BREAKFAST

DECEMBER 2018

Tech Prep

Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1: Apple Cinnamon Sausage Stick Option 2: Super Bun & Cheese Stick Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Belgian Waffle Sticks w Syrup Scrambled Eggs Option 2: Muffin & Hard-boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Mini Blueberry Pancakes Turkey Sausage Link Option 2: Pumpkin Bread & Cojack Cheese Cubes Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Beef Sausage on Hawaiian 6 Bun Option 2: Zucchini Bread & Cheddar Cheese Cubes Option 3: Assorted Cereal, Yogurt Cup Choice of Fruit & Milk	Option 1: Turkey Bacon, Egg & 7 Cheese Muffin Option 2: Bagel w/ Cream Cheese & Hard-boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	
Option 1: Whole Grain Waffle w/ 10 Syrup & Maple Beef Sausage Option 2: Super Bun & Cheese Stick Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Turkey Sausage Breakfast Pizza Option 2: Muffin & Hard-boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Mexican Egg Scramble in Taco Bowl w/ Potatoes, Cheese & Salsa Option 2: Pumpkin Bread & Cojack Cheese Cubes Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Beef Sausage & Cheese Mini Bagel Option 2: Zucchini Bread & Cheddar Cheese Cubes Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Oatmeal Bar Scrambled Eggs Option 2: Bagel w/ Cream Cheese & Hard- boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	
Option 1: Turkey Sausage & Egg 7 Sandwich Option 2: Super Bun & Cheese Stick Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Pancake Sausage Sticks 18 Option 2: Muffin & Hard-boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Cinnamon Glazed French 19 Toast & Turkey Sausage Option 2: Pumpkin Bread & Cojack Cheese Cubes Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Chicken Sausage Biscuit 20 Option 2: Zucchini Bread & Chedda Cheese Cubes Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	Option 1: Scrambled Eggs, Sausage, Homefries & Biscuit Option 2: Bagel w/ Cream Cheese & Hard- boiled Egg Option 3: Assorted Cereal & Yogurt Cup Choice of Fruit & Milk	
Hap	Hiday	Contraction of the second seco			
N E W Y E A R S E V E		4			

All K-8 students are offered the choice of an 8oz 1% whole, skim or skim chocolate milk.

Menus are subject to change due to product availability.