

## **MARCH 2019**

Collegiate High

Monday

Tuesday

Wednesday

**Thursday** 

**Friday** 

Option 1: Italian Stuffed Breadsticks W Marinara Dipping Sauce

Option 2: Popcorn Chicken w/ Biscuit
Option 3: Harvest Chicken Salad w/
Apples, Craisins & Roll
Mixed Greens Salad
Choice of Fruit & Milk

Option 1: Crispy Fish Sandwich w/ Tal

Option 2: Cheese Pizza
Option 3: Chicken Caesar Salad w/ Roll
Sweet Potato Waffle Fries
Spinach Salad
Choice of Fruit & Milk

Option 1: Spicy Chicken Strips W Whole Grain Roll Option 2: Cheeseburger Option 3: Turkey & Cheese Sub Potato Wedges Seasoned Corn Choice of Fruit & Milk Option 1: Spaghetti w/ Meat Sauce Option 2: Cheese Quesadilla w/ Sals Option 3: Chicken Meatball Sub Steamed Broccoli Choice of Fruit & Milk Option 1: Turkey & Gravy w/
Whole Grain Biscuit
Option 2: Crispy Chicken Sandwich
Option 3: Chef Salad w/ Whole Grain Roll
Mashed Potatoes
Seasoned Peas
Choice of Fruit & Milk

Option 1: Meat Lover's Pizza
Or Veggie Pizza
Option 2: Chicken Quesadilla w/ Salsa
Option 3: Harvest Chicken Salad w/
Apples, Craisins & Roll
Mixed Greens Side Salad
Carrot Sticks w/ Ranch
Choice of Fruit & Milk

Option 1: Chili in a Bread Bow
Option 2: Cheese Pizza
Option 3: Chicken Caesar Salad w/ Roll
Seasoned Corn
Roasted Broccoli
Choice of Fruit & Milk

Option 1: KFC Bowl w/ Popcorn Chickers
Biscuit
Option 2: Cheeseburger
Option 3: Turkey & Cheese Sub
Mashed Potatoes
Peas & Carrots

Choice of Fruit & Milk

Option 1: Homemade Beef Taco Bowl Option 2: Cheese Quesadilla w/ Salsa Option 3: Chicken Meatball Sub Pico de Gallo Seasoned Pinto Beans Choice of Fruit & Milk

Option 1: Scrambled Eggs & Turke 4.
Bacon w/ Waffle
Option 2: Crispy Chicken Sandwich
Option 3: Chef Salad w/ Whole Grain Roll
Hash Brown Potatoes
Cinnamon Apples
Choice of Fruit & Milk

Option 1: Stuffed Crust Pizza
Or Pepperoni Pizza
Option 2: Chicken Quesadilla w/ Salsa
Option 3: Harvest Chicken Salad w/
Apples, Craisins & Roll
Carrot Sticks w/ Ranch
Mixed Greens Salad
Choice of Fruit & Milk

Option 1: Bacon Cheeseburger 18
Option 2: Cheese Pizza
Option 3: Chicken Caesar Salad w/ Roll
Potato Wedges
Baked Beans
Choice of Fruit & Milk

Option 1: Crispy Chicken Drumstick 9

W/ Whole Grain Biscuit
Option 2: Cheeseburger
Option 3: Turkey & Cheese Sub
Collard Greens
Seasoned Corn
Choice of Fruit & Milk

Option 1: Orange Chicken Bowl w/
Rice
Option 2: Cheese Quesadilla w/ Salsa
Option 3: Chicken Meatball Sub
Broccoli, Carrot & Mushroom Stir Fry
Choice of Fruit & Milk

Option 1: Salisbury Steak w/ Gravy Whole Grain Biscuit
Option 2: Crispy Chicken Sandwich
Option 3: Chef Salad w/ Whole Grain Roll
Mashed Potatoes
Peas & Carrots
Choice of Fruit & Milk

Option 1: Italian Stuffed Breadstick Marinara Dipping Sauce
Option 2: Chicken Quesadilla w/ Salsa
Option 3: Harvest Chicken Salad w/
Apples, Craisins & Roll
Mixed Greens Salad
Choice of Fruit & Milk

Option 1: Crispy Fish Sandwich w/ Sauce
Option 2: Cheese Pizza
Option 3: Chicken Caesar Salad w/ Roll
Sweet Potato Waffle Fries
Spinach Salad
Choice of Fruit & Milk

Option 1: Spicy Chicken Strips
Whole Grain Roll
Option 2: Cheeseburger
Option 3: Turkey & Cheese Sub
Potato Wedges
Seasoned Corn
Choice of Fruit & Milk

Option 1: Spaghetti w/ Meat Sauce Option 2: Cheese Quesadilla w/ Salsa Option 3: Chicken Meatball Sub Steamed Broccoli Choice of Fruit & Milk

No School For Students

All students are offered an assortment of fresh fruits and 8 oz non-fat, low-fat, or non-fat chocolate milk,

Menus are subject to change due to product availability.

