

# AUGUST 2018

Friendship Public Charter Schools

## Supper

Monday

Tuesday

Wednesday

Thursday

Friday



1

2

3

6

7

8

9

10

13

14

15

16

17

20

21

22

23

24

Cheese Quesadilla  
Pico de Gallo  
Seasoned Pinto Beans  
Diced Pineapple  
Choice of Milk

Whole Grain Pasta w/ Meat Sauce  
Side Caesar Salad  
Banana  
Choice of Milk

BBQ Pulled Turkey Sandwich  
Corn on the Cob  
Sweet Potato Wedges  
Fresh Watermelon  
Choice of Milk

Pepperoni Pizza  
Seasoned Green Beans  
Glazed Carrots  
100% Juice  
Choice of Milk

Chicken Sliders on Whole Grain Buns  
Waffle Fries  
Fresh Apple  
Choice of Milk

27

28

29

30

31

French Bread Pizza  
Mixed Greens Side Salad  
Diced Pineapple  
Choice of Milk

Salisbury Beef w/ Gravy  
Whole Grain Roll  
Mashed Potatoes  
Peas & Carrots  
Banana  
Choice of Milk

Turkey Hot Dog  
Baked Beans  
Sweet Potato Waffle Fries  
Fresh Watermelon  
Choice of Milk

Chicken Nuggets  
Whole Grain Roll  
Green Beans  
Seasoned Corn  
100% Juice  
Choice of Milk

Grilled Cheese Sandwich  
Marinara Dipping Sauce  
Carrot Sticks w/ Ranch Dressing  
Fresh Apple  
Choice of Milk