experiences Support Preschoolers, Bongiorno, L.

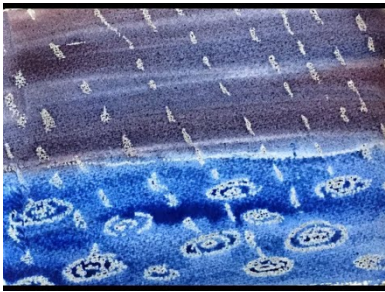
Questions to ask:

1. Is there anything else you could use?
2. Tell me about what you created...
3. What made you think of that?
4. What do you think would happen if _____?

Process Art Activity #1 Outside My Window

Materials: watercolor set, crayons, white paper and water

1. Look outside your window and draw a picture of something you see with your crayons on white paper
2. Choose a color from your watercolor set to paint over the whole picture. This will be the sky and can be whatever color you like
3. With a very wet paintbrush, dip it into your color and paint across the paper.
4. Keep dipping your paintbrush in water before dipping it back in the paint color.
5. Share a story about your artwork



Process Art Activity #2 Rock Sculpture/ Rock art

Materials: Rocks of different sizes

1. Observe the rocks and notice the differences in size and shape
2. Create a tower/sculpture with your rocks
3. Enjoy your creation



Process Art Activity #3 Nature Self Portrait

Materials: Leaves, sticks, pinecones, flower petals, etc and a mirror

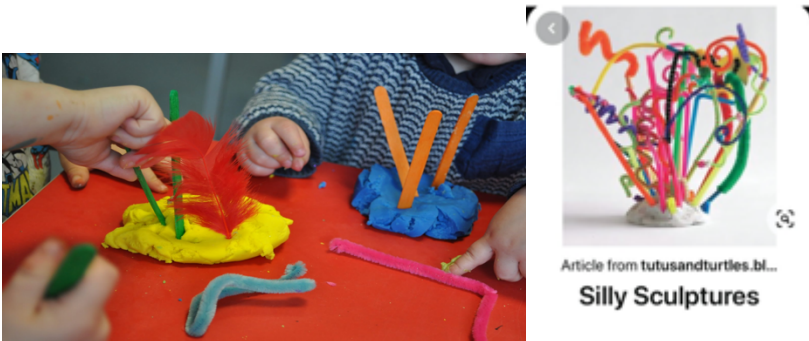
1. Gather some nature items and clear a space on the sidewalk or driveway
2. Look at yourself in a mirror
3. Use the nature items to make a picture of you



Process Art Activity #4 Playdough Creation

Materials: Playdough, colored craft sticks, leaves, sticks, feathers

1. Gather some nature items
2. Open the play dough and enjoy squishing it, rolling it and making it into a ball
3. When you are ready, create a sculpture using some of the materials you have



Process Art Activity #5 Tissue paper collage

Materials: Tissue squares (not provided), glue stick, scissors, white paper

1. Choose tissue paper colors you want to use
2. You can cut them, fold them, crinkle them up into different shapes & sizes
3. Arrange them any way you like. You can overlap them too.
4. Ask your parent to help you glue them where you like



Process Art Activity #6

Materials: Rainbow Scratch Paper not provided, craft stick

1. Place your Rainbow Scratch paper on a table
2. Using your craft stick scratch off the black part covering the paper
3. What do you think you will see? Find out.
4. Make any designs you like



Process Art Activity #7 Sidewalk Masterpiece

Materials: Sidewalk chalk (not provided), nature items of our choice

1. Parents can draw the first letter of your name a large on the sidewalk
 2. Child can add colors with the sidewalk chalk
 3. Child can decorate your letter and create a pattern with nature items
-

Process Art Activity #8 Masking Tape Shape Frame

Materials: masking tape (not provided), plastic caps

1. Parent can create a large masking tape shape that the child desires
2. Provide a variety of plastic caps, buttons, rocks, or whatever else you have around that is safe for your child to touch
3. Encourage the child to fill in the shape however they like



Process Art Activity #9 Creating Symmetry with loose parts

Materials: a frame, placemat, construction paper, etc for a surface, string, tape, etc to divide surface in half, butterfly picture, loose parts that are safe to touch like sticks, buttons, plastic caps, etc organized in bowls or baskets

1. Divide a surface in half using a pipe cleaner, string, tape, etc
2. Share a picture of a butterfly for inspiration
3. Ask the child to look at both wings to see if they look exactly the same
4. Provide some materials listed above
5. Tell the child that you have divided a surface in half and that you want them to make both sides look exactly the same. Refer back to the butterfly wings as an example.
6. Introduce the word symmetry



Process Art Activity #10 Creating a first Letter of Name Masterpiece

Materials: white drawing paper, masking tape or painters tape, watercolor paints and water

1. Create the first letter of your child's name using masking tape on the white drawing paper
2. Child can paint the paper any way they choose
3. When they are finished and the paint is dry, you can remove the masking tape or painters tape to reveal the letter in white
4. You can outline the letter with a black marker if you would like
5. You can create other shapes on paper with the masking tape and repeat the activity



Process Art Activity #11 Easel painting on a homemade easel

Materials: cardboard boxes to fold in a triangular shape, paper and paint



Process Art Activity #12 Creating a Mandala

Materials: round surface could be a placemat or plate, loose parts that are safe to touch, pictures of mandalas for inspiration

1. Share some images of mandalas and that mandala means **circle**
2. Explain that most mandals are colorful and they are a symbol of the universe
3. Help children notice the patterns that are created in mandalas
4. They can be created outdoors using all natural materials or indoors using household items



Process Art Activity #13 Self Portrait and Exploring Emotions

Materials: unbreakable mirror, paper, pencil, round placemat, loose parts that are safe to touch including buttons, rocks, shells, plastic caps, corks, etc

1. Encourage the child to look at their face and notice their features: eyes, ears, nose, hair, eyebrows, mouth
2. Encourage child to make different expressions and to notice how their face changes
3. Tell child to select an emotion and then draw it on their paper or make it on the round placemat/ construction paper



Process Art Activity #14 Practice lines for writing and drawing

Materials: construction paper, beads or buttons

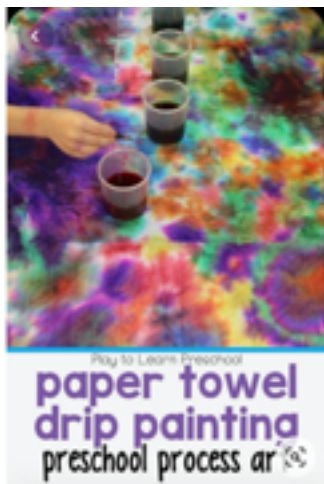
1. Take out a piece of light colored construction paper
2. Draw a few different kinds of lines: wavy, zigzag, spiral or shapes
3. Encourage the child to cover the lines with the beads



Process Art Activity #15 Paper Towel Drip Painting

Materials: long piece of paper towel, watercolor paints, water

1. Cover the table with a towel or newspaper
2. Lay the slightly damp paper towel out on top of the covered table
3. Tell the child to wet their paintbrush each time they dip it in paint
4. Show the child how to gently shake the paintbrush so that the paint drips on the paper towel. It will naturally spread on the paper towel



Process Art Activity #16 Flower prints and Nature paint brushes

Materials: collect sticks and leaves and flowers, rubber bands, watercolor paint or tempera paint, water, white drawing paper

1. Attach the flowers, leaves and grasses to the sticks with a rubber band to create Nature paint brushes
2. Use the Nature paint brushes to dip in the paint
3. Paint with the Nature paint brushes and create something new



Process Art Activity #17 Button Trees

Materials: buttons, drawing paper, brown marker, picture of a fall tree for inspiration

1. Encourage the child to look at the picture of the fall tree and ask them what they notice
2. Tell them to use the brown marker to create the trunk of the tree
3. Provide different color and sizes of buttons for the child to use to represent the fall leaves



Process Art Activity #18 Silly Hair: Blowing paint through a straw

Materials: straw, white drawing paper, watercolor paint, black marker

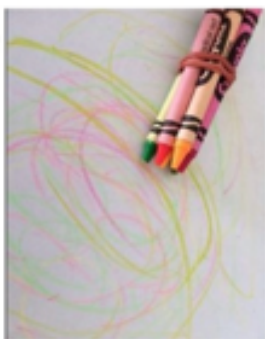
1. Draw a picture of your face but don't include the hair
2. With your watercolor paint, paint a watery line of hair around the top of your head
3. With your straw, blow hard to make the paint move and create silly hair



Process Art Activity #19 Bundled Crayons

Materials: 4-6 crayons, rubberband, white paper

1. Grab 4-6 crayons that you like
2. Place a rubber band around them to hold them together
3. Take out a piece of white drawing paper
4. Draw your image and look at the different colored lines that define your image



Process Art Activity #20 Watercolor paint and salt

Materials: watercolor paints, white drawing paper or watercolor paper, salt, water

1. Paint your picture
2. Add salt to the wet watercolor painting and observe what happens



Process Art Activity #21 Creating a color matching “In the Moment” collage

Materials: different primary and secondary colored construction paper, solid color items found around the house or outside

1. Lay out the colored papers in the order that you like
2. Match the item color with the construction paper color
3. Create a one color collage on each colored construction paper to match
4. Take a picture of your In the moment collage when you are done



Process Art Activity #22 Creating leaf insects

Materials: leaves, sticks, flower petals, acorns, etc

1. Share some pictures of real insects to inspire your child
2. Provide the natural materials organized in baskets or bowls
3. Have a conversation about which insect the child would like to create with the natural materials you provided
4. Take a picture of their leaf insect
5. You may want to read/ listen to the book Leaf Man by Lois Ehlert:

<https://www.youtube.com/watch?v=YvAK2hxNFrY>



Process Art Activity #23 Weaving with strips of construction paper

Materials: Cardboard with rows of long thin rectangles for weaving, strips of different colored construction paper or ribbons

1. Create the weaving board from cardboard & provide strips of paper
2. Weave strip by going over and under and over and under each slat
3. Alternating how you start each strip of paper or ribbon



Process Art Activity #24 Creating Nature bracelets

Materials: masking tape, leaves, flower petals, seeds, etc

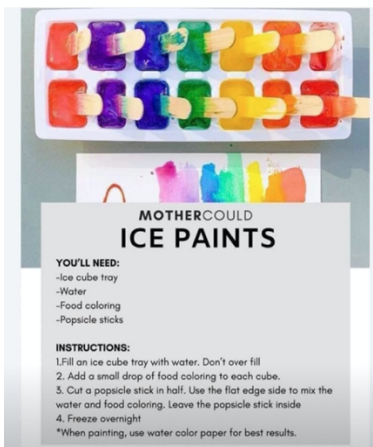
1. Using the masking tape with the sticky side facing out, create a bracelet
2. With your child, collect nature items outside and arrange them on plates or in bowls
3. Encourage the child to choose the items to stick on the masking tape
4. Wear your nature bracelet for the day



Process Art Activity #25 Ice Paints

Materials: ice cube tray, water, food coloring, popsicle sticks

1. Fill an ice cube tray with water. Don't overfill
2. Add a small drop of food coloring to each cube
3. Cut a popsicle stick in half. Use the flat edge side to mix the water and food coloring. Leave popsicle stick inside
4. Freeze overnight and use to paint the next day



Suggested Hands-on Activities and Scavenger Hunts
Daily hands-on math and literacy activities will be provided for you

Additional Materials provided by Friendship Public Charter School

Tangram puzzle pieces

Connecting cubes for measuring and counting

White board and dry erase marker

Colored scarf

ABC Placemat with literacy and math support

White drawing paper

1 sentence strip (cut in half) to create a Name Puzzle

Blank mini-books for children to write their own stories

Natural Materials found outside

Pinecones

Rocks

Sticks

Leaves

Flower petals

Feathers

Grass

Acorns

Bark

Moss



Hands on Activity #1 Making Music

Materials: sticks, pot or pan from inside the house

1. Find two sticks outside like Max
2. Create your own rhythm by striking the pot or pan with your sticks
3. Try to make different sounds by striking other surfaces
4. Try to make different sounds using your body: clap hands, stomp feet... Try different combinations and create your own rhythm



Hands on Activity #2 Music and Creative Movement

Materials: Colored Scarf, YouTube blues music, rock music, country music, marching band, etc.

1. What can you do with a scarf? Can it be a cape? What else can it be?
2. When you look through it, what do you see?
3. When you cover something with it what do you see?
4. Dance with your scarf. Change the music and see how you move with the scarf. Do you move the scarf slowly when you dance to slow music? Do you move the scarf quickly when you dance to fast music?





Hands on Activity #3 Exploring and Noticing Details

Materials: Magnifying Glasses

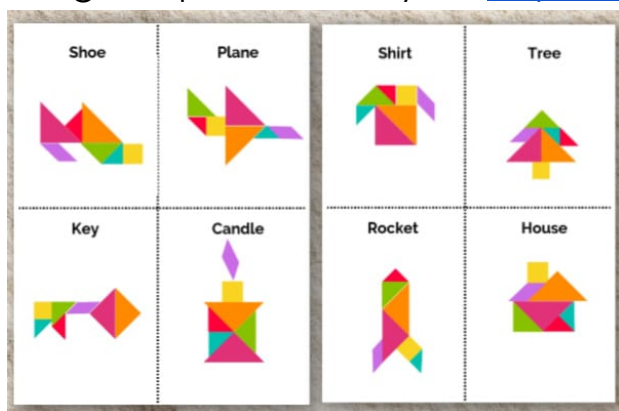
1. Grab your magnifying glass to explore outside. Things look bigger.
2. What do you notice when you look closely at the bark of the tree?
3. What do you notice when you look closely at the grass?
4. What else do you want to explore with your magnifying glass?
5. Play a game of I spy with your family. "I spy something black."
6. Ask your parents to guess what you spy.
7. Share the magnifying glass so everyone has a turn to look closely at something you found.

Hands on Activity #3 Ancient Chinese Puzzles with Tangrams

Materials; 7 pieces of the Tangram set, Swan puzzle document

1. Explore your 7 Tangram puzzle pieces
2. How many are triangles
3. Can you create a square using all 7 pieces
4. Take out the Swan Puzzle document provide for you in the home bag
5. Using the Tangram pieces fill in the swan puzzle
6. Look online for many additional Tangrams puzzles

Here is a youtube video explaining Tangrams and sharing many different Tangram puzzles with you: <https://www.youtube.com/watch?v=p3avPxYb3wU>



Scavenger Hunt Ideas to get you started...

1. Outside Scavenger Hunt

- Find 2 leaves
- 10 blades of grass
- Find 3 sticks
- Find something that smells good
- Find a bug
- A rock
- Find something heavy
- Create your own

2. Inside Scavenger Hunt

- Something very soft
- A book
- Something round
- Find a fork
- Find a bandaid
- A toy with wheels
- Find 2 socks that match
- Something you can reuse or recycle
- Create your own

3. Rainbow Scavenger Hunt

- Find something yellow
- Find something red
- Find something blue
- Find something green
- Find something orange
- Find something purple
- Create your own

4. Math Scavenger Hunt

- Find 2 pencils and 1 blue crayon. How many in all?
- Find 4 socks and 2 stuffed animals. How many in all?
- Find 4 crackers and eat 2. How many are left?
- Find something long and find something short.
- Find something heavy and find something light
- Find something shaped like a circle
- Create your own

Parent Participation and Commitment to the Components of the 100% Virtual Program

Attend 60-minute online sessions 5 x week with your child Monday through Friday at your assigned Group time

Help your child complete daily “At Home Activities” and the weekly investigations

Attend 30 - 45 minute PLC meeting 1x week with teacher and other parents of children in your child's class

Prepare materials as needed for at home activity sessions with your child

Suggested Parent Daily Schedule

8:30am- 9am

In the morning, look out the window together

Questions: What do you notice? What are you wondering about this day?

SKILLS: Observation-science skill, Language skills

Talk about the weather, birds, the sky, etc. If there are clouds think about what the shapes could be.

Let child help set the table for breakfast- count the chairs, the placemats, etc.

SKILLS: One to one correspondence, math

Eat Breakfast together

Questions: Does your food make a sound when you eat it? Have a conversation and follow your child's lead

SKILLS: Language

Ask child to place their dish in the sink

SKILLS: Following directions, Self-regulation

You can sing the Clean-up song- *Clean Up, Clean Up, Everybody Everywhere, Clean Up, Clean Up, Everybody do your share.*

SKILLS: Language

Question: Would you like to create something with your art materials?

SKILLS: Visual Art, Creativity

9:00am-11:45am

Attend daily virtual instruction and complete at home activities

11:45am- 12:15pm

Let the child set the table for lunch

Eat Lunch together-

SKILLS: *Nutrition, Health and Science*

Remind your child to take time to notice the color, texture and taste of their food. Have a conversation and follow your child's lead.

SKILLS: *Language*

12:30pm- 1pm

Outdoor Guided Play and Free Play

SKILLS: *Physical motor skills, Science*

Run together, roll the ball, look for insects to examine with magnifying glasses, color the sidewalk with chalk, go on a scavenger hunt, follow your child's lead and discuss what interests them

1pm- 1:10pm

Bathroom and Wash hands- Self-help skills

Sing a song on the suggested YouTube list or recite a nursery rhyme-

SKILLS: *Language skills*

1:10pm- 3pm

Nap time or quiet rest time looking at books

3pm- 3:30pm

Read a picture book to your child or watch one of the suggested read aloud books in this Family Guide or on YouTube Kids

SKILLS: *Literacy*

Questions for books are Included on the suggestion list

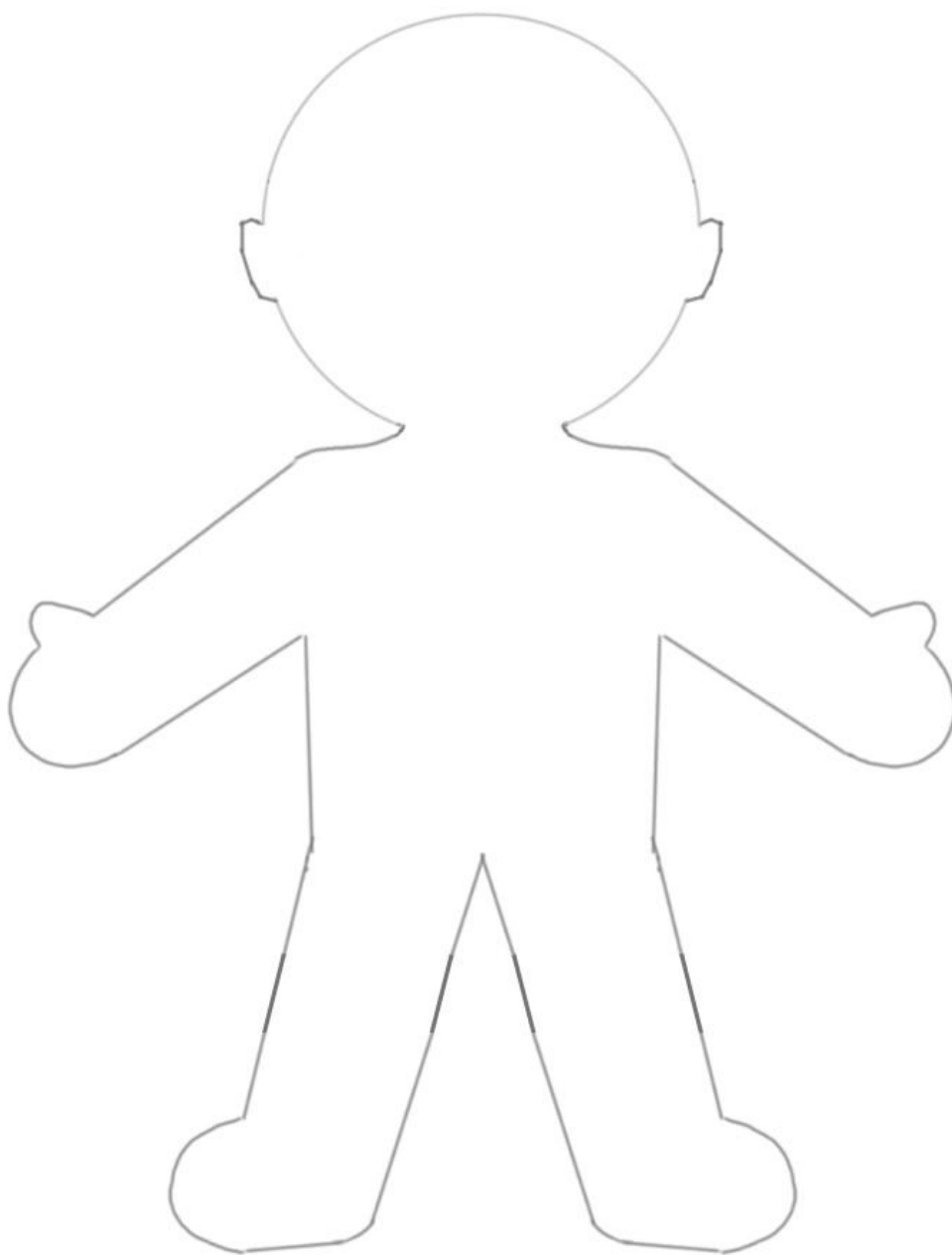
SKILLS: *Language and Literacy*

Additional Resources to use with visual art Instruction with the Teacher

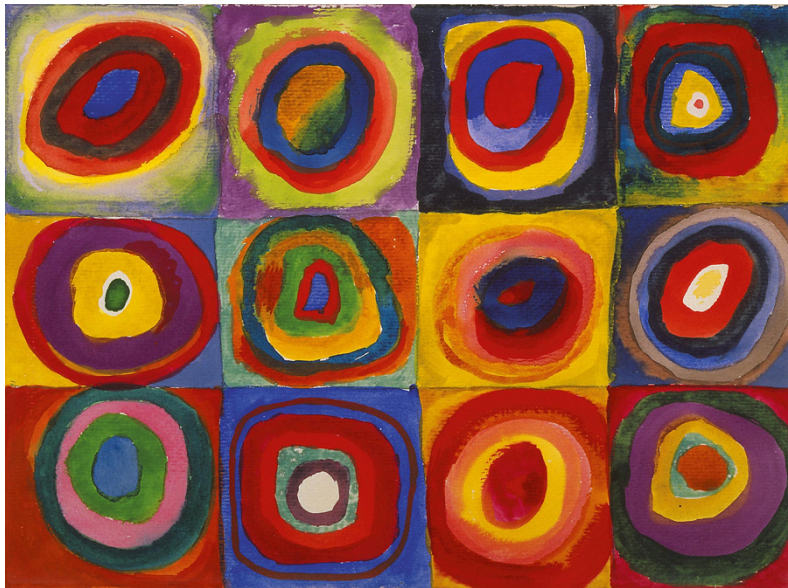


Come join us at the Silver Slipper Dance Hall

Here is a paper doll to dress up for dance and cut out



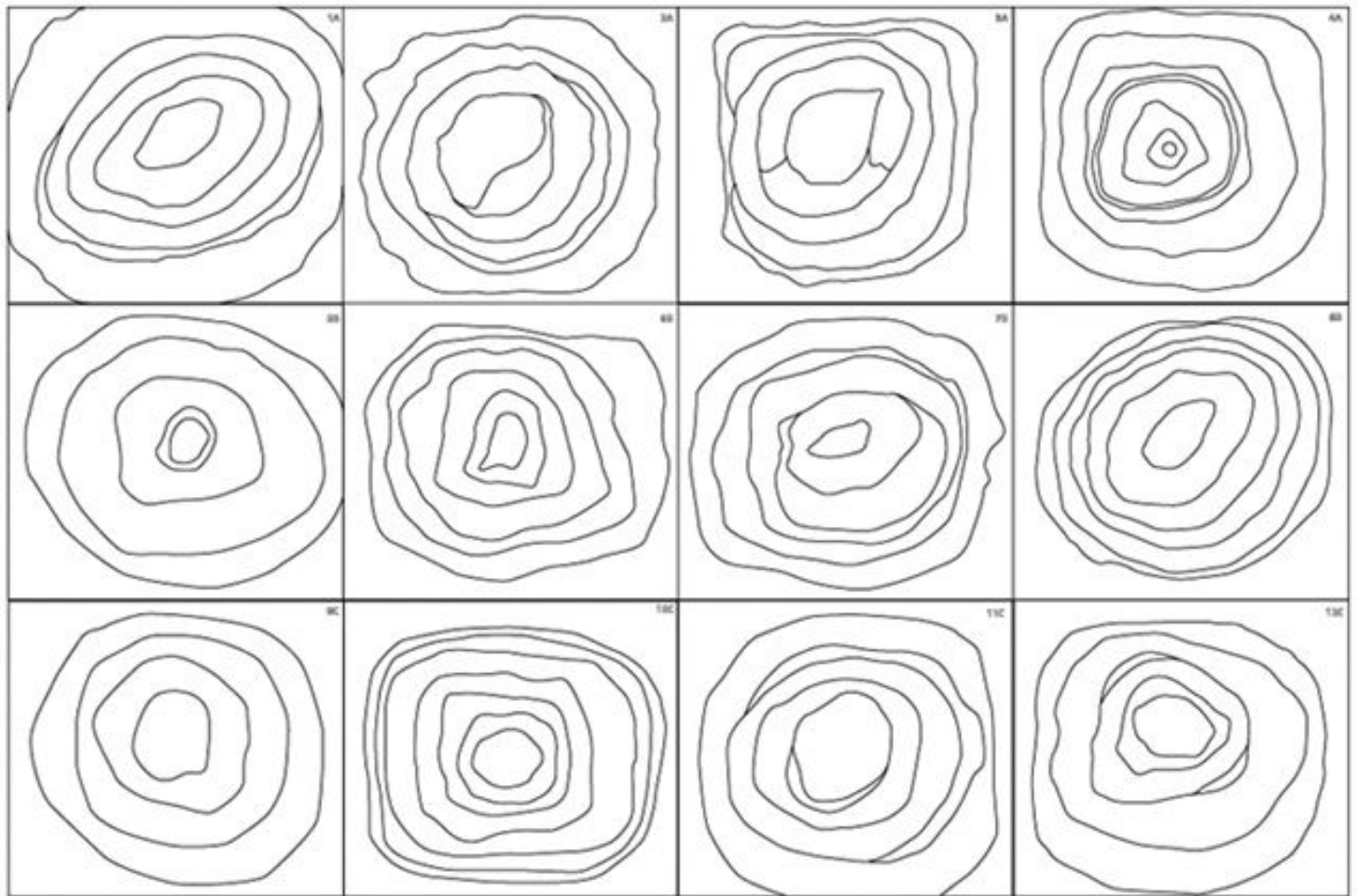
Dress yourself up for the Dance



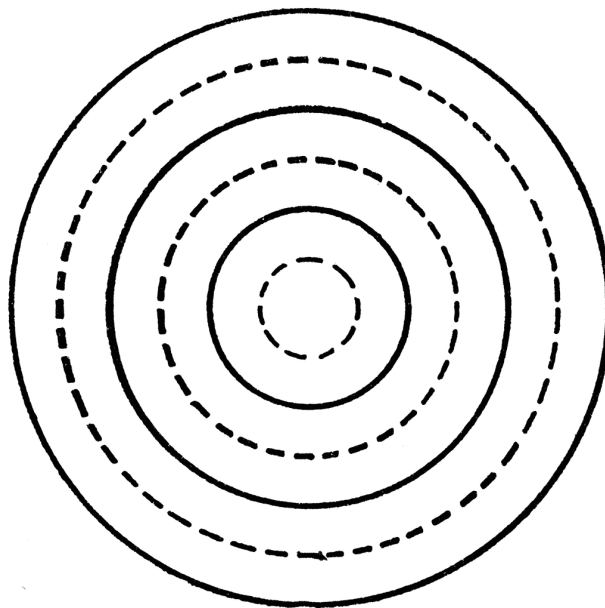
Color Study: Squares with Concentric Circles



Create your own concentric circles



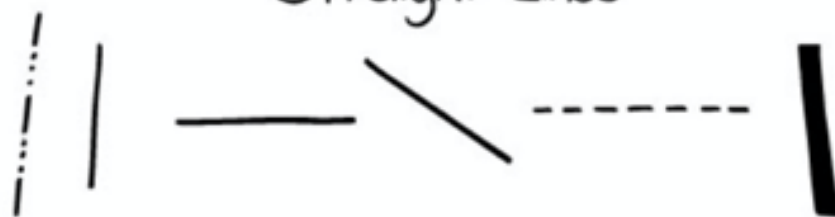
Choose the colors for your concentric circles



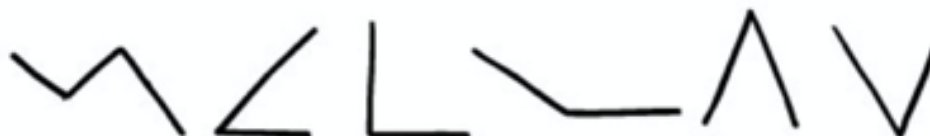
The Line Family

SHORT • LONG • THICK • THIN

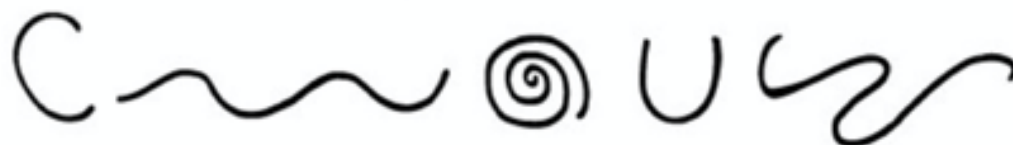
Straight Lines



Angled Lines

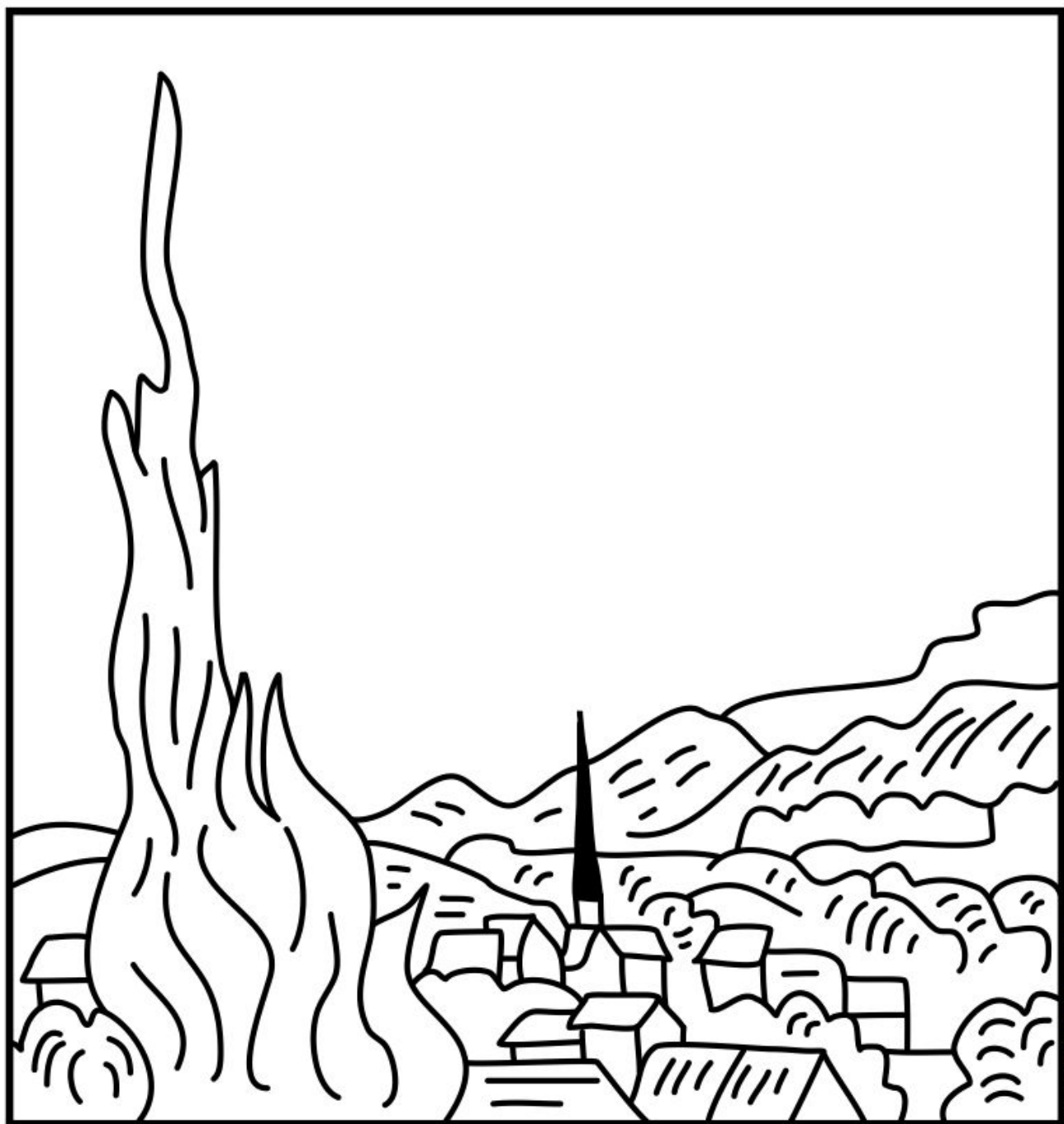


Curved Lines



Direction of Lines

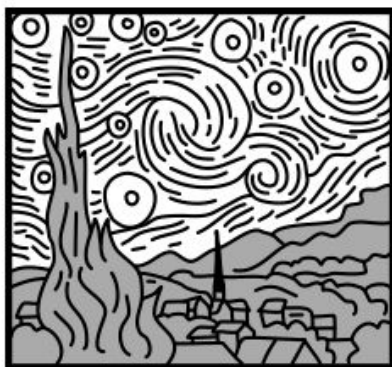




Copyright © 2016 Mary Straw

Starry Night by Vincent van Gogh

This famous painting is a mystery. It was painted from the artist's imagination so we can't be sure of what he was thinking. We see that the style of painting is very busy and full of movement.



Create your own starry night!

Use color and try to draw with bold, curvy lines to show motion and emotion.

Fun Fact

There are 11 stars in the original painting!