

NOVEMBER 2019

High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
				Cheese or Pepperoni Pizza Cheese Ravioli w Biscuit Stick Southwest Chicken Salad Fruit Salad w/ Cottage Cheese Caesar Salad Seasoned Corn
1. Cheeseburger Sliders 2. Popcorn Chicken Bowl w/ Mashed Potatoes 3. Chicken Caesar Salad 4. Chef Salad w/ Cheddar Cheese Sweet Potato Fries Seasoned Broccoli	Chicken Philly Cheesesteak w/ Peppers & Onions Pizza Crunchers w/ Marinara Seef Taco Salad Fruit Salad w/ Yogurt Mixed Greens Salad	1. Beef BBQ Rib Sandwich 2. Teriyaki Chicken w/ Fried Rice 3. Crispy Chicken Salad 4. Chef Salad w/ Egg Stir Fry Veggies Baked Potato Wedges Coleslaw	1. Chicken Fajitas 2. Spaghetti w/ Meat Sauce 3. Chef Salad w/ Tuna 4. Chef Salad w/ Beans Mixed Greens Salad Black Beans	No School 8
Veteran's Day	1: Crispy Chicken Sandwich w/ Lettuce & Tomato 2: Cheese or Veggie Lasagna 3: Beef Taco Salad 4: Fruit Salad w/ Yogurt Seasoned Broccoli	1. Philly Cheesesteak w/ Pepper & Onions 2. Baked Chicken w/ Brown Rice 3. Crispy Chicken Salad 4: Chef Salad w/ Egg Baked Potato Wedges Sliced Carrots	1. BBQ Chicken Sandwich 2. Beef Taco Bowl 3. Chef Salad w/ Tuna 4. Chef Salad w/ Beans Pinto Beans Coleslaw	Cheese or Pepperoni Pizza Cheese Ravioli w Biscuit Stick Southwest Chicken Salad Fruit Salad w/ Cottage Cheese Caesar Salad Seasoned Corn
1. Cheeseburger Sliders 2. Popcorn Chicken Bowl w/ Mashed Potatoes 3. Chicken Caesar Salad 4. Chef Salad w/ Cheddar Cheese Sweet Potato Fries Seasoned Broccoli	Chicken Philly Cheesesteak w/ Peppers & Onions Pizza Crunchers w/ Marinara 3. Beef Taco Salad Fruit Salad w/ Yogurt Mixed Greens Salad	1. Beef BBQ Rib Sandwich 2. Teriyaki Chicken w/ Fried Ric 3. Crispy Chicken Salad 4. Chef Salad w/ Egg Stir Fry Veggies Baked Potato Wedges Coleslaw	1. Turkey & Gravy w/ Stuffing 2. Spaghetti w/ Meat Sauce 3. Chef Salad w/ Tuna 4. Chef Salad w/ Beans Mashed Potatoes & Cranberry Sauce Roasted Carrots Black Beans	1. French Bread Pizza 2. Orange Chicken w/ Fried Rice 3. Southwest Chicken Salad 4. Fruit Salad w/ Cottage Cheese Sliced Carrots Caesar Salad Seasoned Corn
1. Cheeseburger w/ Lettuce & Tomato 2. Turkey w/ Gravy & Biscuit Sticks 3. Chicken Caesar Salad 4. Chef Salad w Cheddar Cheese Sweet Potato Fries Mixed Greens Salad	1: Crispy Chicken Sandwich w/ Lettuce & Tomato 2: Cheese or Veggie Lasagna 3: Beef Taco Salad 4: Fruit Salad w/ Yogurt Seasoned Broccoli	No School 27	Happy Thanksgiving! 28	No School 29