BREAKFAST

MAY 2019 Tech Prep High School

	Monday	Tuesday	Wednesday	Thursday	Friday	
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	Option 1: Egg Sandwich Option 2: Super Donut Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Pancake Sausage Sticks Option 2: Breakfast Muffin Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Cinnamon Glazed French Toast w/ Maple Syrup Option 2: Cereal Bar & Yogurt Cup Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Chicken Sausage Biscuit Option 2: Zucchini Bread Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Yogurt Parfait w/ Granola Option 2: Bagel w/ Cream Cheese Option 3: Assorted Cereal Choice of Fruit & Milk	
	Option 1: Whole Grain Waffle w/ Syrug Option 2: Super Donut Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Turkey Sausage Break Pizza Option 2: Breakfast Muffin Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Mini Blueberry Pancakes 5 Option 2: Cereal Bar & Yogurt Cup Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Turkey Bacon, Egg & Cheese Biscuit Option 2: Zucchini Bread Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Oatmeal Bar Option 2: Bagel w/ Cream Cheese Option 3: Assorted Cereal Choice of Fruit & Milk	
	Option 1: Turkey Sausage & Cheese Biscuit Option 2: Super Donut Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Belgian Waffle Sticks w/ Option 2: Breakfast Muffin Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Mexican Egg Scramble Bowl Option 2: Cereal Bar & Yogurt Cup Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Beef Sausage on Hawaiian Bun Option 2: Zucchini Bread Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Mini Maple Pancake 24 Option 2: Bagel w/ Cream Cheese Option 3: Assorted Cereal Choice of Fruit & Milk	
	**** MEMORIAL DAY REMEMBER & HONOR	Option 1: Pancake Sausage Stick 28 Option 2: Breakfast Muffin Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Cinnamon Glazed French V w/ Maple Syrup Option 2: Cereal Bar & Yogurt Cup Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Chicken Sausage Biscuit O Option 2: Zucchini Bread Option 3: Assorted Cereal Choice of Fruit & Milk	Option 1: Yogurt Parfait w/ Granola Option 2: Bagel w/ Cream Cheese Option 3: Assorted Cereal Choice of Fruit & Milk	

All students are offered the choice of an 8oz 1% whole, skim or skim chocolate milk.

Menus are subject to change due to product availability.