



Friendship Public
Charter School
GRADES PRE-K3 TO 12

Early Childhood Distance Learning

Partners in Education Family Guide

“Keeping Children Curious, Connected and Calm”



APRIL 2020

Dear Families,

I know that your child is capable, competent and creative. We have created a fun family guide to help teach your child over the next few weeks. You are my partner and we are going to work together to help your child learn important skills at home.

With this disruption to your child's daily schedule, they may feel more frustrated than usual. They may be hearing information about the virus that scares them. It is important to have a strategy to help you stay calm during this challenging time and to help your children. Taking 5 deep breaths is a great start. Breathe in through your nose to a count of 4 and out through your mouth for a count of 4. On YouTube, there is a fun Sesame Street video that teaches your child how taking deep breaths will calm their monster inside. Check out Belly Breath:

https://www.youtube.com/watch?v=_mZbzDOpylA

I will be checking in each day to let your child know that I miss them. On Tuesday, Wednesday, Thursday I will be teaching them on Zoom and I look forward to having you join our morning circle. On Mondays and Fridays, you will take the lead as teacher. I am providing a schedule that will help your child stay on track and feel secure in a routine that is familiar to them.

Thanks for your continued support!

Online Lessons and Access to Zoom and YouTube

(Can be found on Friendship Website)

Zoom:

1. Login information will be provided before April 6.

YouTube:

1. Turn on your computer
2. Click on Internet Access: Safari or Google Chrome
3. Type YouTube in browser
4. Click on YouTube
5. Copy and paste the link from the family guide in the search bar
6. Watch the YouTube Read Aloud or Sing Along Video



Sharing Books with your Child

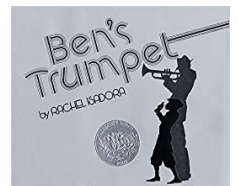
Mondays & Fridays will be your turn to share at least one picture book with your child. You can choose to read one that you have or you can pick to watch one together on YouTube. I am including a list below for you to select from. Books help your child develop language & literacy skills.

To help your child learn best from a read aloud it is important to ask a question about the book **Before** you start sharing it, at least one question **During** the story and at least one question **After** the story. You can pause the YouTube read aloud to ask a question.

Before Reading/ Viewing Questions: Ask what children notice on the cover of the book. "What do you think this book will be about?"

During Reading/ Viewing Questions: Ask children what they are wondering will happen next or talk about a new word and what it means.

After Reading/ Viewing Questions: Ask open ended questions that children can personalize. "What would you do if you were _____ (name one of the characters)?"



Suggested YouTube Read Alouds with links

1. Ben's Trumpet by Rachel Isadora: <https://www.youtube.com/watch?v=Y4lFexKvzPc>
2. Hand Hand Fingers Thumb by Dr. Suess: <https://www.youtube.com/watch?v=1F8UIQ7AZFc>
3. This Jazz Man by Karen Ehrhardt: <https://www.youtube.com/watch?v=cnzywl8FXXQ>
4. I Ain't Gonna Paint No More by Karen Beaumont: <https://www.youtube.com/watch?v=nxxkknOJJlg>
5. Mouse Paint by Ellen Stoll Walsh: <https://www.youtube.com/watch?v=gWtzmp3mlbA>

6. Duck! Rabbit! By Amy Krouse Rosenthal: https://www.youtube.com/watch?v=pWZZgrir_0M
7. Knuffle Bunny by Mo Willems: <https://www.youtube.com/watch?v=TX0BNQArnMY>
8. A Color of His Own by Leo Lionni: <https://www.youtube.com/watch?v=rVZcnexBx0o>

Conversations and Singing with your Child

Your child's communication skills grow when they have an opportunity to share their thoughts and ideas. I encourage you to have conversations throughout the day and respond to what your child is interested in talking about. Ask questions that allow the child to share what they are thinking. These questions are called open-ended because the child can answer any way they want. Closed questions only have one right answer. Asking some closed questions are important too but the open ended questions help children develop their language skills, cognitive skills and creativity skills.

Singing with your child is joyful! Singing also helps your child with language and literacy. I am including a list of songs that you can find on YouTube. You can also create new words to a simple song. Instead of Row, Row, Row your boat gently down the stream- you could say Now, now, now it's time, time to go to bed...



Suggested YouTube Sing Along with YouTube links

1. Down by the Bay by Raffi: <https://www.youtube.com/watch?v=-CSxGHve60E>
2. Apples and Bananas by Raffi: <https://www.youtube.com/watch?v=AyiEF53jvoY>
3. Six Little Ducks by Raffi: <https://www.youtube.com/watch?v=t-GDn2xvFQQ>
4. Shake Your Sillies Out by Raffi: <https://www.youtube.com/watch?v=HOSpYHEYeqQ>
5. Sammy by Hap Palmer: <https://www.youtube.com/watch?v=zyjuuySiwe0>
6. Colors by Hap Palmer: <https://www.youtube.com/watch?v=4v-nocdm20g>
7. From Head to Toe Song: <https://www.youtube.com/watch?v=9xxyZSdYEmM>
8. The More We Get Together: <https://www.youtube.com/watch?v=lldmkrJXQ-E>



Raffi

Creating Process Art with Your Child

Children need daily opportunities to use art materials including scissors, tape, glue, paint, and painting tools. You can vary the size, type, shape of paper, the art materials and the tools.

Present the materials and let the children have the **freedom to choose, explore and create.**

Some rules to follow when you are providing process art activities for young children:

1. **Don't interfere**- children need to please only themselves, no wrong or right in art, just creating
2. **Try one yourself**- take time to do a practice version of the art activity- this part of the planning process will allow you to make last minute adjustments
3. **Put the child first**- listen to the child and be sensitive to their needs. Avoid potential problems by being careful in the way you present materials, for example limit the amount of paint so you don't have to worry about spills.
4. **Avoid models**- never make a model to show to a child. It is insulting and says to the child, "you don't know what a turkey looks like, so I'll show you" and it makes the child feel inadequate
5. **Child's name**- ask your child where they would like their name. You can say to your child, "**Do you want to write your name or should I?**" (Don't say, "Can you write your name?")

Process Art Examples for young children





TISSUE PAPER ABSTRACTS *by* DEEP SPACE SPARKLE

Suggested Process Art Activities

Art Materials provided by Friendship Public Charter School

Safety Scissors

Gluestick

Crayons- 8 colors

Watercolor paints with brush- 8 colors

Playdough- 1 color

Rainbow Scratch Paper

White Paper

Colored Jumbo Craft Sticks- 5

Colored Tissue Squares- 5 squares of varying colors

Sidewalk Chalk- 3 colors

Whiteboard with marker

Materials found inside and outside

Pinecones

Rocks

Sticks

Leaves

Flower petals

Feathers

Fruit

Pan

Wooden Spoon

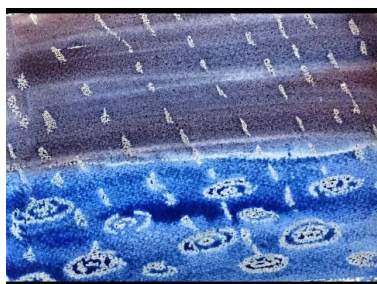
Enjoy exploring the materials and have fun creating!



Process Art Activity #1 Outside My Window

Materials: watercolor set, crayons, white paper and water

1. Look outside your window and draw a picture of something you see with your crayons on white paper
2. Choose a color from your watercolor set to paint over the whole picture. This will be the sky and can be whatever color you like
3. With a very wet paintbrush, dip it into your color and paint across the paper.
4. Keep dipping your paintbrush in water before dipping it back in the paint color.
5. Share a story about your artwork



Process Art Activity #2 Rock Sculpture

Materials: Rocks of different sizes

1. Observe the rocks and notice the differences in size and shape
2. Create a tower/sculpture with your rocks
3. Enjoy your creation



Process Art Activity #3 Nature Self Portrait

Materials: Leaves, sticks, pinecones, flower petals, etc and a mirror

1. Gather some nature items and clear a space on the sidewalk or driveway
2. Look at yourself in a mirror
3. Use the nature items to make a picture of you



Process Art Activity #4 Playdough Creation

Materials: Playdough, colored craft sticks, leaves, sticks, feathers

1. Gather some nature items
2. Open the pay dough and enjoy squishing it, rolling it and making it into a ball
3. When you are ready, create a sculpture using some of the materials you have



Process Art Activity #5 Tissue paper collage

Materials: Tissue Squares, glue stick, scissors, white paper

1. Choose the tissue squares you want to use
2. You can cut them, fold them, crinkle them up
3. Arrange them any way you like. You can overlap them too.
4. Ask your parent to help you glue them where you like



Process Art Activity #6

Materials: Rainbow Scratch Paper, craft stick

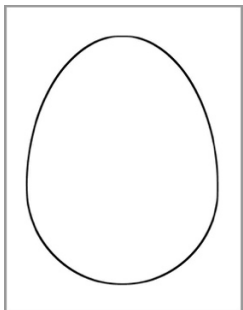
1. Place your Rainbow Scratch paper on a table
2. Using your craft stick scratch off the black part covering the paper
3. What do you think you will see? Find out.
4. Make any designs you like



Process Art Activity #7 Sidewalk Masterpiece

Materials: Sidewalk chalk, nature items of our choice

1. Parents can draw a large oval shape on the sidewalk
2. Child can add colors with the sidewalk chalk
3. Child can decorate their egg and create a pattern with nature items



4.

Suggested Hands-on Activities
Themes: Music, Dance and Springtime

Additional Materials provided by Friendship Public Charter School

Colored Scarf-1

Plastic Eggs- 3

Spring animal Finger puppets- 3

Natural Materials found outside

Pinecones

Rocks

Sticks

Leaves

Flower petals

Feathers

Hands on Activity #1 Fine Arts Theme Music

Materials: sticks, pot or pan from inside the house

1. Find two sticks outside like Max
2. Create your own rhythm by striking the pot or pan with your sticks
3. Try to make different sounds by striking other surfaces
4. Try to make different sounds using your body: clap hands, stomp feet... Try different combinations and create your own rhythm



Hands on Activity #2 Springtime Theme

Materials: 3 Plastic Colored Eggs

1. Eggs are fun to hide and find. Take turns hiding them in the house to find.
2. Put something inside the three eggs. Put the same thing in two and something different in the other egg.
3. Shake the eggs to hear which two match.
4. Open the eggs to see if you are correct.
5. Can you put something in the eggs to make them egg shakers that you can use to play a rhythm.
6. What else can you do with the eggs?



Hands on Activity #3 Fine Arts Theme Music and Dance

Materials: Colored Scarf, YouTube blues music, rock music, country music, marching band, etc

1. What can you do with a scarf? Can it be a cape? What else can it be?
2. When you look through it, what do you see?
3. When you cover something with it what do you see?
4. Dance with your scarf. Change the music and see how you move with the scarf. Do you move the scarf slowly when you dance to slow music? Do you move the scarf quickly when you dance to fast music?



Hands on Activity #4 Springtime Theme

Materials: Magnifying Glasses

1. Grab your magnifying glass to explore outside. Things look bigger.
2. What do you notice when you look closely at the bark of the tree?
3. What do you notice when you look closely at the grass?
4. What else do you want to explore with your magnifying glass?
5. Play a game of I spy with your family. "I spy something black."
6. Ask your parents to guess what you spy.
7. Share the magnifying glass so everyone has a turn to look closely at something you found.



Hands on Activity #5 Springtime Theme

Materials: Spring animal finger puppets

1. Put the Little Bunny on one of your fingers. Name your new bunny friend. Say hello to your friend. Pretend your bunny can talk to you.
2. Recite the poem **One Little Bunny** with the bunny on your finger:
One Little Bunny, Peeking through the grass, When she/he sees me,
He/She ducks down fast (make your bunny finger puppet duck down)
3. Wear your bunny finger puppet to morning circle time. Introduce your bunny friend to your class.
4. Let someone else in your family wear your bunny finger puppet and let them talk for your friend. Have a conversation with your friend.



Overview of Daily Schedule for Your Child

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
At Home with Guardian(s); Virtual Check in w/ Teachers	Virtual Learning with Teachers on Zoom from 10-11am	Virtual Learning with Teachers on Zoom 10-11am	Virtual Learning with Teachers on Zoom 10-11am	At Home with Guardian(s); Virtual Check in w/ Teachers
<p>10:00-10:15am Social Emotional Virtual Check-In</p> <p>10:20-11:00am Parents read a picture book of your choice or watch a YouTube Read aloud from the suggested list in Family Guide with your child. StarFall activities (20 minutes Max); additional support activities provided in Family Guide Book and links</p> <p>11:00-11:40—Lunch</p> <p>11:45-12:30— Recess/Outdoor time/free play</p> <p>12:35—Bathroom 12:40-2:00— Nap/Rest Time</p> <p>Ms. Adia will lead a special read aloud on Monday and/or Fridays at 10:30 if you can make it! https://zoom.us/j/4808834941</p>	<p>10-10:15am Morning Circle</p> <p>10:20-10:35am Literacy Lesson</p> <p>10:40-10:50am Read Aloud</p> <p>10:55-11:00am Closing Circle</p> <p>11:00-11:40am Lunch</p> <p>11:45-12:30pm Recess/Outdoor time/free play</p> <p>12:35pm Bathroom</p> <p>12:40-2:00pm Nap/Rest Time Spend any 15 minutes after rest time completing the daily assignment page. Remember to read a book with/to your child(ren)</p>	<p>10-10:15am Morning Circle</p> <p>10:20-10:35am Numeracy Lesson</p> <p>10:40-10:50am Read Aloud</p> <p>10:55-11:00am Closing Circle</p> <p>11:00-11:40am Lunch</p> <p>11:45-12:30pm Recess/Outdoor time/free play</p> <p>12:35pm Bathroom</p> <p>12:40-2:00pm Nap/Rest Time Spend any 15 minutes after rest time completing the daily assignment page. Remember to read a book with/to your child(ren)</p>	<p>10-10:15am Morning Circle</p> <p>10:25-10:45am Language Development Lesson</p> <p>10:50-11:00am Closing Circle</p> <p>11:00-11:40am Lunch</p> <p>11:45-12:30pm Recess/Outdoor time/free play</p> <p>12:35pm Bathroom</p> <p>12:40-2:00pm Nap/Rest Time Spend any 15 minutes after rest time completing the daily assignment page. Remember to read a book with/to your child(ren)</p>	<p>10:00-10:15am Social Emotional Virtual Check-In</p> <p>10:20-11:00— Parents read a picture book of your choice or watch a YouTube Read aloud from the suggested list in Family Guide with your child. StarFall activities (20 minutes Max); additional support activities in Family Guide Book and links</p> <p>11:00-11:40—Lunch 11:45-12:30— Recess/Outdoor time/free play</p> <p>12:35—Bathroom</p> <p>12:40-2:00—Nap/Rest Time</p> <p>Ms. Adia will lead a special read aloud on Monday and/or Fridays at 10:30 if you can make it! https://zoom.us/j/4808834941)</p>

Detailed Parent Schedule on Mondays and Fridays

9am- 10am

Look out the window together

Questions: What do you notice? What are you wondering about this day?

SKILLS: Observation-science skill, Language skills

Talk about the weather, birds, the sky, etc. If there are clouds think about what the shapes could be.

Process Art Activity: See suggested process art activities

Let child help set the table for breakfast-

SKILLS: One to one correspondence, math

Eat Breakfast together

Questions: Does your food make a sound when you eat it? Have a conversation and follow your child's lead

SKILLS: Language

Ask child to place their dish in the sink

SKILLS: Following directions, Self-regulation

You can sing the Clean-up song- *Clean Up, Clean Up, Everybody Everywhere, Clean Up, Clean Up, Everybody do your share.*

SKILLS: Language

Question: What would you like to tell your teacher this morning? Pretty soon, we are going to see her on the computer.

SKILLS: Social-emotional

10am-10:15am

Virtual Check-in with teacher-

SKILLS: Social-emotional skills

10:20am-11am

Read a picture book to your child or watch one of the suggested read aloud books on YouTube Kids

SKILLS: Literacy

Questions for books are Included on the suggestion list

SKILLS: Language and Literacy

Starfall activities,

SKILLS: Literacy and Math

11am-11:40am

Let the child set the table for lunch

Eat Lunch together-

SKILLS: Nutrition, Health and Science

Remind your child to take time to notice the color, texture and taste of their food. Have a conversation and follow your child's lead.-

SKILLS: Language

11:45am-12:15pm

Outdoor Guided Play-

SKILLS: Physical motor skills, Science

Run together, roll the ball, look for insects to examine with magnifying glasses, color the sidewalk with chalk, create a scavenger hunt, follow your child's lead and discuss what interests them

12:15pm- 12:30pm

Outdoor Free Play-

SKILLS: Physical motor skills

12:30pm- 12:40pm

Bathroom and Wash hands- Self-help skills

Sing a song on the suggested list or recite a nursery rhyme-

SKILLS: Language skills

!2:40pm- 2pm

Nap time or quiet rest time looking at a book

Suggested Nursery Rhymes and Poem

Language & Literacy skills including rhyming and vocabulary

Humpty Dumpty

Humpty Dumpty Sat on a Wall,
Humpty Dumpty Had a Great Fall.
All the Kings' Horses and all the Kings' Men,
Couldn't Put Humpty Together Again.

Little Jack Horner

Little Jack Horner
Sat in a corner
Eating his holiday pie
He put in his thumb
And pulled out a plumb
And said, "what a good boy am I"

Twinkle Twinkle Little Star

Twinkle Twinkle little star
How I wonder what you are
Up above the world so high
Like a diamond in the sky
Twinkle Twinkle little star
How I wonder what you are.

The Five Senses Poem

My eyes can see the big bright sun
My nose can smell the cinnamon buns
My ears can hear the big loud drums
My tongue can taste good things, Yum! Yum!
My hands can feel the sand, what fun!
I love my senses, every one.