

9-12


Monday
Tuesday
Wednesday
Thursday
Friday

Happy New Year!

1

Manager's Choice

2

Manager's Choice

3

1. Cheeseburger Sliders
2. Popcorn Chicken Bowl w/ Mashed Potatoes
3. Chicken Caesar Salad
4. Chef Salad w/ Cheddar Cheese

6

 Sweet Potato Fries
Seasoned Broccoli

1. Chicken Philly Cheesesteak w/ Peppers & Onions
2. Stuffed Crust Pizza
3. Beef Taco Salad
4. Fruit Salad w/ Yogurt

7

 Mixed Greens Salad
Waffle Fries

1. Beef BBQ Rib Sandwich
2. Teriyaki Chicken w/ Fried Rice
3. Crispy Chicken Salad
4. Chef Salad w/ Egg

8

 Stir Fry Veggies
Seasoned Collards
Coleslaw

1. Chicken Fajitas
2. Chili in a Bread Bowl
3. Chef Salad w/ Tuna
4. Chef Salad w/ Beans

9

 Mixed Greens Salad
Black Beans

1. French Bread Pizza
2. Orange Chicken w/ Fried Rice
3. Southwest Chicken Salad
4. Fruit Salad w/ Cottage Cheese

10

 Sliced Carrots
Caesar Salad

1. Cheeseburger w/ Lettuce & Tomato
2. Turkey w/ Gravy & Biscuit Sticks
3. Chicken Caesar Salad
4. Chef Salad w Cheddar Cheese

13

 Sweet Potato Fries
Seasoned Broccoli

- 1: Crispy Chicken Sandwich w/ Lettuce & Tomato
- 2: Pasta w/ Meat Sauce
- 3: Beef Taco Salad
- 4: Fruit Salad w/ Yogurt

14

 Mixed Greens Salad
Sliced Carrots

1. Philly Cheesesteak w/ Pepper & Onions
2. Baked Chicken w/ Brown Rice
3. Crispy Chicken Salad
4. Chef Salad w/ Egg

15

 Baked Potato Wedges
Seasoned Collards

1. BBQ Chicken Sandwich
2. Beef Taco Bowl
3. Chef Salad w/ Tuna
4. Chef Salad w/ Beans

16

 Pinto Beans
Coleslaw

1. Pepperoni Pizza
2. Mozzarella Sticks
3. Southwest Chicken Salad
4. Fruit Salad w/ Cottage Cheese

17

 Caesar Salad
Seasoned Corn

No School

20

No School

21

1. Beef BBQ Rib Sandwich
2. Teriyaki Chicken w/ Fried Rice
3. Crispy Chicken Salad
4. Chef Salad w/ Egg

22

 Stir Fry Veggies
Seasoned Collards
Coleslaw

1. Chicken Fajitas
2. Chili in a Bread Bowl
3. Chef Salad w/ Tuna
4. Chef Salad w/ Beans

23

 Mixed Greens Salad
Black Beans

1. French Bread Pizza
2. Orange Chicken w/ Fried Rice
3. Southwest Chicken Salad
4. Fruit Salad w/ Cottage Cheese

24

 Sliced Carrots
Caesar Salad

1. Cheeseburger w/ Lettuce & Tomato
2. Turkey w/ Gravy & Biscuit Sticks
3. Chicken Caesar Salad
4. Chef Salad w Cheddar Cheese

27

 Sweet Potato Fries
Seasoned Broccoli

- 1: Crispy Chicken Sandwich w/ Lettuce & Tomato
- 2: Pasta w/ Meat Sauce
- 3: Beef Taco Salad
- 4: Fruit Salad w/ Yogurt

28

 Mixed Greens Salad
Sliced Carrots

1. Philly Cheesesteak w/ Pepper & Onions
2. Baked Chicken w/ Brown Rice
3. Crispy Chicken Salad
4. Chef Salad w/ Egg

29

 Baked Potato Wedges
Seasoned Collards

1. BBQ Chicken Sandwich
2. Beef Taco Bowl
3. Chef Salad w/ Tuna
4. Chef Salad w/ Beans

30

 Pinto Beans
Coleslaw

1. Pepperoni Pizza
2. Mozzarella Sticks
3. Southwest Chicken Salad
4. Fruit Salad w/ Cottage Cheese

31

 Caesar Salad
Seasoned Corn

All students are offered an assortment of fresh fruits and 8 oz non-fat, low-fat, or non-fat chocolate milk.

Menus are subject to change due to product availability

